



# the **GUIDE**

2010/11

**your ultimate guide** to  
**living and learning**  
in **glasgow**

[WWW.GLASGOWSTUDENT.NET](http://WWW.GLASGOWSTUDENT.NET)

DISCOVER 4  
CRUCIAL  
THINGS  
YOU  
MUST  
KNOW ABOUT  
THE BIBLE...

*"God...desires all men to be saved and to come to the full knowledge of the truth." 1 Tim. 2:3-4*

- Unlock the mystery of the Bible in 3 minutes
- Find out God's plan for man in 2 minutes
- Learn to experience Christ in 1 minute
- How to enjoy God in 30 seconds

*"Through you,  
God is  
feeding me."  
R.M., Glasgow*



*"Your books  
changed  
my life."  
R.L., Glasgow*

## Christians at Uni

07768 770 734 • 0141 357 3004

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**your ultimate guide** to  
**living** and **learning**  
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# WELCOME TO GLASGOW UNIVERSITY

If you've just opened this book, then chances are you've very recently moved away from home for the first time.

You're in a big, unfamiliar city, most of your friends are miles away, and mysterious beasts like "shopping for groceries" and "applying for overdrafts" are starting to take on very harsh realities.

You've got a million forms to fill in, one of your flatmates has already left a couple of dishes in the sink without washing them, and cult-like people in brightly-coloured T-shirts have stopped you every twenty minutes to demand that you come to "Cheesy Pop", whatever the hell that is.

Everything's new, lots of it is confusing and quite a few things are, well, pretty scary.

Here's where the Guide comes in. It's our job to convince you that, while all of the above is true, it's actually not that bad. In fact, things are

brilliant. You've almost certainly already met some of the best friends that you're going to have over the next four years and beyond, you've found yourself in one of the greatest cities in Britain, and if you do fall in to any kind of trouble, the University has any number of systems put in place to help you out.

The Guide is the first one of these. If we've done our job properly, then the book you're holding in your hands is the most useful tool you'll have for navigating your way through your time as a student.

If you're confused about starting your studies, we'll tell you how it works. If you're bored, we've got a few suggestions as to what you can do. And if you need help, we'll tell you where to go to and who to talk to.

The Students' Representative Council prints the Guide every year for new students. This may well be your first contact with the SRC, but they really

are one of the most helpful organisations in the universe.

Like a trade union for Glasgow students, it's their job to make sure your voice as a student is heard at the upper echelons of the University and in society at large, and also to supply services that you will almost certainly find invaluable during your time in Glasgow.

They offer everything from a bookshop, through flat listings, to advice services and an award-winning newspaper, magazine and radio station.

Almost everything is run by students, who have most likely already been through exactly what you're going through, so if you need a hand with anything or you want to get involved, give them a shout.

We already said that Glasgow is one of the best cities in Britain, and we weren't joking. It's a vibrant, exciting, friendly city, steeped in history, and full of stuff to discover.

Whether you're looking for some culture, a bit of shopping, a football match or just a good time down the local with some friends, Glasgow has you more than covered every time.

The University is situated in the West End, and dominates the area, meaning that it's a haven for coffee shops, cheap pubs, little clothing boutiques and just about everything else a student could ever desire

If you're not having a good time here, you're probably doing it wrong!

We've split the Guide up into the following sections to help you out:

**YOUR DEGREE**  
**GET INVOLVED**  
**MONEY**  
**TRAVEL + HOUSING**  
**HEALTH & WELLBEING**  
**GOING OUT**  
**PEOPLE**  
**ETC.**

While the Guide is great, and we've tried to cram in as much information that may help you as possible, we've simply not got enough room to cover everything that you may need to know.

Lives at university are varied and it's up to you to make sure you get the most out of your time here.

Try looking up the websites suggested throughout the Guide, especially the SRC website ([www.glasgowstudent.net](http://www.glasgowstudent.net)) for loads of extra information.

Most importantly remember, thousands of people have done this before, they survived, and chances are, they enjoyed themselves along the way.

Make sure you do likewise.

## FIND THE SRC ONLINE



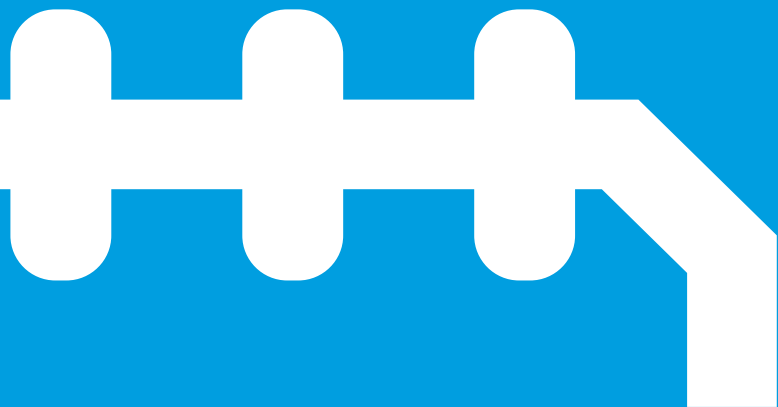
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[WWW.FACEBOOK.COM/GLASGOWUNIVERSITYSRC](http://WWW.FACEBOOK.COM/GLASGOWUNIVERSITYSRC)

[WWW.TWITTER.COM/GUSRC](http://WWW.TWITTER.COM/GUSRC)

[WWW.YOUTUBE.COM/GLASGOWUNIVERSITYSRC](http://WWW.YOUTUBE.COM/GLASGOWUNIVERSITYSRC)

[WWW.FLICKR.COM/GUSRC](http://WWW.FLICKR.COM/GUSRC)





# YOUR DEGREE

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## THE BASICS

### GETTING STARTED

Studying at university is probably going to be different from anything you've done before.

For some people the biggest challenge is the step up from school to university level work, for others it's managing their time effectively.

Those returning to education may find newer teaching methods confusing or even intimidating, and no matter what your specific situation, you're likely to discover a whole new set of challenges that you haven't faced before.

Just remember that that's exactly the reason that you came to university, and if you have a problem, there's almost certainly someone here who can help you.

This section of the Guide is designed to make sure you have a good idea of how studying at Glasgow works and should provide you with

enough information and advice to keep you on track throughout your degree.

If things are going wrong or you need some support, don't be afraid to use the services that are available. The SRC Advice Centre and Student Services are good first points of call.

### WEBSURF

You'll already have used WebSURF as part of your registration process. WebSURF allows the university to keep track of information on you and your degree and allows you to change certain information.

It's the easiest way to let the university know that you've changed your address and lets you check that your course details and academic record are correct.

It's important to check [www.websurf.gla.ac.uk](http://www.websurf.gla.ac.uk) regularly to ensure that your details are up to

date, otherwise letters from the university may go astray. You might even find out too late that your department thinks you're enrolled in the wrong course.

## YOUR ADVISER OF STUDIES

Probably the first official university person you will meet, your adviser of studies is there to support you throughout your entire degree. They will help you to make your course choices and make sure that what you've chosen will help you achieve what you want at university.

It's worth developing a good relationship with your Adviser: their experience is invaluable. You never know when you might need them to help you out of a tight spot at some point in the future or give you a reference for your first job after university.

## CHANGING COURSES

You never know what your degree is going to be like and it may quickly become apparent that it is not right for you. If this happens, don't panic, and don't hesitate to get in touch with your school, or college. You can change your course to another if you make it clear that you feel you've made a mistake.

Your Adviser of Studies is the best person to approach about switching courses. They will be able to speak to the necessary departments and organise the change.

Bear in mind, however, that you may only be able to switch easily in the first few weeks of term. University courses cover a lot of ground very quickly and departments may feel you have already missed too much of their course to swap without having to restart the year.

Before you make any decision, consider that many courses start with very dry core modules.

These can seem dull but will provide the essential background for the more exciting modules later down the line.

## ATTENDANCE

Different departments have different rules on attendance but as a general rule most will enforce attendance at labs, tutorials and seminars more strictly than at lectures. Unless a register is taken at lectures, you can probably get away with missing a few here and there if you have to, but don't make a habit of it.

The information you gain at lectures will be the bare minimum of knowledge expected when exams come around, so missing too many will put you at a disadvantage.

Missing labs and tutorials without a good reason is even more serious: some of their content is usually assessed and you may be refused credit or asked to leave the course if you do it consistently.

The university's official policy on attendance can be found at [www.gla.ac.uk/students/study/absence](http://www.gla.ac.uk/students/study/absence).

It's really important to speak to your department as soon as possible about any medical or personal reasons stopping your attendance. You will need a doctor's letter to cover any extended absence through illness (remember to go to the doctor during your illness, not after).

## MORE INFORMATION

If you are experiencing personal problems then remember that the SRC Advice Centre can help you or point you in the direction of someone who can.

For more information, visit: [www.glasgowstudent.net/advice](http://www.glasgowstudent.net/advice)



## STUDY & EXAMS

### STUDY

You'll discover soon after starting your course that studying at university is very different from studying at school. You're left to do a lot more for yourself: you're not going to get chased up if you get behind on your reading or if you miss a deadline, so learning how to motivate yourself to get work done is your first priority. You'll often be expected to find your own sources of information and regurgitate them at will, so learning how to use the library properly is a must.

Everyone studies differently, and what might work for one person won't work for another, so it's impossible to give specific advice on how to work. Still, here's some pointers that will get you on the right track.

One good tip is to set a specific time in your week to study: say, two hours in the library after your English lecture on Thursday. It'll help you get into the habit of motivating yourself to work, and it's a much more reliable way of retaining

information than cramming the week before your exams.

Also, whatever you're doing, take notes. Take notes when you're in a lecture, when you're reading, when you think of something profound on the toilet. Taking notes forces you to concentrate on what you're studying, which means it's much more likely to stick in your head afterwards. Keeping your body and your brain healthy is vital.

Make sure that you eat well, and take regular breaks every hour or so: your brain is only capable of concentrating for so long. Make sure you get plenty of sleep. A good night's sleep is often more helpful than an all-nighter.

### STUDY SPACES

The Main Library is by far the most common study haunt, due to the abundance of resources close at hand and the facility to book study rooms for group work. Even so, at exam times it can be near impossible to get a seat, so it is

worth considering the alternatives.

The GUU and QMU have small libraries and study rooms, open to members all night long. They're quiet and you can study with a pint at your side, but the lure of meeting your friends in the bar can be hard to resist. No such worries in the library of the Adam Smith Building. Go there for hardcore study, but not for group work. The Adam Smith is part of the university network of departmental libraries which offer quiet study retreats and access to specific texts and journals.

If you prefer somewhere with a little more life to it, try the Hillhead and Partick public libraries and the Mitchell Library at Charing Cross, which all have plenty of study space. They tend to feel a bit less doom-laden around the exam period, too. Many students also study in a coffee shop for a relaxed atmosphere and a steady drip-feed of caffeine.

## **EXAMS**

Despite gradual movement towards continuous assessment, exams still count for the biggest chunk of marks in most courses. Even so, year upon year, otherwise diligent students trip themselves up by failing to properly prepare for their exams. The following points might seem obvious but following them will make your university life a lot easier.

## **BEFORE REVISING**

Find out what structure the exam takes. There's a world of difference between studying for a multiple choice exam, for essays, or for short answer questions. Equally, if you know you only have to write two essays out of ten choices you can focus your revision. Find out the weighting of your exam and balance your revision time appropriately. Spending the same amount of time revising for an exam which counts for 5% as an exam which counts for 25% makes no sense.

## **BEFORE YOUR EXAM**

Find out where your exam hall is. There's nothing worse than running round five minutes before your exam starts because you have no idea where Turnbull Hall is. See Campus Map [p181].

## **ON THE DAY**

Arrive in plenty of time but make sure you've had an early night. Cramming all the previous night is a great way to guarantee a poor performance. Arriving early will give you one last chance to read over your notes and give you a minute to calm yourself down. If you rush in at the last minute, you will most likely forget to read the exam instructions carefully. Every year there is a student who does perfect revision, writes two great answers and comes out happy, only to find out they were supposed to answer three questions.

## **MISSING AN EXAM**

If you can produce a medical certificate or proof of personal problems, then your department should be able to help you if you miss an exam.

They may either re-weigh the course components so you don't suffer as a result of the missed exam, or let you re-sit at a later date. If you don't have a good reason for missing it, you may just get a mark of zero for the exam, which will damage your overall grade and may threaten your place on your course.

## **RE-SITTING EXAMS**

The circumstances that lead to you needing to re-sit an exam can greatly affect your eligibility to do so. If you have medical or personal circumstances, then you can appeal to retake the exam and ask for it to be uncapped but if you get a CR (credit refused) you'll probably have to re-sit the entire module.

GLASGOW UNIVERSITY LIBRARY  
 HILLHEAD STREET  
 GLASGOW  
 G12 8QE  
 0141 330 6704  
 library@lib.gla.ac.uk

university of glasgow

## THE LIBRARY

[www.lib.gla.ac.uk](http://www.lib.gla.ac.uk)

### USING THE LIBRARY

Glasgow University Library (GUL) is the biggest and best in the city. Taking just a little time to familiarise yourself with its plentiful resources could be the difference between getting a first and a flop, and will save you a fortune in library fines along the way.

The university usually offers library tours in Freshers' Week. These give useful background information.

But if you're too busy exploring the city and having fun, don't worry. The best way to get to know GUL is by exploring it for yourself, but remember not to forget your student card. Without it the security guards will not be able to let you in under any circumstances.

### KINDS OF BOOKS

#### MAIN COLLECTION

There are hundreds of thousands of books in the main collection, filling the shelves of levels 3-11 of the Library.

Some of them literally haven't been opened for decades, and, though they may be ideally suited to your particular purposes, no one will be beating the door down to get them as soon as you've finished. You can borrow up to 30 of these for 4 weeks at a time.

Five renewals are permitted. The main exceptions to this rule are back issues of periodicals and journals (eg New Scientist, Nature) which may be borrowed in volumes for one week at a time.

#### SHORT LOAN

High-demand books are kept on level 2 of the Library.

They are usually books which are required reading for a course, but of which the Library only has three or four copies.

Everybody will be trying to get hold of them so access must be limited. Try the SRC bookshop if you'd like your own copy. Some short loan books may be borrowed for one week or 24 hours.

Others can be kept for only 4 hours, or overnight,

if borrowed after 4pm weekdays, or 1pm weekends. Beware that in some cases there may only be one copy of an item. 4 hour and 24 hour loan items are issued on a first come, first served basis.

You'll know how long you're allowed to keep them for by a big sticker on the front – pink for 4 hour, yellow for 24 hour.

As an undergraduate you can borrow up to 10 one week loan books; postgrads are allowed 20. Five renewals are permitted.

Only two 4hr or 24hr loans may be borrowed, and you can't renew them.

## REFERENCE MATERIAL

The Library stocks various collections of reference material which can't be borrowed. On Level 3 you will find past exam papers, encyclopedias, newspaper back issues and current periodicals.

The Level 12 Special Collections Department hosts PhDs, theses and ancient, valuable manuscripts.

Recorded music, videos and DVDs can be found on level 4, while videos and tutorial answer sheets can be found at the Lending Desk.

## FINDING YOUR BOOK

There are so many books in the building that it's rumoured to be sinking under their weight. Finding the book you need by wandering around is almost impossible.

The quickest and most effective way to do it is to search the catalogue online at the library's website, [www.lib.gla.ac.uk](http://www.lib.gla.ac.uk). You can also use the catalogue computers located around the library.

Here you can find a book by entering a title, author, subject or keyword. The broader your

search, the more related books the search engine will find.

Each item has a record showing which floor it is on, the subject category and its call number (e.g. Level 7, Law KM459 MAR2). Take a note of this number or you'll never be able to find your book.

In both the Main Collection and the Short Loan collection, books are divided into subjects. You will find a list of which subjects are on which floors at the entrance to the library.

Once in your subject area, the books are filed alpha-numerically by their call numbers.

Books of similar subject matter have similar call numbers, so you will often find many useful books near to the one that you were looking for.

## BOOKING AN ITEM

If you find that the book you want is out on loan, you can put a 'hold' on it online.

This means that when it comes in, you will be notified by email through your student account that the book is being held for you at the Lending Desk.

If the book is not due in for over a week, reserving it will automatically give the borrower 7 days notice to return the item.

This system, of course works both ways so other people can put a call out for books which you have taken out on loan, so be aware that you may at any time be given 7 days notice to return a book yourself. Luckily you will be automatically e-mailed to tell you this, saving you from hefty fines.

## MISSING ITEMS

If you have trouble finding an item on the



catalogue or on the shelf, go to the Information Point on level 2 or the Enquiry Desk on level 3.

The staff will help you find it, or may be able to order it from another library.

## **BORROWING AND RENEWING**

Books can be borrowed at the Lending Desk or the Self Service machines on the ground floor.

If you want to keep a book after the date it is due back, then you may be able to renew the item. To renew an item:

- Access your record at the library's website. Choose 'View Your Own Record' and type in the 14 digit barcode number on your registration card, then simply choose the items you wish to renew;
- Take the book to the self-service machines;
- Contact the library on 0141 330 6701 or e-mail [lending@lib.gla.ac.uk](mailto:lending@lib.gla.ac.uk).

If someone else has requested an item online, or if it's a short loan item, you won't be able to renew it.

## **RETURNS**

The quickest way to return books is to use the book drop chutes.

There are three – one outside the building, one just inside the entrance and one at the far end of the Lending Desk.

Items from the short loan collection should be returned using the self-return machines in the short loan section.

If you want to take new books out immediately you should always return your books at the Lending Desk; this way, your borrowing record will be updated straight away.

## **FINES**

If you keep a book past its due date and have not renewed your loan, then you will have to pay a fine.

The rates vary from 5p per day for low-priority books to 50p per hour for books from the Short Loan Collection.





university of glasgow

If you owe the Library £2 or more in fines, then you won't be able to borrow or renew books until you pay back some of what you owe.

5-20p per item per day might not seem much, but it adds up if you forget about a couple of books for a week or two.

Lost books cost a standard charge of £25, even if they are only a small paperback.

For more information, visit: [www.lib.gla.ac.uk](http://www.lib.gla.ac.uk)

## **LIBRARY CAFÉ, SERVICES & STUDY SPACES**

You can relax and study in the café area on Level 3. Throughout the building, you'll find group study rooms, photocopying facilities, wireless access and hundreds of PCs. The Library is a large 12 level building with plenty of areas to study comfortably.

## **GETTING HELP**

If you have any questions about how to use the library or find the resources you need, library staff

will be happy to help you.

Go to the Welcome Desk on Level 2, phone on 0141 330 6704, or email [library@lib.gla.ac.uk](mailto:library@lib.gla.ac.uk).

## **LIBRARY ON DEMAND**

The library website's "On Demand" section has lots of helpful videos and tips about using the library.

For more information visit:  
[www.lib.gla.ac.uk/libraryondemand/](http://www.lib.gla.ac.uk/libraryondemand/)

## **SOCIAL MEDIA SITES**

You can also follow the library on Twitter, Facebook and YouTube:

### **TWITTER**

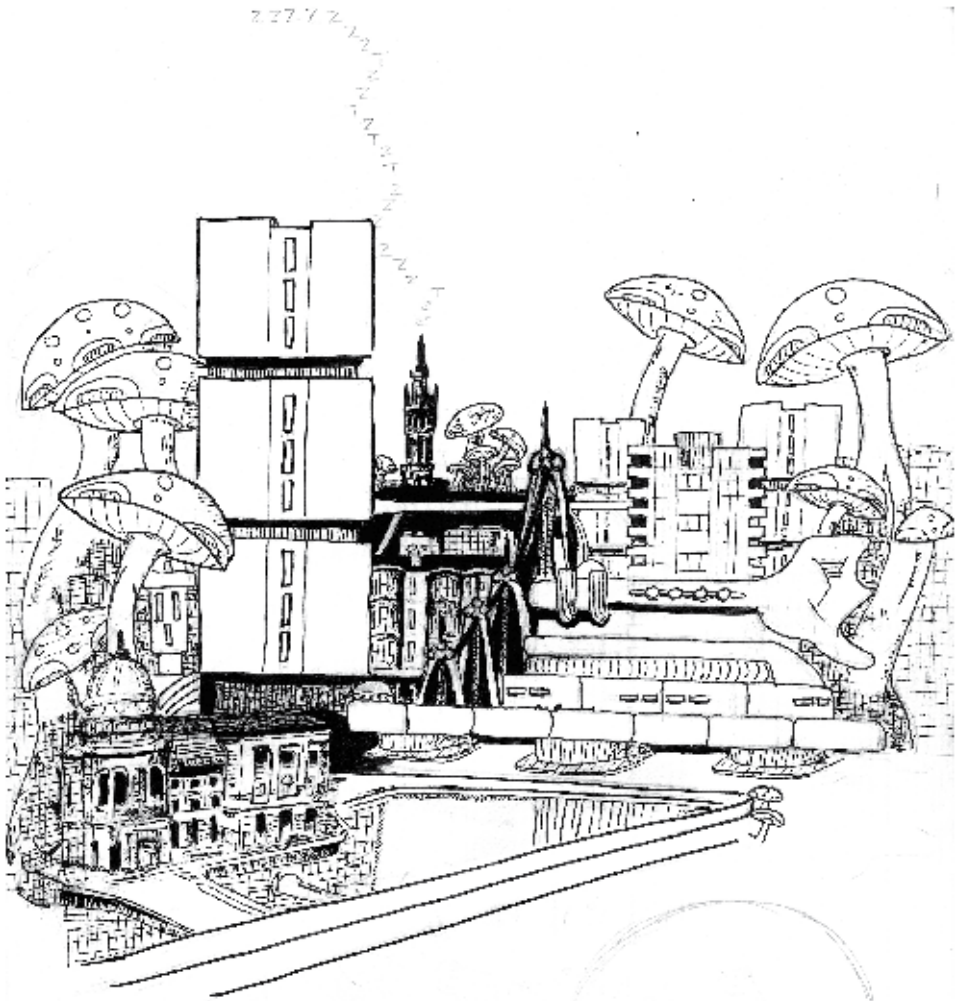
[www.twitter.com/uofglibrary](https://www.twitter.com/uofglibrary)

### **FACEBOOK**

[www.facebook.com/uofglibrary](https://www.facebook.com/uofglibrary)

### **YOUTUBE**

[www.youtube.com/uofg](https://www.youtube.com/uofg)



hyperreal timeshifted future  
sounds for freaks and geeks.

Subcity  
radio



Depending on your needs, there are a variety of well priced printing and photocopying services on campus.

### **SRC PHOTOCOPYING & PRINTING (JOHN MCINTYRE BUILDING)**

For the cheapest price in the West End, the SRC provides a great service.

Copy cards are available from reception during office hours and require a £2 deposit.

	A4 B/W	A4 colour
Cash	5p per copy	50p per copy
£5 card	4p per copy	4p per copy
£10 card	3.5p per copy	35p per copy
£20 card	3p per copy	30p per copy

For more information visit: [www.glasgowstudent.net/services/copying](http://www.glasgowstudent.net/services/copying)

### **LIBRARY AND UNIVERSITY CLUSTERS**

You must buy credits from the machines on

level 3 of the Library to print from university computers.

It's worth topping up your balance frequently to save time queuing for credits when your essay is due in five minutes.

You will need a photocopy card, available on level 3, to use the university photocopiers.

	A4 B/W
£1 card	7p per copy
£5	5p per copy

### **QMU PHOTOCOPYING (GROUND FLOOR)**

Copy cards are available from reception and the shop.

	A4 B/W
£0.75 card	5p per copy
£1.35 card	4.5p per copy
£2.55 card	4.25p per copy

IT SERVICES  
 JAMES WATT NORTH BUILDING  
 UNIVERSITY OF GLASGOW  
 G12 8QQ  
 0141 330 4850  
 helpdesk@it.gla.ac.uk

I.T.

[www.gla.ac.uk/services/it/forstudents](http://www.gla.ac.uk/services/it/forstudents)

When you register, you will receive a printed IT services booklet (GetIT@Gla) with details of computing at the University and where and how to find support,

## GUID AND PASSWORD

Every student is allocated a unique log-on ID. This is known as your GUID (Glasgow Unique Identifier), which along with your password, gives you access to:

- CSCE (Computer clusters)
- email
- WebSURF
- VPN
- My Glasgow
- Library e-Resources
- Moodle

Don't worry if you are not sure what these services just now as you will come across them when you need them.

Your GUID is your registration/matriculation number followed by the first letter of your surname.

## YOUR TEMPORARY PASSWORD

Your initial temporary password will be your date of birth (YYMMDD). This will expire after five logins so it is very important that you change it as soon as possible. Change your password by visiting password self-service at: <http://www.glasgow.ac.uk/it/pwss>.

## SET PASSWORD REMINDER

You must also set up your "challengeresponse" answers while in password self-service; this allows you to reset a forgotten password, online.

## RESET YOUR PASSWORD

Your password can also be reset by visiting the Student Helpdesk and producing your registration/matriculation card.

## STUDENT EMAIL

<http://www.glasgow.ac.uk/it/forstudents/email>  
<https://mail.student.gla.ac.uk/>

Your email account will be the main form of communication between you and your lecturers

and to/from University services. It is important that you check it from time to time.

## **IT STUDENT HELPDESK**

IT STUDENT HELPDESK

LEVEL 4

GLASGOW UNIVERSITY LIBRARY

9AM-11PM MON-FRI

9AM-7.30PM SAT

10.30AM-9.30PM SUN

[www.glasgow.ac.uk/it/helpdesk](http://www.glasgow.ac.uk/it/helpdesk)

If you are experiencing any problems with your computer, the IT Student Helpdesk is a great place to start. Their website is packed full of information, so make sure to check there first for answers to any I.T. problems you may have.

## **COMPUTING OPEN ACCESS CLUSTERS (CSCE)**

Computer clusters or groups of PCs are available for use by all students in the Library [Map D11] and McMillan Reading Room [MapE1].

You will need your student log-on details to access these machines.

Further closed access clusters are available within each college; contact your college office for more information.

All student computers are set up with the Common Student Computing Environment (CSCE), giving you access to programmes such as Word, Excel, your student email account and the internet.

## **IT TRAINING**

<http://www.glasgow.ac.uk/it/forstudents/training>.

IT Services runs a series of free courses throughout the year to help students (and staff!)

improve their IT skills. If you're having trouble making a presentation or a spreadsheet, these are the guys to turn to.

## **MOODLE**

The Modular Object-Oriented Dynamic Learning Environment (MOODLE) is the virtual learning environment (VLE).

Many courses at the University use this as a part of teaching and for providing resources. You will be enrolled or asked to sign up for Moodles specific to your course and should then be able to access relevant lecture notes, online tutorials, articles and downloads. You can also use MOODLE to contact students and lecturers on your course via the forums.

## **BUYING**

By this point, it's almost obligatory to have access to your own computing equipment for university. With everyone expecting slick presentations and well presented essays, having your own computer means you can put together high quality work in the comfort of your own home.

Many students choose to get a laptop rather than a desktop nowadays: they're much cheaper than they used to be and you can take your work with you wherever you go.

Buying a computer is fairly cheap if you are careful about where you buy from and plenty of computer companies are more than eager to take your student loan away from you, offering a range of discounts.

## **MAC OR PC?**

### **APPLE**

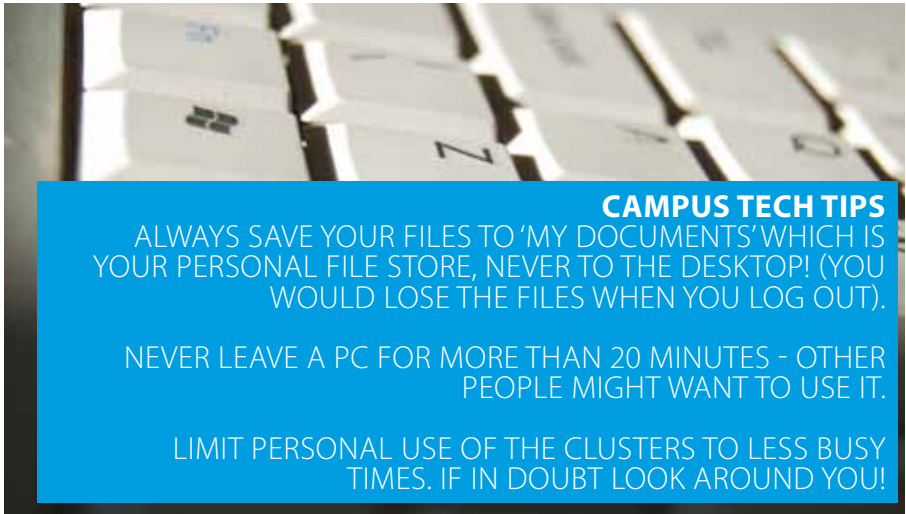
Apple offer student discounts on their systems



# FREE SRC MINIBUS SERVICE

OPERATING DAILY  
FROM HALLS TO CAMPUS

[www.glasgowstudent.net/services/minibus](http://www.glasgowstudent.net/services/minibus)

**CAMPUS TECH TIPS**

ALWAYS SAVE YOUR FILES TO 'MY DOCUMENTS' WHICH IS YOUR PERSONAL FILE STORE, NEVER TO THE DESKTOP! (YOU WOULD LOSE THE FILES WHEN YOU LOG OUT).

NEVER LEAVE A PC FOR MORE THAN 20 MINUTES - OTHER PEOPLE MIGHT WANT TO USE IT.

LIMIT PERSONAL USE OF THE CLUSTERS TO LESS BUSY TIMES. IF IN DOUBT LOOK AROUND YOU!

of around 15% depending on the computer. You can get the discount at the Apple store on Buchanan Street or online at <http://apple.procureweb.ac.uk/> (only accessible from computers on campus).

**PRICELESS COMPUTING/  
LAPTOPS DIRECT**

Priceless Computing at 974 Argyle Street is one of the best places in the West End to pick up cheap PCs and laptops. They'll build you a desktop PC for £300 that would cost you £1000 in PC World across the road.

It's worth shopping round, though. Laptops Direct on Dumbarton Road also comes recommended.

**ACCESS WI-FI ON CAMPUS****DOWNLOAD VPN CLIENT**

<http://www.gla.ac.uk/it/forstudents/networkaccess/howto/>

The University of Glasgow has worked hard recently to make as much of campus as possible

hooked up to wireless internet access.

Most of the main buildings and many of the departments are all wireless enabled, providing fast, free internet access pretty much wherever you are on campus.

**FIND A WIRELESS HOTSPOT**

For a full list of wireless locations on campus, go to <http://www.gla.ac.uk/it/forstudents/networkaccess/wirelesshotspots/>

**ASSISTIVE TECHNOLOGY**

[www.glasgow.ac.uk/studentdisability/assistivetechology](http://www.glasgow.ac.uk/studentdisability/assistivetechology)

The Assistive Technology Centre is a student computing cluster located on level 5 of the library.

Access is by student card limited to students registered with the Disability Service and is available during library opening hours throughout term and vacation. Assistive software is also available on all CSCE computer clusters throughout the University.



## APPEALS, COMPLAINTS & STUDENT CONDUCT

It's unlikely, but there's a chance that at some point during your degree you might find that you need to appeal an academic decision, complain that standards have not been met, or find yourself in a student conduct hearing.

### **CONTACT THE SRC ADVICE CENTRE**

GROUND FLOOR  
JOHN MCINTYRE BUILDING  
GLASGOW  
G12 8QQ  
0141 339 8541  
advice@src.gla.ac.uk  
[www.glasgowstudent.net/advice](http://www.glasgowstudent.net/advice)

10.30M-4PM MON  
10AM-4PM TUE-THU  
10AM-3.30PM FRIDAY  
11AM-3PM HOLIDAYS

While going up in front of the university can seem daunting, there are people who can help you: most notably, the SRC Advice Centre can advise you on matters concerning appeals, complaints and student conduct..

The staff have access to a wealth of resources and can advise you on your rights and responsibilities, help you put together an appeal, help negotiate a resolution to a complaint, and even accompany and support you during a student conduct or appeal hearing.

### **ACADEMIC APPEALS**

[www.glasgowstudent.net/advice/academic/appeals](http://www.glasgowstudent.net/advice/academic/appeals)

If you believe that illness or other mitigating circumstances affected your academic performance in any piece of assessment or examination, don't wait for the outcome of your exams before deciding to disclose your circumstances.

Whilst it is understandable that you may be worried about talking to a staff member or your Adviser of Studies about sensitive personal issues, remember that unless staff are made aware of your circumstances, they will be unable to help.

Most problems can be dealt with before your academic performance suffers, but only if they



are dealt with early on. The University Calendar states that if you feel you have been prevented by good cause from completing an assessment or if your performance has been seriously harmed due to good cause, then you must inform the university.

To do this you have to contact your Head of School within 7 days of the due date for completion, unless circumstances prevent you from complying with this time limit.

Generally, the evidence required for good cause should be in the form of a medical report or other written report detailing the precise cause. It is helpful if any such evidence includes details as to the exact effect on your performance in the assessment or assessments in question.

If you don't tell anyone of your problems before your assessment is completed you can still appeal, but you must explain why you didn't speak to your School earlier.

In the first instance of a problem, you should aim for an informal solution with your School. Contact the Course Co-coordinator, or Head of School and explain your circumstances. If an informal resolution isn't achieved, then you may pursue a formal academic appeal.

If you choose to appeal, there are two letters you must write. The first is an 'intimation of intention to appeal' which must be sent to the Head of Academic Administration in your College within 10 working days of the decision you are appealing against.

You then have a further 20 working days to get your full appeal letter together, including supporting evidence.

The full appeal letter should be much more detailed; you can get help with this from the SRC Advice Centre staff and from their website.

Your College may consider your appeal without holding an appeal hearing, but if a hearing is necessary, the Advice Centre staff may also be able to accompany you and help you put your case to the Appeals Committee.

You can find more detailed information and example appeal letters at [www.glasgowstudent.net/advice/academic/appeals](http://www.glasgowstudent.net/advice/academic/appeals). All the rules and regulations about assessment are in the University Calendar, which can be found at [www.gla.ac.uk/services/senateoffice/calendar](http://www.gla.ac.uk/services/senateoffice/calendar).

## COMPLAINTS

The University Complaints procedure exists to allow anyone to raise a complaint where they feel that the University has failed to live up to its obligations – for example in the way a course has been run, or in the provision of a service. It also covers issues such as bullying and harassment.

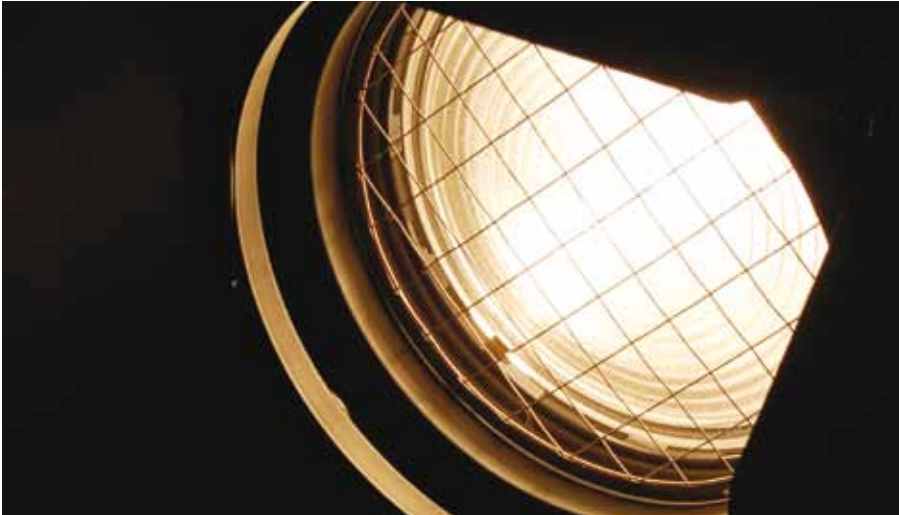
It is recommended that you try to resolve any complaints informally first of all, but if that doesn't work you can make use of the formal procedure.

Once again, SRC Advice Centre staff can advise you on how to go about making a complaint, and support you during the process. In addition, if you have been bullied or harassed, the University provides specially trained Harassment Advisors who will support you.

## STUDENT CONDUCT

There are a variety of acts, which are deemed to be a student misconduct, including cheating in exams, damaging university property and plagiarism.

The full list can be found in the Code of Student Conduct and Code of Unacceptable Behaviour at [www.gla.ac.uk/services/senateoffice/calendar](http://www.gla.ac.uk/services/senateoffice/calendar). If you find yourself called to a hearing for an



act that is deemed to be a student conduct offence, seek immediate assistance from the Advice Centre.

In most cases the Advice Centre staff should be able to accompany you to the hearing and help you present your case.

## **PLAGIARISM**

The University is very strict about plagiarism, and even if you don't mean to it's possible to accidentally plagiarise someone's work, so it's worth making sure you understand exactly what is deemed to constitute plagiarism.

The Plagiarism Statement considers work to be plagiarised if it consists of a direct quotation, a close paraphrase, an unacknowledged summary of a source, or direct copying or transcription.

With regard to essays, reports and dissertations, the rule is: if information or ideas are obtained from any source, that source must be acknowledged according to the appropriate convention in that discipline; and any direct quotation must be placed in quotation marks and the source cited

immediately. If you're unsure of what counts as plagiarism, get more information from your School or from the Student Learning Service at [www.gla.ac.uk/services/sls](http://www.gla.ac.uk/services/sls).

## **WHAT IF I AM ACCUSED OF PLAGIARISM?**

If you are accused of plagiarism in any piece of work, your case will be investigated by either your School or, in cases of severe plagiarism, the Senate Assessors for Student Conduct. They will almost certainly ask you to a meeting, where you will have to explain your side of the story.

You may wish to consider writing a personal statement that will help those conducting the meeting to understand the facts and decide whether you deliberately cheated or made an honest mistake.

## **MORE INFORMATION**

For more help with issues concerning plagiarism, either contact the SRC Advice Centre or the Student Learning Service. For more information, visit: [www.glasgowstudent.net/advice](http://www.glasgowstudent.net/advice).



Being at university isn't always easy and you may find yourself struggling if you don't speak to some of the many people on campus whose job it is to care for your welfare and ensure that you get the best from your university education. There are services to help improve study skills, assist those with disabilities and support international students, amongst others, and all are free to access.

### **SRC ADVICE CENTRE**

GROUND FLOOR  
JOHN MCINTYRE BUILDING  
UNIVERSITY AVENUE  
GLASGOW  
G12 8QQ  
0141 339 8541  
advice@src.gla.ac.uk  
www.glasgowstudent.net/advice

10.30AM - 4PM MON  
10AM - 4PM TUE - THU  
10AM-3.30PM FRI  
11AM-3PM HOLIDAYS

The SRC runs an advice centre staffed by professional, experienced advisers and offers

free and confidential advice and information on a wide range of subjects.

If you think you might need support in any area of your university career, you can drop in at any time during their opening hours, with or without an appointment.

### **DISABILITY SERVICE**

69 SOUTHPARK AVENUE (TEMP. LOCATION)  
GLASGOW  
G12 8LE  
0141 330 5497  
disability@gla.ac.uk  
www.gla.ac.uk/services/studentdisability  
9.30AM-4.30PM MON-FRI

The Disability Service co-ordinates support within the University for any student who has a disability, chronic medical or mental health condition, a sensory impairment or access difficulties.

You should contact the Disability Advisers if you require any assistance in the Library, would like to apply for Disabled Students' Allowance, require particular exam arrangements because of your

disability or experience physical access issues on campus. Equally, if you are the parent or friend of a student with a disability, with the student's consent, the service can give information and advice on support available.

## **DISABLED STUDENTS' ALLOWANCE**

The Disabled Students' Allowance (DSA) exists for students in higher education with a disability, to help meet additional costs of study caused by their disability. It should meet the cost of disability related equipment and services to allow the disabled student to study more effectively. These include small or large items of equipment, non-medical personal help and a dietary allowance. Students who wish to apply for DSA should contact the Disability Service in the first instance.

## **DYSLEXIA**

Students who think that they may have dyslexia can access a Dyslexia Adviser for advice and support. The Disability Service offers a Query Service which includes a confidential interview and, where appropriate, a computerised diagnostic screening test. This Query Service is free of charge and is available to students who experience study difficulties which they feel may be of a dyslexic nature.

Dyslexic students who require any support, including extra time in written exams, are required by University Regulations to have a full Educational Psychologist's assessment. Where someone has undergone a diagnostic screening test for dyslexia which has shown a probability of dyslexia, the Dyslexia Adviser will refer the student to an Educational Psychologist for a full assessment.

The Disability Service can also arrange for a referral to an Educational Psychologist for

dyslexic students who have an outdated or inadequate assessment and who require an updated assessment to confirm their needs throughout their course in higher education. In most cases the University funds the full cost of these assessments.

## **EXAMINATION ARRANGEMENTS**

Students requiring particular arrangements for examinations in relation to ongoing disabilities and chronic medical or mental health conditions must inform the Disability Service and provide appropriate professional evidence to support any such requests. Early disclosure is always best.

Arrangements may include:

- Extra time (15 mins per hour of examination)
- Use of a scribe or reader
- Use of a computer
- Separate and/or fully accessible location
- Verbal instructions provided in written format
- Invigilator awareness of student's medical condition

## **ASSISTIVE TECHNOLOGY**

[www.glasgow.ac.uk/studentdisability/assistivetechonology](http://www.glasgow.ac.uk/studentdisability/assistivetechonology)

The University holds site licences for the most commonly used assistive software packages (Mind Genius, Texthelp Read and Write, Zoomtext and Kurzweil 3000) and these are available on the network in individual faculty and departmental computer clusters.

For further information, training and advice on these facilities, contact the Disability Service.

Additional assistive software and resources are available in the Assistive Technology Room on level 5 of the Library including scanners, large monitors, specialist keyboards and other



peripherals. Access is by swipe card only for those students requiring these resources. Advice on assistive software training, IT quotes for DSA applications and the loan of IT equipment is also part of the service the Disability Service offers.

## **STUDENT LEARNING SERVICE**

studentlearning@gla.ac.uk  
[www.gla.ac.uk/sls](http://www.gla.ac.uk/sls)

The Student Learning Service provides learning advice and guidance to all registered undergraduate and taught postgraduate students.

The service runs a variety of workshops to help equip students with the techniques needed not only to tackle coursework and exams but to foster life-long learning.

These include sessions on time management, note-making, essay writing, revision strategies and oral presentations (see website for latest information). You can also make an appointment to speak to an Effective Learning Adviser from your College. Their job is to give you advice on any issue relating to academic skills.

## **STUDENT NETWORK**

[www.gla.ac.uk/studentnetwork](http://www.gla.ac.uk/studentnetwork)

Student Network gives first year undergraduate or postgraduate students an opportunity to get academic advice from current students.

You're paired up with a mentor usually from the same School or College, so you can get independent advice and ask specific questions about your classes or School that other advice services might not know the answers to.

Contact is generally via email but you can arrange one-on-one meetings if you prefer. It's probably the least formal way to get advice on university matters so it's a good way to make friends too.

## **INTERNATIONAL STUDENT SUPPORT**

[www.gla.ac.uk/studying/international](http://www.gla.ac.uk/studying/international)

Studying can be stressful at the best of times but moving to a new country at the same time can make it even more difficult. There are so many things to arrange and so many new things



**nightline**  
**we're**  
**all**  
**ears**

**7pm – 7am every night**  
**during term time**  
**0141 353 1050**  
**[asknightline@src.gla.ac.uk](mailto:asknightline@src.gla.ac.uk)**





to learn that it can sometimes be difficult to concentrate on actually studying.

The International Student Advisers can help you with all aspects of studying and living in Glasgow, from visas and immigration issues to advice on finance, registration with the police, employment and the support services available to you.

They organise an orientation programme at the beginning of the academic year as well as information sessions and workshops throughout the year, along with activities for students who are accompanied by their families.

They will let you know about upcoming events through their regular International Messages e-mail.

You can find the International Student Advisers on Level 2 of the Fraser Building.

View the 'Clubs and Societies' section of The Guide to find clubs that may be able to help you improve your language skills, while studying at Glasgow University.

## **NURSERY**

HILLHEAD STREET  
GLASGOW

COST: JUST UNDER £25 PER DAY  
8AM-6PM MON-FRI  
[www.gla.ac.uk/nursery](http://www.gla.ac.uk/nursery)

The University has a nursery for staff and students that can help balance looking after a child with university life.

Running from Monday-Friday throughout the year, there is provision for children below school age at the nursery on Hillhead Street.

Competition for places is stiff so it's a good idea to put your child on the waiting list as soon as possible. Beware that you may never get off the waiting list so it may be better to look at alternative child care arrangements.

Waiting lists are shorter for 2-5 year olds, though you should be prepared for the possibility of a reasonable wait. The Nursery costs just under £25 per day, but it is possible to apply for subsidies through the University Court, which can help with the costs.



## THE FRASER BUILDING

[www.gla.ac.uk/students/study/fraser](http://www.gla.ac.uk/students/study/fraser)

The Fraser Building is designed as a one-stop shop for student services, including the student services enquiry desk, the careers service, the registry, the international and postgraduate service, and the recruitment, admissions and participation service.

Here are a few of the more important services in the Fraser Building that you may want to use:

### **STUDENT SERVICES ENQUIRY DESK**

LEVEL 2

FRASER BUILDING

0141 330 7000

[studentservices@gla.ac.uk](mailto:studentservices@gla.ac.uk)

[www.gla.ac.uk/students/study/fraser](http://www.gla.ac.uk/students/study/fraser)

9AM - 5PM MON/TUE/THU/FRI

9.30AM-5PM WED

The Student Services Enquiry Team functions as first point of contact for queries related to all student services based in the Fraser Building.

The Student Services Enquiry Team should also be your first port of call if you're not sure how to go about solving any problems you might have.

Staff will be happy to help you with your query, or book an appointment with an advisor from one of the other services when necessary.

The Team's desk is also the place to go for all university related payments, apart from library fines and charges, which are dealt with directly by the Library, and accommodation charges which are administered by Residential Services.

### **REGISTRY**

[www.gla.ac.uk/registry](http://www.gla.ac.uk/registry)

The Registry is responsible for students' records and matters such as registering students, examinations, distribution of grant and loan cheques, financial aid and tuition fees.

The Registry is also responsible for issuing and replacing student ID Cards, which are administered through the Student Enquiry Team.

WebSURF, run by the Registry, is the electronic students' records system. You can use WebSURF to manage all of your personal as well as academic information by accessing [www.websurf.gla.ac.uk](http://www.websurf.gla.ac.uk).





## **INTERNATIONAL STUDENT SUPPORT**

[www.gla.ac.uk/international/internationalstudentsupport](http://www.gla.ac.uk/international/internationalstudentsupport)

The International Student Support Team provide advice and support to international students and their families on a range of non-academic welfare matters such as immigration and visa issues, financial matters, Council Tax, banking, as well as pastoral support. They also organise the international students' orientation programmes in September and January, and social gatherings throughout the year.

To see an international student advisor you will need to book an appointment through the Student Enquiry Team (level 2 of the Fraser Building).

## **THE BARCLAY MEDICAL CENTRE**

LEVEL 1

FRASER BUILDING

0141 342 3600

<http://www.barclaymedicalcentre.org/>

9AM-5.30PM MON-FRI

The Barclay Medical Centre is an NHS GP practice located at Level 1 of the Fraser Building.

Any Glasgow University student can register as a patient there and the practice offers specific services and medical advice for students.

For more information about staying healthy, and to find out more about health services in Glasgow, see the 'Health' section of The Guide.

## **CATERING**

The Fraser Building also hosts Food for Thought and Food to Go, a 400-seat café area located on Level 3.

Both of these catering outlets offer a wide range of options, including vegetarian and vegan food always on the menu.

### **FOOD TO GO**

8AM-7.30PM MON-THU

8AM-4.30PM FRI

### **FOOD FOR THOUGHT**

11AM-3PM MON-FRI



# GET INVOLVED

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# STUDENTS' REPRESENTATIVE COUNCIL

JOHN MCINTYRE BUILDING  
UNIVERSITY AVENUE  
GLASGOW  
G12 8QQ  
[www.glasgowstudent.net](http://www.glasgowstudent.net)  
[enquiries@src.gla.ac.uk](mailto:enquiries@src.gla.ac.uk)

## ABOUT THE SRC

[www.glasgowstudent.net/about](http://www.glasgowstudent.net/about)

The SRC is a unique body on campus. Unlike the Unions who are commercial enterprises aimed at entertaining, feeding and watering you, or GUSA who fulfil your sporting needs, the SRC protects and advocates the rights of all Glasgow University students. This applies to everything else that could bother you while you're studying, so they can help with everything from health, finance and personal safety to ensuring fair deadlines for work and getting enough feedback on essays.

The SRC's council, a group of elected students, acts as the main representative body, raising awareness of issues and promoting your needs to the University. Four students take a year away from their studies to work full-time for the SRC, and become the President and Vice-Presidents who lead the Council's work.

These people co-ordinate campaigns, events and consultation to make sure that students are properly represented. The SRC also tries to ensure that you get the most out of your time at

University by providing services, hosting student media, and providing funding and support for many clubs and societies.

## COUNCIL

[www.glasgowstudent.net/about/council](http://www.glasgowstudent.net/about/council)

As the name suggests, the Students' Representative Council is here to represent you and all your fellow students to the University. It does this through a system of elected representatives, Faculty Convenors and the SRC Council itself. Each and every student's views are valuable in shaping the way the University works and the student experience as a whole.

Some of the SRC's recent achievements include committing to Climate Change initiatives, supporting fair tuition fees for asylum seekers, and successfully campaigning to abolish the graduate endowment.

## GETTING INVOLVED

Council is made up of around 30 elected members, who can be divided into welfare and equal opportunities officers and academic

convenors. If you are interested in welfare issues, charity fundraising, or eradicating discrimination then you might consider standing for a welfare and equal opportunities position.

Welfare Officers include a Mature Students' Officer, Women's Interests Officer, International Students' Officer, Students with Disabilities Officer, Minority Ethnic Officer, LGBT Students' Officer, Charities Officer, Clubs and Societies Officer and a Part-Time Students' Officer.

The officers must identify with the needs of those they will represent, and seek to ensure that these students are being treated fairly during their time at university. Any student can stand for these positions in the SRC elections, and if they win will take office for one year.

If you have more of an interest in the academic side of university, such as fairness in marking and teaching, ensuring students get a say in how their course is structured, and the quality of their degree, you could become a Faculty Convenor. There's one for each of the seven faculties (Arts, LBSS, Education, Science, Veterinary Medicine, Medicine and Engineering) and a Postgraduate Convenor. Obviously, you have to be in the faculty in order to become the SRC convenor.

You can also stand as a general representative, which is good if you want to get involved in the general workings of Council. There are specific positions for first years and postgraduates to ensure everyone's fairly represented.

## **CLASS REPRESENTATIVES**

[www.glasgowstudent.net/about/studentreps](http://www.glasgowstudent.net/about/studentreps).

The SRC represents students on many different levels throughout the University, and if you are considering getting involved, your first step could be to become a class representative for your course. Class Representatives allow students to air their views to the academics that run their

department on issues such as course content, teaching and resources.

They also operate as part of the SRC, meaning that any recurring problems which students are having can be passed through from class reps to other reps and the Vice President (Learning & Development) who can take further action on behalf of the students.

Every class should have a class representative whose job is to try to resolve issues between the staff and students. They will normally sit on a staff/student committee held once a month but can go to staff at any time to discuss issues raised with them by classmates. They'll deal with problems about timetabling of lectures or essay deadline clashes and will also be involved in trying to improve the quality of teaching and learning.

Class reps are supported by the SRC. They receive training and can turn to the SRC for advice and support on more serious matters. If they identify major problems across a whole department or faculty then they can put pressure on Uni management to make changes.

If you have any problems with your course or ideas on how to improve it then your class rep should be your first port of call. Any student can nominate themselves for the class representative election, which takes place in class during the first few weeks of each semester.

## **SERVICES**

[www.glasgowstudent.net/services](http://www.glasgowstudent.net/services)

While the SRC is a representative organisation, it also provides a whole heap of services to students in order to save you money and improve your life. Over the next few pages, you can find out more about the SRC services on offer. You can also view all services online at the website address listed above.

**SRC ADVICE CENTRE**

GROUND FLOOR  
 JOHN MCINTYRE BUILDING  
 MON. 10.30AM – 4PM,  
 TUES. – THU 10AM – 4PM,  
 FRI. 10AM – 3.30PM  
 HOLDS: 11AM – 3PM  
 advice@src.gla.ac.uk  
 www.glasgowstudent.net/advice

The Advice Centre is an advice, information and representation service provided by the SRC for all students and prospective students of Glasgow University. It's totally independent from the University, ensuring that the SRC provides a confidential and objective service.

The Advice Centre is staffed by professional, experienced advisers and offers free and confidential advice and information on a wide range of subjects, such as academic problems, bank charges, benefits and tax credits, council tax, debt, employment rights, housing issues, income tax/National Insurance and student financial support.

The Advice Centre staff may also be able to help and represent you with regard to academic appeals, formal complaints, disciplinary issues and plagiarism hearings. You don't have to make an appointment before arrival, but you can if you think it's going to take a while. All discussions with the advice workers are in complete confidence and Advice Centre staff will do their best to offer assistance on any other difficulties you might experience. If they can't help, then they're sure to know who can. You will also find a variety of leaflets and claim forms available in the Advice Centre waiting area.

**JOBSHOP**

[www.glasgowstudent.net/services/jobshop](http://www.glasgowstudent.net/services/jobshop)

JobShop provides information with access on a wide range of full time, part time, casual

and seasonal work in and around Glasgow and beyond. As well as advertising for external employers it often advertises vacancies at the University. If you're looking for some extra money to get you through your student years, or just something to get you through the summer, then it's often worth giving JobShop a try.

**PHOTOCOPYING, PRINTING, FAXING AND BINDING: CHEAPEST IN THE WEST END**

[www.glasgowstudent.net/services/photocopying](http://www.glasgowstudent.net/services/photocopying)

There are plenty of commercial operations close to campus happy to charge students a fortune for photocopying and printing. The SRC has developed a pricing structure designed to specifically benefit students' usage patterns with costs as low as 3p per A4 print. They have two colour photocopiers with a PC attached so that you can print straight from your University computing account or your portable media device. Copy cards are available from reception during office hours and require a £2 deposit.

**STUDENT INFORMATION POINT (SIP)**

The SRC runs a Student Information Point at the reception on the first floor of the John McIntyre Building. The Information Point is designed as a central point of information for all student needs throughout the year.

**VOLUNTEERING OPPORTUNITIES**

[www.glasgowstudent.net/volunteer](http://www.glasgowstudent.net/volunteer)

Through the Student Volunteer Support Service the SRC provides a whole host of volunteering opportunities. Whether you're interested in working with homeless people, the elderly, children and young people at home or abroad there are opportunities for you.



## SECOND-HAND BOOKSHOP

[www.glasgowstudent.net/services/bookshop](http://www.glasgowstudent.net/services/bookshop)

JOHN MCINTYRE BUILDING

SEMESTER ONE

10AM–4PM MON–THU, 10AM–3PM FRI

SEMESTER TWO

10AM–3PM MON–FRI

The SRC bookshop provides a cheap source of course texts for students and an outlet for you to get a bit of cash by selling books you don't need.

It carries a wide range of textbooks and some general titles as well, and is especially useful for vocational courses like law or medicine. Once you get your reading list you can search the database online to see if they've got what you need, reserve books online and receive emails updating you on the status of your reservation.

## CLUBS AND SOCIETIES

[www.glasgowstudent.net/clubs](http://www.glasgowstudent.net/clubs)

The SRC provides small grants, free minibus rental and room hire to Glasgow University student Clubs and Societies. You can find out

about the current clubs and societies through their website at [www.glasgowstudent.net/clubs](http://www.glasgowstudent.net/clubs) or, if you are interested in establishing your own club/society, contact the SRC reception for details.

## FREE HALLS TO CAMPUS MINIBUS SERVICE

[www.glasgowstudent.net/services/minibus](http://www.glasgowstudent.net/services/minibus)

The minibus service operates on weekday mornings and evenings during term time to transport students in safety from campus to halls and back.

The buses leave campus from the back of the John McIntyre Building and timetables are available to view at the website listed above.

## FLATSHARE

[www.glasgowstudent.net/services/flatshare](http://www.glasgowstudent.net/services/flatshare)

The SRC's website provides information for students looking for flatmates or looking for somewhere to live. It's completely free: whether you're looking for a flat or looking for people to fill yours, it doesn't cost a penny.



Scottish  
Opera



With tickets bookable in advance at only **£10 for anyone under the age of 26**, now is the perfect time to give opera a try.

Visit [scottishopera.org.uk](http://scottishopera.org.uk) or contact your local box office





## NIGHTLINE

[www.glasgowstudent.net/services/nightline](http://www.glasgowstudent.net/services/nightline)  
0141 353 1050  
[asknightline@src.gla.ac.uk](mailto:asknightline@src.gla.ac.uk)

Nightline is the SRC's confidential listening and information service run by students. It runs from 7pm to 7am every night during term time.

The service offers information on everything from exam times to personal safety and can refer users to other services and organisations outwith the SRC.

## SRC EVENTS

[www.glasgowstudent.net/events](http://www.glasgowstudent.net/events)

The SRC organises events and welfare weeks throughout the year to raise awareness on a number of student issues. These cover important topics that affect your life such as finance, safety, mental health and well being, exam stress and housing. Welfare weeks include:

**VCS WEEK** 4-8 OCT 2010  
**HEALTH WEEK** 15-19 NOV 2010  
**MEDIA WEEK** 17-21 JAN 2011

**RAG WEEK** 31 JAN-4 FEB 2011  
**INTERNATIONAL WEEK** 7-11  
MAR 2011

## MORE INFORMATION

For more information about all the latest SRC news and events, you can follow the SRC online at the following websites:

### SRC WEBSITE

[www.glasgowstudent.net](http://www.glasgowstudent.net)

### SRC ON TWITTER

[www.twitter.com/gusrc](http://www.twitter.com/gusrc)

### SRC ON FACEBOOK

[www.facebook.com/glasgowuniversitiesrc](http://www.facebook.com/glasgowuniversitiesrc)

### SRC ON YOUTUBE

[www.youtube.com/glasgowuniversitiesrc](http://www.youtube.com/glasgowuniversitiesrc)

### SRC ON FLICKR

[www.flickr.com/gusrc](http://www.flickr.com/gusrc)

### SRC ON SCRIBD

[www.scribd.com/glasgowuniversitiesrc](http://www.scribd.com/glasgowuniversitiesrc)

# GLASGOW UNIVERSITY UNION

32 UNIVERSITY AVENUE  
0141 339 8697  
www.guu.co.uk  
info@guu.co.uk

## FACILITIES

### BILLIARDS HALL

10.30AM-10PM

### COSTA COFFEE

8AM-5PM

### UNION CAFE

9AM-2.30PM  
MON-FRI

### SUBWAY

9AM-10PM

### SHOP

8AM-6PM,  
8AM - 12.30AM  
THU-SAT

### VENDING & BANK MACHINES

### LIBRARIES

### BARS

### BEER BAR

11AM-11PM

### ALTITUDE

11AM-11PM  
11AM - 2AM THU-SAT

### PLAYING FIELD

11PM - 2AM THU-SAT

### DEEP 6

9PM-2AM THU-SAT

### BALCONY BAR

10PM-2AM THU-SAT

### HIVE

10PM-2AM THU-SAT

LOOK OUT FOR OTHER ONE-OFF AND REGULAR EVENTS, CLUB NIGHTS AND GIGS THROUGHOUT THE YEAR.

## WHAT IS THE GLASGOW UNIVERSITY UNION?

Founded in 1889, the Glasgow University Union (GUU) is run by students for students, so they know what you want and do all they can to ensure you get it. The GUU is dedicated to giving you the best student life while maintaining a sense of tradition and history.

As well as bars, clubs, shops and cafes, they run events such as the Beer Bar Quiz, Debates, Open Mic nights, and Comedy nights plus entertainment such as club nights in the HIVE, live bands, 'sporting' events such as Dodge Ball and an annual eating contest. Bands and artists that have previously played at the GUU include: Jack Penate, Chicane, The Future Heads, G.L.C, Arcade Fire and Dizee Rascal.

## WHAT SHOULD I EXPECT ON A NIGHT OUT?

With 9 bars, ranging from the traditional ale-soaked Beer Bar, to the recently renovated Altitude Bar and their night club venue 'The Hive' the GUU will agree with you whatever your tastes.

The GUU caters for all manners of nights out from the Monday night Beer Bar Quiz with fantastic prizes to be won, Open Mic where you can impress your friends with your musical ability, our Comedy nights, Karaoke, live sports, gigs, games and debates. The Hive, their 1250 capacity nightclub facility, is home to the best student nights out in Glasgow and plays the best music two nights a week.

## WHAT OTHER ACTIVITIES ARE ON OFFER?

At the GUU they have a whole host of things to do if you don't fancy having a beer. The GUU is (quite possibly) the greatest debating union

in the world, having won the World Debates Championship a record five times and kick-started the political careers of people such as Donald Dewar, Charles Kennedy, John Smith and Menzies Campbell. There are debates every week; and, in addition, throughout the year a series of five Parliamentary Debates.

In February the GUU hosts the 'Month of Games', an essential part of the GUU calendar. Throughout the month, a series of ridiculous games take place all over campus and throughout the city; these include drinking and eating competitions, darts, pool and snooker, dodgeball and their very own Wheel of Fortune .

The Billiard Hall on the top floor of the GUU is the largest student snooker hall in the UK and is a fantastic resource whether you're a budding pro or just fancy a couple of frames after lectures.

The GUU also has two fully equipped Libraries, and GUU members have access as long as the building is open. The libraries are stocked with full sets of past papers from 1995-2010 for every faculty and there is free wifi access all day.

## HOW DO I GET INVOLVED?

The GUU is run by a student Board of Management, who are elected each March. The Board is made up of 17 current students and 7 former students, who provide knowledge and experience.

As a first step, there are several committees that the union members can join to have a part in what the GUU does, these include entertainments, games, writing for the union's magazine the GUUi or helping with debates. If you fancy it, pick up a form from the Porter's Box in Freshers' Week (or after) and they'll consider you to be part of the team. One of the best ways to get the most out of the GUU really is to give something back and get involved.

# QUEEN MARGARET UNION

22 UNIVERSITY GARDENS  
0141 339 9784  
[www.qmu.org.uk](http://www.qmu.org.uk)  
[info@qmu.org.uk](mailto:info@qmu.org.uk)

## FACILITIES

### PHOTOCOPIING FOOD FACTORY

9AM-6PM  
MON-FRI

### COFFEE BAR

8AM-5PM  
MON-FRI

### LACUNA CAFÉ

6PM-12PM  
MON-FRI

### SHOP

8AM-6.30PM  
MON-FRI

### CHAMPIONS' BAR

10AM-1AM  
10AM-2AM  
TUE & FRI

### QUIDS

10PM TUE

### CHEESY POP

9PM FRI

### JIM'S BAR

11AM-1AM  
11AM-2AM TUE & FRI

### NEW THEATRE

IN JIM'S 7.30PM  
ALTERNATE MON

### NEW COMEDY

IN JIM'S 7.30PM  
ALTERNATE MON

### BIG WEDNESDAY NIGHT PUB QUIZ

8PM WED

### QM DEBATES SOCIETY

7.30PM THU

### UNPLUGGED

8.30PM THU

### FRIDAY FACE-OFF

4PM FRI

### KARAOKE

8PM FRI

### QM WHISKY

CLUB 8PM SAT  
(MONTHLY)

### COMMITTEES

### SUPPORT & SERVICES

5PM MON

### EVENTS

5.30PM TUE

### PUBLICATIONS

5.30PM TUE

### SOCIAL

5.30PM THU

### STUDY & LAUNDRY

ROOMS OPEN TO  
MEMBERS 24/7

OTHER CLUB  
NIGHTS/GIGS  
THROUGHOUT  
THE YEAR

## **WHAT IS THE QUEEN MARGARET UNION?**

The QM is a one of Glasgow's two student unions, with a variety of services including bars, club-nights, cafes and the Food Factory. It's also got a formidable reputation as a live venue – hundreds of bands have played in the venue over the years, including Red Hot Chilli Peppers and Nirvana back in the day, as well as Foals, Marina and the Diamonds, Biffy Clyro and DJs such as Mr Scruff and Zane Lowe in recent years. They have recently campaigned for disabled access, pushing for Fair Trade products across campus and were the first of the two unions to allow both sexes to join (it used to be women only). In the last academic year they raised over £8,000 pounds for charities including Sport Relief and Mary's Meals. No matter what your passion, the QM can be a home away from home for every student at Glasgow. Day or night, there are always people to meet and things to do, and you can be a part of it all.

## **WHAT SHOULD I EXPECT ON A NIGHT OUT?**

The QM has the best range of entertainment in the West End. You've undoubtedly seen the flyers and posters for their newest clubnight, Quids, which is on every Tuesday in the newly refurbished Qudos. Everything is a 'quid', including early entry, food from Lacuna and every drink in Qudos (excluding draught). Top it off with the incredible Gerry Lyons helming the DJ booth and a second DJ in Jim's Bar, it's not to be missed. Every Glasgow student knows that Fridays are Cheesy Pop: a night which you will inevitably frequent every single Friday of your university life, it's the biggest night of the week. If clubnights aren't your style then the QM offers a range of social events in their bars. Jim's Bar offers live comedy in alternate weeks with New Theatre in Jim's, an event which gives students the opportunity to present plays to an excited audience. The flagship Big Wednesday Night Pub Quiz is famous in

Glasgow and Unplugged, their open mic night, has hosted the likes of Badly Drawn Boy and Frank Turner. On Friday they've got the ultimate post-lecture wind-down for the week; Friday Face-Off, a quick-fire quiz where you can win big money. Last but not least, what better event to couple with Cheesy Pop than Karaoke? With so much going on, you're guaranteed a good night out any night of the week at the QM.

## **WHAT ELSE DOES THE QM DO?**

Not every student wants to go out for a night of clubbing and drinking, and the QM provides for those who don't. There are plenty of affiliated clubs and societies that are always putting on varied events no matter what your interests are. The shop provides you with everything you need to survive a typical day at university selling newspapers, stationary and their amazing Pick'n'Mix. This year Lacuna cafe will be open till midnight, providing a wide range of drinks and snacks into the evening and giving you a place to chill. They even offer recently refurbished 24-hour study rooms, a TV Room for catching up on Hollyoaks and all-day laundry services for our members.

## **HOW CAN I GET INVOLVED?**

You'll often hear that no matter how well you do academically at university, you will gain invaluable experience and better employability by participating in extracurricular activities. The QM Union gives its members plenty of occasions to explore their creative sides by operating an open-committee system, allowing you to get involved in organizing Social events, writing for their award-winning magazine qmunicate, helping plan end-of-term events or join their latest campaign and charity activity with ease and minimal effort.

For more information visit: [www.qmu.org.uk](http://www.qmu.org.uk) or [facebook.com/qmunion](https://facebook.com/qmunion).

# MATURE STUDENTS' ASSOCIATION

64 OAKFIELD AVE  
[www.gla.ac.uk/services/maturestudentsassociation](http://www.gla.ac.uk/services/maturestudentsassociation)

## FACILITIES

### SHARED KITCHEN

DINING TABLE  
FRIDGE/FREEZER  
MICROWAVES  
KETTLES  
TOASTER  
TOASTIE-MAKER  
CROCKERY/CUTLERY

### CHILL-OUT ROOM

TV/DVD/VCR/XBOX  
COMFY SOFAS

### COMPUTER ROOM

6 ONLINE PCS  
PRINTER  
PHOTOCOPIER  
SCANNER

### READING ROOM

STUDY ROOM  
PERSONAL  
LOCKERS  
WIFI ACCESS  
24HR ACCESS

tommy ga-ken wan



## **WHO CAN JOIN?**

The MSA is open to all full- and part-time undergraduate or postgraduate students at the University of Glasgow, DACE and Access. A mature student is anyone who is 25 or over or 21 years of age or above at the beginning of their course.

## **HOW DO I JOIN THE MSA?**

Drop by and pick up an application form from our reading room. Hand the filled-out form and pay your fee to any available committee member. Membership costs just £10 for the whole year

## **WHAT IS INCLUDED?**

Access to all facilities and events. Paid members have 24hr access to the clubhouse, with key available at the Main Gate on submission of matriculation card .

## **HOW DO I GET A LOCKER?**

Lockers are allocated at the beginning of the academic year. A lotto system is in place if demand

outstrips supply. Cost is £10 with the option of renewing your locker the following year.

## **WHERE IS THE MSA BASED?**

You can find us on campus at 62 Oakfield Avenue (across from the Stevenson building). We are housed in a building available to mature students day and night 365 days per year.

## **DO YOU ORGANISE ANY EVENTS THAT MATURE STUDENTS CAN ATTEND?**

Throughout the year we organise social events and peer support for the wide range of subjects studied by our mature students. Our members are mature students from all faculties, of varied ages, study methods and backgrounds.

## **WHAT ELSE DOES THE MATURE STUDENTS' ASSOCIATION DO?**

Throughout the year we also organise a series of social events. For the latest programme check out their website at [www.gla.ac.uk/services/maturestudentsassociation](http://www.gla.ac.uk/services/maturestudentsassociation)

# SPORT AT GLASGOW UNIVERSITY

[www.gla.ac.uk/sport](http://www.gla.ac.uk/sport)

## SPORTS CLUBS

AIKIDO	GAELIC FOOTBALL	SHINTY
AMERICAN	GOLF	SHORINJI-KEMPO
FOOTBALL	HARES & HOUNDS	SKI &
ATHLETICS	HOCKEY	SNOWBOARDING
BADMINTON	JUDO	SKYDIVING
BASKETBALL	KARATE	SNOOKER
BOATS	LACROSSE	SQUASH
BOXING	MOUNTAINEERING	SUB-AQUA
CANOE	MUAY THAI	SURFING
CHEER LEADING	NETBALL	SWIMMING &
CRICKET	POTHOLING	WATERPOLO
CURLING	RIFLE & SPORTING	TENNIS
EQUESTRIAN	GUN	TRAMPOLINING
FENCING	RUGBY	ULTIMATE FRISBEE
FOOTBALL	SAILING	VOLLEYBALL

## GUSA & THE SRS

Sport and Recreation is delivered through a partnership between the Sport and Recreation Service (SRS) and the Glasgow University Sports Association (GUSA). The SRS is a service department within the University, while GUSA is an independent and representative student

organisation at Glasgow University.

The fundamental aim of the partnership is to get as many students as possible enjoying quality sport and exercise and making it part of their lifestyle while at university.



Participating in sport and recreation while at university provides some great benefits and opportunities.

You can try lots of new activities or improve existing skills as well as your general health and wellbeing. There are opportunities to get involved with clubs and represent the university.

The partnership provides students with welcoming facilities where you can relax and socialise, offering options to get great advice on exercise and physical activity, particularly if you are unsure or think that exercise isn't for you. Above all it ensures a great way to take time out, reduce stress and feel fantastic.

Sport and recreation also provides chances to get involved in club management or the student sports council – a great way to get involved, gain experience, and make a difference.

Getting involved in sport while at university is one of the most worthwhile things that you can do during your studies.

There are so many opportunities available to you through Sport and Recreation that you will not have again so we strongly recommend you consider getting involved.

Students who participate in Sport and Recreation are less likely to drop out of university – but don't take our word for it, come and try it out for yourself!

## HEALTH AND FITNESS

The health and fitness programme offered is huge: it's designed to cater for all levels, with a range of services to get you started.

There is a comprehensive group exercise programme including 57 weekly exercise classes, for which there is no need to book.

## FACILITIES

Facilities are available 7 days a week from early morning to late at night and are based in the Stevenson Building and the Garscube Sports Complex. They include:

6 LANE, 25M SWIMMING POOL  
 6 GRASS FOOTBALL/RUGBY PITCHES  
 SAUNA AND STEAM ROOM  
 2 ALL WEATHER SYNTHETIC PITCHES  
 MUSCLE CONDITIONING SUITE  
 EXERCISE STUDIO  
 CARDIOVASCULAR SUITE  
 EXERCISE CONDITIONING SUITE  
 3 TENNIS COURTS  
 ACTIVITY HALL  
 CRICKET OVAL  
 2 SQUASH COURTS

We have teamed up with other major sport facility providers throughout the Glasgow area and are continually trying to add to this list to offer as wide a range of activities for our members as possible.

In addition specialist services are available onsite at specially negotiated discount rates and include:

- Chiropractic Clinic
- Hampden Satellite Sports Injury Clinic
- Sports Massage Clinic
- Thai Yoga Massage Clinic
- Woodland Herbs alternative therapies.

## CLUB SPORT

There are currently 48 sports clubs at Glasgow, with over 2000 members between them. Many of the clubs compete in local and national leagues and competitions, and those clubs

who engage in non-competitive sporting also provide trips both in and outside the UK.

Try your hand at traditional Scottish sports such as shinty or dabble in some extreme American imports.

Some of the more specialist clubs offer you the opportunity to try out sports you may never even have heard of, let alone tried, like ultimate frisbee or shorinji-kempo.

You may never have brandished a sword or climbed up a cliff before but sport at Glasgow provides these opportunities for you.

Whether experienced or a complete beginner, we encourage you to make the most of the opportunities available.

It's all about participation and being open to everyone, so get involved – you won't regret it.

## RECREATIONAL SPORT

If you aren't sold on the idea of club sport there are also great opportunities to participate in recreational sport.

Whether you want to try a new activity, participate in an organised session or simply hire a facility, there's something for everyone.

There are a wide range of instructional courses each term, including yoga, dance, pilates, badminton, climbing, skiing, snowboarding and swimming.

It's a good way to get a taster of a new sport which you might not have had the opportunity to try before, or get back to grips with an old one.

There are drop-in sessions during each term, free to all members. There are also a large number of leagues and competitions running throughout

the year including hockey 7s, rugby 7s and football 6s.

Look out for opportunities throughout the year to represent your college, halls of residence, or any other group you like.

The facilities are also available for casual recreational use or hire for a wide range of sports.

## ELITE SPORT

A number of services are available for talented athletes, from specialist mentor support to advice on performance lifestyle issues, nutrition and access to sport medicine.

In addition, two schemes are in place to further support talented athletes: the Sports Bursary Scheme and the Golf Scholarship Programme, which is supported by the R & A Foundation.

Funding and additional benefits are available for successful applicants.

## HOW MUCH DOES IT COST?

With a membership of just £40 this really is your chance to access an outstanding sport and recreation programme for pennies.

If you don't think you're going to use the gym that much then you can go for single visits for £3.75 a time, which affords you full access.

Sport and Recreation looks forward to welcoming you into our facilities as you enjoy quality sport and exercise and make it part of your lifestyle while at University.

## MORE INFORMATION

For more information on GUSA or the SRS please visit [www.gla.ac.uk/gusa](http://www.gla.ac.uk/gusa) or [www.glasgow.ac.uk/sport](http://www.glasgow.ac.uk/sport).



## STUDENT MEDIA

Ever look at someone you admire and jealously wonder how they got their job? Whether they're a film director, a war reporter or a record label boss, there's a good chance they got their break because of what they achieved at university. Indeed, many of the biggest names in the media were involved at a student level to some extent during their studies.

### **GAIN EXPERIENCE**

Student media at Glasgow is an excellent way to gain the experience and hone the skills you need to get noticed by potential employers. The hands-on experience you can gain is more valuable than anything you can read in a book.

### **BE PART OF SOMETHING BIG**

The SRC alone is home to a newspaper, a magazine, a TV station and a radio station, all of which are nominated regularly for national awards.

### **MAKE YOUR OPINION HEARD**

All of the SRC's media are editorially independent,

which makes them free to talk about whatever they want, and to criticise the SRC and the University, when necessary. The past few years have also seen the emergence of qmunicate and GUUi, the Unions' in-house publications, as further important voices on campus.

### **MAKE FRIENDS**

The various organisations are some of the most active and friendly on campus, so if you want to make a few friends it's worth looking into.

### **LEARN NEW SKILLS**

Whatever you want to do in life, whether it involves the media or not, you'll find achieving it is a lot easier if you take on board some employable skills, and you can gain these while still having great fun.

### **BE MORE EMPLOYABLE**

Believe it or not, presenting a hip-hop show on Subcity Radio or writing a column in GUM will give you the ideas, the personal skills and the creative experience which employers crave.



The Glasgow University Guardian is one of the most prestigious student publications in the country, offering students at Glasgow a balanced, detailed breakdown of news and issues that affect them.

Guardian is researched, written, and designed by students, giving those involved a top-to-bottom experience of working within the press.

With multiple issues each year, as well as exclusive content found on our website at [www.glasgowguardian.co.uk](http://www.glasgowguardian.co.uk), Guardian is a great way to keep up to date with what's going on at Glasgow.

Since 2004, Guardian has met with considerable critical success, most recently at the 2010 Herald Scottish Student Press Awards, at which it won prizes for Best News Writer, Best Sports Writer and Student Journalist of the Year.

Additionally, members of the team have found work in the media whilst still at University, and after they have graduated.

Working at Guardian is not just a way to fill spare time, it is a well-proven path to a career in the media industry. Guardian has launched many

leading figures in Scottish and national media, including celebrated Scottish politician Donald Dewar, former Sunday Times editor Andrew Neil, and the novelist and screenwriter William Boyd.

Depending on what area you're interested in working, contributing to Guardian can land you free passes to films, gigs, and clubs, free CDs, and the chance to interview and photograph major political and cultural figures.

Guardian is always on the look-out for new talent, so if you would like to be part of Guardian (writers, designers and photographers welcome!), then feel free to pop along to their weekly meetings (or come for a drink afterwards).

## **WEBSITE**

[www.glasgowguardian.co.uk](http://www.glasgowguardian.co.uk)

## **EMAIL**

[editors@glasgowguardian.co.uk](mailto:editors@glasgowguardian.co.uk)

## **TWITTER**

[twitter.com/glasgowguardian](https://twitter.com/glasgowguardian)

## **FACEBOOK**

[facebook.com/glasgowguardian](https://facebook.com/glasgowguardian)



Glasgow University Magazine (GUM) is one of the oldest student publications in Britain, having just celebrated its 120th birthday.

Despite its advancing years, however, GUM is still one of the coolest, on-the-pulse and exciting magazines in Glasgow.

It's won a plethora of awards in recent years, including Student Journalist of the Year at the Herald Student Press Awards in 2006 and Student Magazine of the Year in 2006 and 2008.

GUM also recently received nominations for Best Publication Design at the 2009 Guardian Student Media Awards in London, and Best Magazine at the 2010 Herald Student Press Awards.

Released quarterly, it contains a huge variety of articles and artwork. Every article is designed to give you a fresh, unusual perspective on things important to you.

There are high-profile interviews, satirical snippets, in-depth articles on a variety of topics, essential culture around the city, and top class art and fashion reviews in each issue. GUM also prides itself on its simple, stylish design and the

high quality of the original photography and artwork in the magazine. Getting involved in the magazine gives you an opportunity to join a team of fun, dedicated and passionate people.

There's a huge amount of scope for writing, designing or photographing for the magazine, so it's the perfect place to cut your teeth if you're interested in getting involved in the media.

We hold informal meetings every week and you can pick up a copy of GUM at one of the SRC magazine stands across campus.

You'll also find it hanging out in some of your favourite haunts in the West End and City Centre.

## **WEBSITE**

[gum.glasgowstudent.net](http://gum.glasgowstudent.net)

## **EMAIL**

[gum@src.gla.ac.uk](mailto:gum@src.gla.ac.uk)

## **TWITTER**

[twitter.com/gumagazine](https://twitter.com/gumagazine)

## **FACEBOOK**

[facebook.com/glasgowuniversitymagazine](https://facebook.com/glasgowuniversitymagazine)



# GLASGOW UNIVERSITY STUDENT TELEVISION

[www.gust.tv](http://www.gust.tv)

Glasgow University Student Television was the UK's first student TV station. For over forty-five years, GUST has produced programming every week, which can be viewed online, on your iPhone, and via TV screens located across campus.

With its studio facilities, fully equipped editing suites and a plethora of filming equipment, it offers opportunities in presenting, writing, directing, acting, effects and design and more.

Former GUST members include broadcaster Andrew Neil and Doctor Who writer Steven Moffat.

Every week, GUST News provides coverage of the week's events, with a focus on campus-based issues, including investigative reports.

National news is also analysed from a student's perspective, with in-studio discussions and interviews.

GUST Sport's focus is entirely on the University's teams, and G-Spot, GUST's arts and events guide, looks at what's going on in and around Glasgow.

GUST's music programming features live performances and interviews with both unsigned and well-known artists. At the weekly production meetings, programme editors say what they've got planned for their forthcoming shows, and offer the various roles available to GUST members.

If you've got an idea for a film, you can borrow a camera and make it yourself. GUST run training sessions throughout the year, demonstrating equipment usage, editing, composition and more. You also don't need any prior experience as GUST will teach you anything you need to know.

## WEBSITE

[www.gust.tv](http://www.gust.tv)

## EMAIL

[controller@gust.tv](mailto:controller@gust.tv)

## TWITTER

[www.twitter.com/gusttv](http://www.twitter.com/gusttv)

## FACEBOOK

<http://tinyurl.com/gustfacebook>



## SUBCITY RADIO

[www.subcity.org](http://www.subcity.org)

Since 1995, Subcity Radio has been supplying a rich and innovative spectrum of music; from unreleased skweee and dark step, to forgotten northern soul and indie rock promos. Unlike most stations, Subcity contributors are given no set playlists or charts and have creative freedom over their content, this makes for some of the most exciting programming in the country.

Subcity isn't a niche crew of music snobs, but a down to earth community of DJs, technicians, writers, journalists, web designers, photographers, events organisers and artists. The station prides itself on its independence and freedom for contributors, providing support and training for those who want to help to shape Glasgow's ever changing music scene. There's currently 2 years' worth of audio online, browsable by genre, artist and label. Hidden amongst the vast streams of music are interludes of comedy, interviews, current affairs, live gigs and talk based content.

Subcity has also earned its status as a heavyweight on the Glasgow club scene through its consistently diverse and pioneering parties thrown across the city: from 50 sweaty

people in the basement of a pub to 1800 people filling one of Europe's largest arts venues.

Former Subcity staff can be found running award winning net stations including Radio Magnetic and Global Soundtracks as well as propping up the BBC technical department, libraries and production suites. The station relies on a constant influx of people to keep it at the forefront of the music scene. They're currently looking for sharp minded people with fresh ideas to get involved in everything from presenting, producing and engineering, to copy writing, photography, visual arts and events. No prior experience or knowledge necessary.

### WEBSITE

[www.subcity.org](http://www.subcity.org)

### EMAIL

[manager@subcity.org](mailto:manager@subcity.org)

### TWITTER

[www.twitter.com/subcityradio](http://www.twitter.com/subcityradio)

### FACEBOOK

[www.facebook.com/subcity.radio](http://www.facebook.com/subcity.radio)



qmunicate is the award-winning student magazine of the Queen Margaret Union, claiming the title of Best Magazine at The Herald Student Press Awards 2009. One of qmunicate's contributors was also named Best Columnist at the 2010 Herald Student Media Awards.

Produced fortnightly by the QM's Publications Committee, qmunicate aims to keep members up to date with everything that's happening at the union, as well as provide up to date cross-campus news, reviews of all the latest media releases and interesting, thought-provoking articles to keep your brain working in those early morning lectures.

Getting involved is an ideal way to gain experience in journalism; former contributors have gone on to write for national newspapers and magazines.

The committee is open to all QM members and gives you the opportunity to write about anything that relates to students: from skiing to Pokémon, from high fashion to travel, we're

always happy to welcome new faces and hear your ideas.

qmunicate isn't just about writing articles, though; it's also about sharing publishing skills and helping you to develop your interests while gaining experience in the basics of journalism. So if you want to pick up some tips on writing styles, design or photography, or simply want to blag a promo copy of your favourite band's new album or get free tickets to press screenings of the latest films, give us a shout.

If any of this sounds even mildly appealing, join us for committee meetings in the QM at 5.30pm on Wednesdays to work on ideas for upcoming issues.

### **WEBSITE**

<http://www.qmu.org.uk/qmunicate>

### **EMAIL**

[qmunicate.magazine@gmail.com](mailto:qmunicate.magazine@gmail.com)

### **FACEBOOK**

[www.facebook.com/Qmunion](http://www.facebook.com/Qmunion)





The GUUi (or Glasgow University Union Independent) is the youngest of the three magazines on campus. First published in 2004, the GUUi prides itself on its growing popularity among both student writers and readers across campus.

Covering everything from current affairs to comedy gigs and fashion reviews, the GUUi provides something for every student who picks it up. A fun, quirky magazine with a wide range of rants, it's hard to believe that the GUU gives away this wordy gem for free!

Produced every fortnight in-house by the Libraries Committee and their Convenor, the GUUi acts as a creative outlet for both its dedicated team of members and any casual contributors who fancy getting involved with one of the GUU's most exciting projects.

Despite its short history the GUUi has contributed significantly to student media at Glasgow University and this year will be seeing in its 5th birthday with more style than ever before. You can be a part of this! Whether you want to pursue a career in journalism, share your

thoughts on the latest album release or simply have an excuse to put pen to paper, we want you to help us make this biggest and best year for the GUUi yet!

However, our merry magazine gang do not only welcome those inclined towards writing: whether you're a cartoonist, photographer or graphic guru, there is always a comfy seat for new comers at the GUUi meetings. Our get-togethers are every fortnight in the Bridie Library (on the second floor of the GUU). So why not come along, pull up a pew and see what we are all about?

You can find copies of the GUUi showing themselves off in the GUU and Library, and if you are lucky you might even have one posted through your front door! To find out more or submit an article please contact [libraries@guu.co.uk](mailto:libraries@guu.co.uk).

### **WEBSITE**

[www.theguu.com](http://www.theguu.com)

### **EMAIL**

[libraries@guu.co.uk](mailto:libraries@guu.co.uk)



## CLUBS & SOCIETIES

[www.glasgowstudent.net/clubs](http://www.glasgowstudent.net/clubs)

Glasgow hosts a huge number of clubs and societies and we've listed a selection below. For a full list of SRC-affiliated clubs, check out the website above. You can also find most clubs on Facebook, Twitter, MySpace or YouTube.

### **THE ADAM SMITH ECONOMICS SOCIETY**

[ases.glasgow@googlemail.com](mailto:ases.glasgow@googlemail.com)  
<http://tinyurl.com/adamsmitheconomics>

The ASES is an excellent way for students, who may only see each other during lectures, to meet up and get involved in various activities. As well as social events, the society is also committed to encouraging debate on economic issues, and you can look forward to various talks this year. You need not be an Economics student to join the ASES, but it's definitely a great way to meet fellow students, socialise, and expand your knowledge.

### **AMNESTY INTERNATIONAL SOCIETY**

[www.guamnesty.org.uk](http://www.guamnesty.org.uk)  
[guamnesty@googlemail.com](mailto:guamnesty@googlemail.com)

The Glasgow University Amnesty International Society is a group of people dedicated to the promotion of upholding human rights.

With close links to AI UK, we spend our time raising awareness of Amnesty Campaigns as well as organising numerous fundraising events from band nights to cake sales. So if you are passionate about Human Rights and want to be a part of the Amnesty Society that won Amnesty's 'Most Regular Fundraiser', come along and join a group of passionate, friendly and inventive people!

### **APPLIED VISUAL ARTS SOCIETY (GUAVA)**

[guavasociety@googlemail.com](mailto:guavasociety@googlemail.com)  
<http://guavasociety.co.uk/>

If you're a creative individual who loves to get down and dirty painting, paper macheing, making sculptures, face painting or simply going nuts with a good marker and poster board then this is the place for you. Get involved in our art workshops available to all skill levels, join us on our trips to the country as we look for inspiration and let loose at our end of year exhibition/party.

**CECILIAN SOCIETY**

[www.gla.ac.uk/clubs/cecilian](http://www.gla.ac.uk/clubs/cecilian)

We are Glasgow University's foremost musical theatre society and perform two shows each year. Our first show is produced, rehearsed and performed in just one weekend, whilst our main show is rehearsed over a longer period. You must audition for principal roles, but if you just want to join our chorus, all you need to do is turn up. No previous experience is necessary, just heaps of enthusiasm.

**CHRISTIAN UNION**

[www.gucu.co.uk](http://www.gucu.co.uk)

[cupresident@gmail.com](mailto:cupresident@gmail.com)

The Christian Union is an inter-denominational society committed to following and sharing the gospel message of Jesus Christ. If you are interested in meeting with other Christians and would like to join with them in growing in faith and knowledge of Jesus Christ and sharing this on campus, then the C.U is for you!

The C.U offers a variety of different activities including a weekly main-meeting, a prayer meeting, small-groups and a football team.

**COMUNN OISEANACH OILTHIGH GHLASCHU / GLASGOW UNIVERSITY OSSIANIC SOCIETY**

[oiseanach@hotmail.co.uk](mailto:oiseanach@hotmail.co.uk)

<http://oiseanach.org/>

The Ossianic Society exists to promote Gaelic and its use in the university and beyond. Whether you've got Gaelic as your mother tongue, want to polish up what you've already learnt or are interested in getting acquainted with the language this is the society for you.

Being a society based on interaction means we're keen to have massive ceilidhs, great away

days and generally good craic. We also have a more serious side: ensuring Gaelic is given the place it deserves in university life. Suas leis a' Ghàidhlig!

**CONSERVATIVE AND UNIONIST ASSOCIATION (GUCUA)**

[www.guconservatives.co.uk](http://www.guconservatives.co.uk)

[guconservatives@gmail.com](mailto:guconservatives@gmail.com)

Britain is turning blue, and there has never been a better time to join the Conservatives.

As a branch of the national Party, we are busy campaigning throughout the year and offer our members many chances to meet politicians and forge connections.

We run a busy social calendar including an annual black tie dinner. If you would like to get involved in some sensible politics and meet some friendly like-minded folk, then get in touch.

**CR:ACC ENSEMBLE**

[craccensemble@gmail.com](mailto:craccensemble@gmail.com)

[www.myspace.com/craccensemble/](http://www.myspace.com/craccensemble/)

<http://tinyurl.com/craccensemble>

We are Glasgow University's contemporary acoustics ensemble, otherwise known as the CR:acc Ensemble.

Set up this year by four music students, the aim of the ensemble is to bring together the realms of contemporary composition – we play music that is written inside Glasgow University – improvisation and the realisation of indeterminate scores, and multimedia effects.

If this sounds like something you'd be interested in, then email us on the address below to find out more or find us at the Freshers' Fair to say hello: we're not stuffy or pretentious. And we've found that makes the music even better.

**CUT! FILMMAKING SOCIETY**

cutfilmmaking@googlemail.com  
www.cutfilmmaking.com

Want to make your own films? Cut! Filmmaking is a fun, free filmmaking network open to anyone with an interest in film.

From writing and directing to acting, lighting and sound to make-up and costume – everyone is welcome, with no previous experience needed.

Got a script but need a crew? Want to act but need a director? Or are you just curious about the filmmaking process?

At our regular informal Project Nights you can meet our members and join projects, while our series of workshops provides you with a chance to learn about all the aspects of filmmaking. So what are you waiting for? Get involved and get shooting!

**GLASGOW STUDENT DANCE COMPANY (GSDC)**

www.gsdc.org.uk  
gsdc@live.com

We at GSDC get together to share our love of dance. From hip-hop and jazz to ballet and contemporary, we do all different styles. Whatever your experience, and whether you are interested in choreography/teaching, or learning dances to perform, come and join us for a good time.

**INTERNATIONAL SOCIETY**

www.internationalsociety.co.uk

The International Society is one of the largest and most active in the country, with typically four events a week.

Our members are from all over the world, including Scotland and we have events to match

with everything from Chinese dragon dancing to salsa nights to world record attempt ceilidhs.

We organise amazing and affordable weekend trips all around the UK. We also run large events for 500+ people and also smaller scale 'coffee and chat' style events for a handful of people, and everything in between.

Whether you're from Europe, Asia, Africa or the Americas, whether a postgraduate, undergraduate or a mature student, we are the society for you.

The International Society only costs £4 to join and includes a range of really useful discounts, our newsletter and allows you to come on our trips.

**KENDO CLUB (GUKC)**

gukendo@trollsintutus.dk  
www.kendoglasgow.net/GUKC

We practise kendo twice a week in the Stevenson Building. Kendo is a Japanese martial art based on the ancient sword art of the samurai. It is full-contact, dynamic, and lots of fun, and the club has a great team spirit. Kendo players wear full armour, and instead of live blades we use bamboo swords (shinai). We have our own club coaches, and also get instruction from several high-grade teachers from Glasgow. Please get in touch, or meet us at the Sports Fayre in Freshers' Week.

**LABOUR CLUB**

www.glasgowlabourclub.org.uk  
gu\_labourclub@hotmail.com

We are the biggest and most active political society on campus and this year will host a range of events such as guest speaker meetings, debates, dinners and curry nights. We work with other Labour Clubs to help deliver the values that the Labour Party believes in.

**LIBERAL DEMOCRATS (GULD)**

<http://glasgowunilibdems.wordpress.com/>

Over at GULD there's so much to get involved in. We're one of the oldest societies on campus, at 180 years old, but we haven't slowed down! In the past year we've had Lembit Opik visit, been on pub crawls, had tea with Charles Kennedy, events with MSPs on issues such as mental health and the environment and much more!

If you are liberally minded at all we want you to come and get involved. From campaigning to social events to meeting new friends, there is so much to do in the GU Liberal Democrats.

**MALT WHISKY SOCIETY**

[gumaltsoc@yahoo.co.uk](mailto:gumaltsoc@yahoo.co.uk)

<http://tinyurl.com/maltwhiskysoc>

Whether you know nothing about the wonders of whisky or you are a seasoned pro, GUMWS can educate and entertain into the finer points of whisky tasting, culture and tradition. There are regular tastings, trips to distilleries and plenty of banter along the way.

**PHOTOGRAPHIC SOCIETY**

[www.gla.ac.uk/clubs/photo/](http://www.gla.ac.uk/clubs/photo/)

[guphotosoc@yahoo.co.uk](mailto:guphotosoc@yahoo.co.uk)

As a society we all have a fascination with photography. Our membership includes all abilities and pursuits in the photographic sphere as well as a wide range of other interests, all discussed in our weekly meetings. Throughout the year we stage a number of exhibitions, hold photography fieldtrips and have access to a city centre darkroom.

**POLISH SOCIETY**

[www.gupolsoc.org](http://www.gupolsoc.org)

[info@gupolsoc.org](mailto:info@gupolsoc.org)

Love good fun and can't live without a great

banter? Join Glasgow University Polish Society to get a good serving of both! We are open to everyone regardless of nationality and offer a great selection of parties, pub nights, sport activities, cultural events, trips as well as projects you can get involved in.

Whether you're aiming to enhance your CV or just want to have plenty of unforgettable memories, join us! On top of that, if you're Polish, have a Polish connection, roots, or study Polish or Slavonic studies/languages, you ought to come along and experience probably the best Slavic Society in Scotland! Join us now!

**POLITICS SOCIETY**

[www.politicssociety.co.cc](http://www.politicssociety.co.cc)

[glasgowpoliticssociety@gmail.com](mailto:glasgowpoliticssociety@gmail.com)

We are an independent student-run organisation which aims to create a social network for students studying or interested in politics. We hold informal meetings in a local pub every week and organise both academic and social events throughout the year.

Last session our members enjoyed a pub crawl, guest lecture, film night, political pub quiz and a variety of debates, including a Question Time event attended by regional MPs and MSPs.

Membership is open to all matriculated students of the University—whether you are a politics student or not, looking for somewhere to discuss politics or simply to meet new people, everyone is welcome! It is a great way to make friends from within and outwith your course and to learn more about politics and life in Glasgow.

**SALSA AND LATIN DANCE SOCIETY**

[0800424k@student.gla.ac.uk](mailto:0800424k@student.gla.ac.uk)

Learn how to dance salsa and other Latin dance rhythms such as Bachata and Merengue.



Beginner and intermediate classes will occur weekly throughout the year for only £2.50 a go!

It's a lot of fun, a great way to make friends, and dancing salsa is a great skill to have. Additionally, All money goes to the charity Wateraid which provides watering systems and sanitation to communities across Asia and Africa.

### **SINGAPORE SOCIETY**

<http://www.gla.ac.uk/clubs/Singapore/>  
[glasgowguss@yahoo.com.sg](mailto:glasgowguss@yahoo.com.sg)

GUSS (The Glasgow University Singapore Society) is a vibrant and active society aiming to introduce and promote the Singaporean culture and spirit.

We organise excursions out of and within Scotland, either for sightseeing, or skiing. Advice and information are also readily available for those in need of help.

The society provides a unique experience and opportunity to immerse oneself in Singaporean culture. Membership is available all year and everyone is welcome.

### **STAG**

[stag@gla.ac.uk](mailto:stag@gla.ac.uk)  
[www.studenttheatreatglasgow.com](http://www.studenttheatreatglasgow.com)

Student Theatre at Glasgow (STaG) is a student run theatre company who aim to give students an opportunity to take part in theatre, whether front or back stage. STaG provides the support, combined with the student members' experience, to put on productions from small to large scale. If there is a play that you want to put on, then we're here to make it happen.

### **STUDENTS FOR KIDS INTERNATIONAL PROJECTS**

[skipglasgow@googlemail.com](mailto:skipglasgow@googlemail.com)  
[www.skipkids.org.uk](http://www.skipkids.org.uk)

SKIP is a charity run by dental, nursing and medical students. There are over a dozen branches in the UK, but here in Glasgow we are currently helping with an orphanage. in Malawi. We travel out during the summer months to work on an expanding community development project. As well as that, we work throughout the year organising and fundraising for the summer expedition.

**MORE INFORMATION**

FOR MORE INFORMATION ABOUT CLUBS AND SOCIETIES AT THE UNIVERSITY OF GLASGOW, INCLUDING INFORMATION ABOUT AFFILIATION AND HOW TO START YOUR OWN CLUB, VISIT: [WWW.GLASGOWSTUDENT.NET/CLUBS](http://WWW.GLASGOWSTUDENT.NET/CLUBS)

**STUDENT STOP AIDS CAMPAIGN (GUSTOPAIDS)**

[www.stopaidscampaign.org.uk](http://www.stopaidscampaign.org.uk)  
[gustopaids@gmail.co.uk](mailto:gustopaids@gmail.co.uk)

GU Stop AIDS campaign, founded only last year is an exciting new organisation on campus. In short, Student Stop AIDS Campaign is a national student movement which advocates access to HIV/AIDS treatment for all. As well as making treatment affordable by creating a Patent Pool.

Last year, we had many events to both raise awareness and fundraise, these included National speaker tour, World AIDS Day, and the annual Day of Action in Westminster. Come along and find out more, get involved in a movement that makes a difference!

**STUDENT VOLUNTEERS ABROAD (SVA)**

[www.gla.ac.uk/clubs/sva](http://www.gla.ac.uk/clubs/sva)  
[sva\\_uk@yahoo.co.uk](mailto:sva_uk@yahoo.co.uk)

Want to experience the summer of a lifetime? SVA is a unique student run charity based here at Glasgow University.

During the summer we send students to a variety of different countries across the world, offering them the chance to work with local NGOs and organisations on sustainable community and environmental projects.

Our projects range from working with street children in Senegal to construction work in Nepal.

**TURNBULL HALL CATHOLIC SOCIETY**

[www.gla.ac.uk/services/catholicchaplancy](http://www.gla.ac.uk/services/catholicchaplancy)  
[rcchaplancy@gla.ac.uk](mailto:rcchaplancy@gla.ac.uk)

The Catholic Society is based in Turnbull Hall, the Catholic Chaplaincy to the University of Glasgow.

We're a vibrant community from all over the globe who are united by our Catholic faith, while being open to people of all faiths and none.

Our activities include a Sunday Nite Club, ceilidhs, week-ends away, retreats, and much more, including both fun and serious opportunities for learning about your faith. Come and see for yourself!



# VOLUNTEERING

[www.glasgowstudent.net/volunteer](http://www.glasgowstudent.net/volunteer)

## **THE STUDENT VOLUNTEER SUPPORT SERVICE**

If you want to use your spare time at University to do something a bit different whilst at the same time building your employability prospects, check out what's on offer through Student Volunteer Support Service (SVSS). The SVSS promotes volunteering opportunities for students on and off campus, providing valuable links with, and input into, the local community, as well as offering you the chance to escape from the West End and meet some interesting new people.

## **VOLUNTEER IN SCHOOLS**

As a volunteer in the Classroom Support Scheme, you'll be heading out to Primary, Secondary or Additional Support Needs schools and help the students out with lessons.

You will not be expected to lead any lessons, but you will work with small groups of children or on a one-to-one basis with them. Whatever the subject – from English to Chemistry or Geography or Drama, we can (usually) help.

## **MODERN LANGUAGES**

The SRC is also able to give language students and native speakers of French, Spanish and German the chance to practice their skills in local schools. As with the other subjects that students can volunteer with, you won't be expected to teach a whole class, but with many Glasgow schools now offering languages from P1 onwards, there is a great deal that you can do to impart your knowledge.

## **MANDARIN HUB**

The SRC have teamed up with Hillhead High School to give Chinese and Taiwanese students a chance to work at their Confucius Classroom. The aim of this is to help introduce students and local school pupils to Chinese culture.

## **CONVERSATIONAL ENGLISH PROGRAMME**

Many International Students at the University of Glasgow require support to help them improve their English Language Skills, and we're looking for volunteer tutors who are confident with their



English to meet with them for an hour or so every week and chat over a coffee. The SVSS also run English for Doctors, aiming to help refugee and asylum seeker medical professionals attain a high enough level of English to practice in the UK.

## **NIGHTLINE**

A confidential information, listening and email service run by trained student volunteers in conjunction with the SRC, from 7pm-7am every night during term time. As a Nightline volunteer you'll be taking calls and emails from other students and helping them, through problems that they might be having.

## **FIND A SOLUTION**

Find a Solution gives you the chance to give something back to the local community whilst at the same time gaining some invaluable work experience and developing your transferable skills. However, thanks to the University of Glasgow Settlement, you'll get paid for undertaking a Find a Solution placement. Previous projects have seen students carry out marketing strategies and feasibility studies for organisations as diverse as Glasgow Women's Library and the National Theatre of Scotland, so this is an excellent opportunity for you to put the skills you've learnt through academic study to good use.

## **GLASGOW UNIVERSITY SERVICE TO THE HOMELESS (GUSH)**

With hundreds of people who are at risk of sleeping rough in the city every year, you can help to make a difference in people's lives and provide them with an invaluable service when they're going through a difficult time. As a volunteer you'll assist with the Glasgow Simon Community Soup Kitchen in Glasgow City

Centre, where you'll provide food and hot drinks to the service users.

## **BUDDY A GRANNY**

If you're keen to work with elderly people, SVSS work with a number of residential care and nursing homes so that you can offer a friendly ear and some company to residents in the local community. Volunteering opportunities in this area range from helping out at lunch clubs to more challenging roles visiting residents who are suffering from dementia.

## **SPORTS COACHING**

With a significant emphasis being placed on leading a healthy lifestyle, and with the 2014 Glasgow Commonwealth Games just around the corner, there are a number of opportunities available for you if you're interested in volunteering in Sports. Whatever your sport, if you think that you can help young people to get more active then there's something here for you.

## **SPLASH**

Splash gives you the chance to help out in swimming classes for children with additional support needs. As a volunteer you do not need any previous experience to join in other than being able to swim, since you'll be working under the supervision of a qualified swimming coach.

## **WHY GET INVOLVED?**

SVSS offer volunteers experiences and opportunities to build valuable inter-personal skills needed in life such as communication and team work. That aside, we offer opportunities to gain experience in specific interests and have loads of fun at the same time. To arrange an appointment with the SVSS Coordinator just email [volunteer@src.gla.ac.uk](mailto:volunteer@src.gla.ac.uk).



# TRAVEL & HOUSING

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You will probably have already found a place to live for your first year. If you haven't, contact Residential Services.

They offer a whole range of information and services, whether you're looking for a flat with a private landlord, or a room in University accommodation. They're based at 73 Great George Street, open 10am to 4pm Monday to Friday. More information on their services is available at [www.gla.ac.uk/services/residentialservices/](http://www.gla.ac.uk/services/residentialservices/).

## LIVING AT HOME

Glasgow has a long tradition of attracting home students. The major benefit for home students, of course, is the huge financial savings to be made. Even if you are putting some money towards the upkeep of your home, the difference between this and renting is quite considerable.

Obviously, you are generally going to be a bit further from campus and may lack some of the freedom of your classmates as a result. It can also be a bit harder to get involved in on-campus activities in the evenings, but it's by no means

impossible: see Getting Around [P82] for advice on getting around. As you're saving money on rent it is worth remembering that at night time, getting a taxi is the safest way to get back home.

## HALLS

A lot of students, particularly those who are new to the city, choose to live in university accommodation during first year. There's good reason for this: aside from avoiding some of the complications of finding and living in your own flat, it's simply the best way to meet people, and with so many people living in the same place you're bound to find like-minded folk.

Plus, you don't have to worry about bills or dodgy landlords (in Wolfson Halls you don't even have to worry about cooking food or washing up). The downside is that the rules can be quite restrictive and it can get quite intense being constantly surrounded by other students, making it sometimes hard to get some time to yourself.

The following information should help you make your halls experience a happy one.



## WHO YOU WILL LIVE WITH

If you go into halls, you don't have much control over who you live with. While the University does as much as possible to put you in with people you're likely to get along with, and you can apply to live with your friends, there are no guarantees. On the one hand this is a bonus as you can make some fantastic friends through halls, but on the other hand you could have to share a kitchen with a complete idiot. If this should happen it's always worth asking for a swap.

## YOUR LANDLORD

Over the last few years the University has sold off most of its student accommodation to a housing association called Sanctuary Housing. However, most aspects of the day-to-day running of the buildings are still down to the Accommodation Office, and you will most likely have very little contact with Sanctuary Housing.

If you have a problem with your accommodation, however, the first person you should contact is your senior resident or warden or, if they can't help, the SRC Advice Centre.

## WARDENS AND SENIOR RESIDENTS

These are the people who live in the halls who make sure everyone is safe and sound. Each hall will have a Chief Warden or a Head Senior Resident, who is often a member of University staff living in the hall. There will also be several assistants with responsibility for a set number of rooms. Make sure you know who yours is and get on their good side, and they might let some things slide.

## RESIDENTS' COMMITTEES

Each hall has a Residents' Committee. This is supposed to do two things: represent the views of residents to the halls managers, and organise parties and events for residents. The committee is elected early in the year and given a budget to go towards events or new facilities for the halls (e.g. snooker tables or games systems).

Any resident can stand for election and an active Residents' Committee can make a real difference, campaigning for rule changes and for better services.



## LIFE IN HALLS

### FOOD

With the exception of Wolfson Hall, all university accommodation is self-catering. This means you'll be sharing a kitchen with several other people who live in nearby rooms. You'll probably need to borrow cooking utensils or groceries from your flatmates at one point or another. Make sure that you've come to some kind of agreement beforehand or ask first, wash up after yourself, and replace anything you eat.

If you are in Wolfson Hall you'll already have paid for your meals. They'll be served at set times of the day in a school dinners-type fashion. The food is generally fine, if a bit bland, but you don't have to wash up.

### LAUNDRY

Your hall will have a number of washing machines, tumble dryers and irons available. Demand can be high so it's often worth doing your washing at odd times of the day and night when it's less busy, but be respectful of your neighbours if you're running washing machines at midnight.

### COMMON ROOM

Most halls have a common room where students can hang out. Usually, it is equipped with things like a TV, videos, pool tables or arcade games.

### GUESTS

Access to halls is always restricted to some extent, but some halls are tougher than others. Obviously, you can have friends around to visit, but you will probably need to let them in yourself at the front door.

Officially, you're meant to notify a warden or senior resident if you are having a guest for the night so that in the event of a fire they know how many people are staying in the hall. However, your warden will understand that there are times when this is not possible.

### PARTIES

Halls regulations say parties are banned. However, 'social gatherings' of a few people are permitted, and the distinction between the two can be a very grey area. Whether or not

the 'gathering' you are having is allowed pretty much comes down to whether the warden or senior resident on duty is prepared to accept it, and that will usually depend on how much noise you're making.

## **CLEANING UP**

The tidiness or otherwise of your room is more or less up to you. Cleaners will visit occasionally, but usually just to empty the bin, and won't do any serious tidying.

However, if your room is so dirty at the end of the year that they need to call out industrial cleaners, you will end up having to pay for it.

The kitchen is another matter. If you regularly leave the kitchen in a state you'll fall out with your flatmates and the halls management.

## **ELECTRICAL DEVICES**

You are restricted in what kind of devices you can have in your room, due to fire regulations. While stereos and similar devices are allowed, white goods, such as fridges, stoves and so on are generally banned.

You are allowed to have your own TV but remember you'll need a TV licence; due to pesky laws each person with a TV needs their own licence while you're in halls.

## **SECURITY**

Your property will be covered to some extent by the insurance policy of the halls as a whole (although you should probably get your own insurance for more expensive items).

However, you will still need to take reasonable precautions to look after your things, otherwise the insurance company won't pay up. Lock your door any time you leave the room, even if you're

just going for a shower or to cook your dinner: burglars see halls as easy pickings due to all of the people living away from home for the first time.

## **POSTERS**

Careful with what you stick up posters with: if you stain or peel off the paint and it needs to be replaced, they'll take the cost off your deposit.

Blu-Tack is risky; pins are usually a safe bet. If you're unsure, make sure to ask your warden what your particular halls recommends.

## **EMERGENCY**

You'll be told on arrival what the procedure is in your residence in the event of a fire. If and when the alarm goes off the entire building must be evacuated and a register taken whether it's a drill or not, so make sure you're careful not to make too much smoke while you're cooking.

For legal reasons the fire service have to respond to every alarm, including prank ones, so if you get caught deliberately setting off a fire alarm without good reason, you will be billed for it.

In the event of a medical emergency, you should dial 999 and contact your warden or senior resident immediately.

Wardens and senior residents are all trained in first aid and resuscitation techniques.

## **CONTACT RESIDENTIAL SERVICES**

For more information about rules and regulations while staying in university accommodation, visit [www.gla.ac.uk/undergraduate/accommodation/](http://www.gla.ac.uk/undergraduate/accommodation/). You can also find useful links at [www.glasgowstudent.net/advice/accommodation](http://www.glasgowstudent.net/advice/accommodation).



## FLAT HUNTING

If you spent your first year in halls, or even if you spent it living at home with your parents, you will probably eventually want to move out and get a flat of your own.

There are plenty of different types of accommodation on offer, but the most important thing to remember when looking is that your home should be safe and secure.

The following pages will help you find the place that's right for you and make sure your landlord is behaving him/herself.

More information is available online at: [www.glasgowstudent.net/advice/accommodation](http://www.glasgowstudent.net/advice/accommodation).

### WHEN?

Many leases for flats in Glasgow run for one year, from July-June. People who are leaving flats normally have to give their landlord at least one month's notice (40 days if the flat's let for more than 4 months), so this means that they will mostly be advertising for new tenants in March, April and May.

This is fine if you're staying in Glasgow over the summer but if you're not, you'll probably have to pay throughout the summer anyway.

### HOW MUCH?

As a rough guide, expect to pay at least £250 for a room in a 3 or 4 bedroom flat in the West End, excluding bills. It is possible to find cheaper but cheap flats are usually unlicensed by the Council and could be dangerous as a result.

If you're looking for something a bit less expensive, the best way to save money is to search for flats beyond the West End. The South Side of Glasgow tends to be considerably cheaper.

### WHO WITH?

Picking your flatmates is almost as important as picking your flat. Living with your best mate isn't always the best plan: living with a person can bring stresses to any relationship, and what you need is someone who is going to pay their share of the bills, has a similar sense of tidiness, and who you're not going to end up fighting with.



**WHERE TO LOOK****PAD (PRIVATE ACCOMMODATION DATABASE)**

PAD is a database of private flats available for rent to students attending any of the five institutions in Glasgow.

While all properties listed should be licensed, PAD do not inspect every property they list.

There's a huge amount of competition with other students so get in there early.

PAD can be found at [www.accom.gla.ac.uk/pad](http://www.accom.gla.ac.uk/pad), or listings can be collected from the Accommodation Office.

**NOTICEBOARDS**

The John McIntyre Building and both unions have boards advertising rooms in student flats around the city. Department notice-boards are also a good source of spare rooms to let.

**ADS IN SHOP WINDOWS**

A couple of newsagents on Byres Road list flats for rent. Go prepared with pen, paper and a phone, so you can get on the case pronto. Newsagents can't run checks on the landlords who advertise, so be extra careful.

**THE PRESS**

The Herald (Wednesday), Evening Times (Tuesday, Wednesday, Thursday), the Sunday Herald (Sunday) and the List (fortnightly) all carry property adverts.

These are good if you're looking to save money by living outside the main student areas, but you're up against thousands of other readers so you have to get in quick.

**LETTING AGENTS**

Renting through a reputable letting agent can save a lot of headaches: the better ones tend to be good about dealing with any problems that arise while you're living there.

However, some companies have gained themselves a bad reputation over the years so ask around and be extra vigilant when viewing properties.

Letting Agents make their money by taking a commission on the rent and sometimes charging hefty "administration" fees, so expect to pay more.

These administration fees are believed to be unlawful but most letting agents still charge them, and it's not guaranteed that you would succeed in challenging them, so it's probably best to factor them into your budget and shop around for the most reasonable fees.

You don't have to pay anything until you have found somewhere you like. If they try to charge you before that, stay well clear.

**WEBSITES**

The SRC lists flats available to rent at [www.glasgowstudent.net/services/flatshare](http://www.glasgowstudent.net/services/flatshare). Sites like [www.s1rental.com](http://www.s1rental.com), [www.lettingweb.com](http://www.lettingweb.com) and [www.citylets.co.uk](http://www.citylets.co.uk) all have huge databases and usually offer more information than other sources, although flats on these tend to be picked up quickly.

**WORD OF MOUTH**

If you hear about someone moving out of a flat, find out what's happening to it. You might be able to get in early and you can find out from an impartial source about any problems the flat might have.



## AREAS OF GLASGOW

There are a huge number of students who want to live close to campus, and only so many flats to go round. Landlords realise this, and consequently a lot of them charge huge amounts for relatively shabby flats. You might decide that it's worth it, and it is nice to be in the middle of the action, but moving even a couple of streets away, past Byres or Great Western Road, will get you a lot more flat for your money.

Glasgow is split up into many districts which differ greatly in terms of average price and flat quality.

Here's a few of the ones that are popular with students. Bear in mind, though, that they tend to be tiny areas, so don't set your heart on Hyndland, for example, when Dowanhill's just down the road.

### **AREAS IN THE WEST END**

#### **HILLHEAD G12**

Everyone wants a flat in Hillhead. It's the square that runs from Byres Road to Gibson Street and along to Great Western Road (so it's about as close to campus as you can get). The properties

in this area are nearly all sandstone tenements and are usually well maintained. Prices and availability reflect this.

You occasionally get lucky but be suspicious of anything going too cheap in this area or anything that's been on the market for longer than a month or so.

If it sounds too good to be true, it probably is. If you're in this situation, find out what's wrong with it and see if it's something you can live with.

#### **WOODLANDS/ST GEORGES CROSS G4**

The area between campus and city centre, Woodlands Road and Great Western Road. Almost as convenient for uni as Hillhead but generally slightly cheaper and more widely available. Still, be careful: Woodlands is particularly rife with unscrupulous landlords and rundown flats, so check any flat very carefully before moving in.

As an area, though, it has a great multi-cultural vibe and you can take advantage of the excellent shops on Woodlands Road.

## YORKHILL/FINNIESTON G3

The Sauchiehall/Argyle Street end of Kelvingrove Park and up the hill to Yorkhill Hospital is often more affordable than the Woodlands end of the park, with a better range of accommodation available.

It's still only fifteen minutes' walk from campus but be careful walking back at night from the unions (and never cut through the park at night).

There's a wide range of accommodation at affordable prices but quality can be patchy and it's not the safest part of Glasgow. There are also no subway stations nearby.

## PARTICK G11

Dumbarton Road to Byres Road (south). It's a fair way from the city centre, but campus is still within easy walking distance. It has fantastic transport connections so you don't need to walk home at night. Plenty of good (if a little odd) shops about too.

## HYNDLAND G12

The area north of Partick going up to Great Western Road. You'll find leafy streets and beautiful properties, but at a bit of a premium. This is a safe, upmarket, family area so it can get expensive and depending on your neighbours, loud parties don't always go down that well.

## JORDANHILL/KNIGHTSWOOD G13

West beyond Partick it gets cheaper but less gentrified. There's a lot less competition with other students and it's much cheaper than the rest of the West End. It's inconvenient for campus, though, and the bus can take ages in the rush hour traffic.

## MARYHILL/N KELVINSIDE G20

The area around Queen Margaret Drive and going up to Maryhill Road is very pleasant. If you're prepared to live that bit further out, you can pick up a bargain.

However, the scarcity of transport and lack of local amenities can cause a problem. Also, the further into Maryhill you go, the higher the crime figures rise. You are advised to stay in the more gentrified Kelvinside end if you can.

## BEYOND THE WEST END

Glasgow City Centre is not cheap, so a loft apartment in a converted warehouse in the Merchant City, while desirable, is probably beyond your budget.

However, if you don't fancy the West End, there are other options.

## SHAWLANDS

The cultural hub of the south side is becoming increasingly trendy and it's more affordable than the West End (and there's less competition from other students). However, there's no subway, so unless you have a car you'll be bussing it everywhere. Luckily the Shawlands/campus/city centre bus service isn't bad and it's well serviced by the railway.

## GOVAN AND IBROX

If you want to go for something a bit cheaper, then lots of students head for Govan and Ibrox (south-west of the city).

They can be quite bad for crime, and they're a bit out of the way if you like going out, but the area is serviced by the subway, making it convenient for the West End and the city centre.



## OTHER CONCERNS

### HMO LICENCES

Any flat which houses three or more unrelated people is a House in Multiple Occupation (HMO) and the City Council requires the landlord of such properties to maintain certain standards of repair and safety.

If you're flat hunting with two or more people or think you are likely to move in to a flat that already has two or more residents then it's important from a safety perspective that the landlord has a current HMO licence for the property. If they don't, then you shouldn't take the flat. It's just not worth the risk.

The information below should give you a good idea of how the system works. It gets a bit complicated but if you have any questions let your landlord or letting agent know.

Before signing a tenancy agreement check that the landlord holds an HMO licence.

If you live with an owner they do not count for numbers towards deciding whether a house is an HMO.

For example, you live with the owner and another lodger then this isn't an HMO but if you live with the owner and two lodgers then this is an HMO. If you're part of a couple living with one other person, your landlord also doesn't need an HMO licence.

Any owner operating an unlicensed HMO will be liable to prosecution. However, your tenancy rights remain unaffected and you can only be evicted by court order if you breach your tenancy.

Anyone who rents out a flat or house must be registered with the local council. Holders of HMO licences are automatically registered. Landlords must be a 'fit and proper person'.

It is illegal to let out a property without being registered and the council can stop the rental income of unregistered landlords.

You can check whether a prospective landlord is registered through the website [www.landlordregistrationscotland.gov.uk](http://www.landlordregistrationscotland.gov.uk) (although if they have only recently applied they probably won't be listed yet).

If you're in any doubt, Glasgow City Council's Licensing Section can help you on 0141 287 4535. You can get free advice at the SRC Advice Centre or by visiting [www.glasgowstudent.net/advice](http://www.glasgowstudent.net/advice).

## TYPES OF ACCOMMODATION

### SELF-CONTAINED FURNISHED FLATS

These are flats or houses with one or more bedrooms where you will be expected to sign a lease for the entire property rather than a room within it.

This is the most popular option for groups of students who wish to live together. While these flats are furnished you will often be expected to provide your own bed linen, crockery, cutlery and cooking utensils.

Most of the information in this guide will concern this type of property.

### ROOM IN A FLAT

This popular option is often advertised by a student or single person owning a flat or a group of students who have taken on a flat and have ended up with a spare room.

### ROOM IN THE LANDLORD'S HOME

Families or single persons sometimes let a vacant room in their home to students.

Meals may be provided, or alternatively you may be given access to cooking facilities.

An advantage for international students is the opportunity to improve your English and become part of a family. However, living with your landlord can be

intrusive and mean you have to give up a lot of independence.

### BEDSITS

A bedsit is a room, which provides sleeping and living/study space and occasionally a cooking area.

The bathroom (and often the kitchen) is shared with other tenants and may well be cleaned by the landlord.

## WHO TO SPEAK TO

Moving flats can be quite a stressful experience, but luckily there is support available when you need it.

Here are some useful contacts if you're looking for some advice about moving into a new flat.

### SRC ADVICE CENTRE

JOHN MCINTYRE BUILDING  
[www.glasgowstudent.net/advice](http://www.glasgowstudent.net/advice)  
[advice@src.gla.ac.uk](mailto:advice@src.gla.ac.uk)  
 0141 339 8541

### ACCOMMODATION SERVICE

73 GREAT GEORGE STREET  
[accom@gla.ac.uk](mailto:accom@gla.ac.uk)  
[www.gla.ac.uk/undergraduate/accommodation/privateaccommodation/](http://www.gla.ac.uk/undergraduate/accommodation/privateaccommodation/)

### SHELTER (HOUSING AND HOMELESS CHARITY)

[scotland.shelter.org.uk](http://scotland.shelter.org.uk)  
 0808 800 4444

### GLASGOW CITY COUNCIL

[www.glasgow.gov.uk/en/Residents](http://www.glasgow.gov.uk/en/Residents)  
 LICENSING SECTION (HMOS)  
 0141 287 4535



## BUYING

### WHY BUY?

Increasingly students are exploring the option of buying property. This is partly because rents in the West End are expensive, making buying a potential saving and investment. It also means you can avoid unscrupulous landlords and unsafe flats. There are, however, complications and issues that need to be considered before going down this route. Bear in mind that the economy is in a recession at the moment: buying a house might not be as great an investment as it was even a couple of years ago.

### KEY POINTS

You will most likely need a guarantor to back you financially. Generally it must be a parent, guardian or someone close to you. Guarantors must be either British citizens or permanent UK residents.

The bank will lend you up to a percentage of the price of the flat. However, in Scotland properties are advertised as 'offers over' a base price. For flats in the West End you usually have to pay at

least 10-20% above the asking price. Whatever you pay above the asking price, you'll have to stump up.

Plus you will need a deposit of at least 10% so you need to have some serious money available to you before you even start.

Flats in the West End and the City Centre are not cheap, so calculating whether buying or renting will be better for you in the long run is very important.

### RENTING OR BUYING?

You need to consider the total cost of borrowing and the likely return on any investment.

Currently, the cost of borrowing is very high, and house prices are slowly falling, but in the current economic climate it's difficult to predict how these will change in the future.

Some financial experts say that if you rent and invest wisely, you can accumulate wealth faster than by going heavily into debt and buying.

That's because just paying the interest on a large mortgage may often be greater than rent payments.

Rents in the West End are high. By buying a property you will avoid the astronomical rents that landlords often charge – and if you rent remaining rooms out to others you can get a healthy return on the investment, even while you're still living there.

Although borrowed money is not easily accessible at the moment, some people are still buying when they can't really afford to.

Check all of the terms and conditions of any borrowing you take out to make sure you know what you are taking on.

If you do get into difficulty with mortgage payments, remember you have the right to ask for time to pay under the Mortgage Rights (Scotland) Act 2001.

If you own the property, then you will be responsible for maintenance and repairs – this includes a share of costs for common areas such as the roof or the stairs.

## **FEES AND PURCHASE COSTS**

Buying property can be very expensive. Before you've even moved in, there are some hidden costs that very quickly mount up.

### **DEPOSIT**

You are likely to need at least 10% of the value of the property.

### **A VALUATION FEE**

Paid to your mortgage lender up front to value the property

### **SURVEY FEES**

Don't consider making an offer until a survey

has been done on the property (It is now the responsibility of the seller to provide a home report which should include a survey).

### **ARRANGEMENT FEES**

Some lenders charge this when setting up the mortgage.

### **MOVING COSTS**

If you decide to use a removal firm it may be a good idea to get more than one quote as prices can vary. It is also a good idea to check what insurance any companies have to cover your possessions during the move.

### **CONVEYANCING**

The legal bit that actually makes the property yours, such as conducting property searches.

## **YOUR RESPONSIBILITIES**

If you are thinking about buying and then covering some of the costs by renting out some of the rooms then most of the points on the checklist for renting property will still apply – the difference is that you're the landlord, so it's your responsibility to make sure that the property complies with safety standards etc.

For HMO licensing an owner occupier does not count as a qualifying person.

This means you can have two tenants in addition to yourself and not need a licence.

If you do need an HMO licence you'll need to pay a fee to the Council as well as for any necessary work on your property.

It's also your responsibility to make sure that your tenants pay their rent.

When it's friends involved, this can be harder than you'd think.



## REPAIR & SAFETY

So you're about to sign a lease and settle into a life of suburban bliss?

Not so fast, Susan Kennedy: you've got a couple of things to check first.

Your landlord must keep the property as well as any furniture and fittings in a state of good repair and deal fairly with you with regards to rent and any other payments.

For example, they must go through the correct procedure if they want to increase your rent; they cannot re-sell you gas or electricity at a profit; they cannot withhold your deposit without good reason; and it is illegal for them to evict you without a court order.

Your landlord is also responsible for making sure that the behaviour of any tenants living in the flat does not annoy or upset other people living in the neighbourhood.

Before the council grants an HMO licence they must check that the owner and anyone who manages the property don't have any criminal convictions that would make them unsuitable

to rent property.

They should check that your landlord respects your legal rights as a tenant, but still be careful. You should be given a written tenancy agreement stating your landlord's responsibilities.

### **WHAT ARE MY LANDLORD'S DUTIES?**

To keep the stairwell, hall, shared kitchen and bathroom in good repair.

To keep the cooker, boiler, fridge, sinks, bath and lighting in good repair.

To keep all facilities for heating, hot water and ventilation in good order

To ensure all gas appliances and installations are safe and checked once a year by an engineer who is on the Gas Safe Register.

To ensure that all electrical appliances and installations are safe and tested every three years by a contractor approved by the National Inspection Council for Electrical Installation



Contracting or the Electrical Contractors Association of Scotland.

To ensure that all fire precautions (for example, smoke alarms and fire extinguishers) are in good working order and that the fire escape route is kept safe and free from obstructions.

To ensure that supplied furniture isn't flammable.

To maintain the roof, windows and exterior and ensure the property is wind and watertight.

To provide enough rubbish bins.

To return your deposit within a reasonable time when you move out, preferably within 14 days.

To put up notices explaining what to do in an emergency and giving the name and address of the landlord or letting agent.

To ensure that the property has good locks on the doors and windows.

To ensure that there is a phone line installed so that tenants can set up a contract with a phone company to supply the service.

## **WHAT ARE MY DUTIES?**

To let your landlord know if anything in the property needs to be repaired.

To take good care of the property and try not to damage anything.

To not let rubbish pile up in or around the property but dispose of it properly in the bins provided.

To let the landlord inspect the property so they can check what maintenance work needs doing. Generally this should happen every six months.

You are entitled to reasonable advance notice.

To make sure that you don't behave in a way that can annoy or upset your neighbours. Your landlord is responsible for dealing with any complaints made by your neighbours and can take action if they are unhappy with your behaviour.

You are responsible for all bills such as electricity and gas. Full-time students don't have to pay Council Tax, but you need to get a Council Tax exemption form stamped at the registry.

## **WHAT IF STANDARDS AREN'T MET?**

Talk to your landlord if possible – he or she may not realise that there is a problem unless you discuss it with them.

If you are worried about confronting your landlord or if they refuse to correct the problem, you can get in touch with the Council, which in some circumstances may have enforcement powers which it can use, or threaten to use, to make your landlord bring the management and physical conditions of the property up to a liveable standard.

## **WHO CAN I CONTACT?**

You may be able to use the Private Rented Housing Panel to enforce repairs.

For further information see [www.prhpscotland.gov.uk](http://www.prhpscotland.gov.uk)

If you have a problem relating to the upkeep of your flat and you're not sure how to deal with it, then the SRC Advice Centre should be able to give you some practical advice.

For more information and useful contacts, please visit: [www.glasgowstudent.net/advice](http://www.glasgowstudent.net/advice).



## CHECKLIST

Never accept accommodation without seeing it first and going through a checklist of queries.

A quick way to judge the suitability of a property is to talk to the current occupants and neighbours. You may also find it useful to make notes using the following list as a guide. It might not seem like much fun but it means you'll get the right place for you and know it's safe and secure.

### **FURNITURE AND FITTINGS**

Is it adequately furnished for your needs, including a desk and shelf space?

Is the kitchen suitable for the preparation and storage of food?

Is all the furniture included in the lease?

Is everything in good condition and in working order?

Is there an inventory of contents?

If not make one and get your landlord to sign it

so you don't get charged for existing damage.

### **GAS/ELECTRICITY/WATER**

Take gas/electricity meter readings as soon as you take up the tenancy.

Is there a certificate of inspection for any gas appliances? Is it up to date?

Do you have to share the bills with other tenants?

Check heating appliances work properly. If plugs on any equipment get hot, the wiring may be faulty.

Check the cooker works properly – rings, oven, grill and timer.

Check the shower works and try the taps

Look for signs of damp and leaks, especially gas and water.

### **SAFETY AND SECURITY**

What is the neighbourhood lighting like?

Are there late night buses to the area?

If the flat is at ground level, is it secure? Inspect door and window locks.

Do the windows open for emergency purposes?

Get insurance for your own property and identify your belongings with an indelible pen.

Is a smoke alarm fitted and does it work?

Do any gas or electric appliances look unsafe? Are carbon monoxide detectors fitted near gas appliances?

Familiarise yourself with emergency procedures, especially the way out in the event of a fire.

Are there soft furnishings or combustible materials in the shared hallways? if so, this is classified as a fire risk.

## SERVICES

What services are provided/included?

Who cleans the windows?

Make sure you aren't responsible for repairs and renewals.

If the garden is your responsibility, where are the tools?

Who maintains common/stair lighting?

What is the arrangement for disposal/collection of rubbish and waste?

Where is the nearest medical centre?

Where's the nearest supermarket?

Is there access to storage facilities in the flat e.g.

for bikes?

Is there free parking nearby?

Remember that the TV licence is your responsibility.

## MONEY

How much is the rent and when is it due?

How should the rent be paid? (Make sure you get receipts if your landlord wants cash).

What does your rent include?

Does it include water rates and council tax? If all the people in your flat are full-time students you will be exempt from Council Tax if you have submitted an Exemption Form.

Is there a deposit? This is usually one month's rent, but can be up to two.

Do you have a receipt for all payments made?

## AGREEMENTS

Do you understand your contract? If you don't, take it to the SRC Advice Centre before signing it.

What type of agreement is it?

Have you found out any useful information from the neighbours or tenants?


Do you know the landlord's name, address and telephone number?

Have you had your lease/agreement checked and do you have a copy?

You should notify the landlord in writing if you have any complaints and get written agreement for any undertakings or promises.

# Get insurance, get peace of mind.

Endsleigh's specialist insurance protects your treasured possessions against theft or damage.



Start earning  
up to 25% no  
claims discount  
if you don't  
make a claim\*

## More from Endsleigh...

- Next day laptop replacement for theft or loss\*\*
- Build a no claims discount of up to 25%\*
- We're the only insurance provider recommended by NUS



To get a personalised quote from  
Endsleigh simply go online to:  
[endsleigh.co.uk/university](https://endsleigh.co.uk/university)  
or call **0800 783 5499**

Recommended by  national union of students

\*For each consecutive year that you don't make a claim, you earn a discount on your next policy saving you up to a maximum of 25% after 5 years. Once you graduate you can then transfer your no claims discount earned to a graduate home insurance policy with Endsleigh. \*\*Excludes iPads. Next day represents 1 working day from us accepting your claim. Endsleigh Insurance Services Limited is authorised and regulated by the Financial Services Authority. This can be checked on the FSA Register by visiting its website at [www.fsa.gov.uk](http://www.fsa.gov.uk)

A member of the  Zurich Financial Services Group



**We're behind you.**



Make sure you keep a copy of everything.

Your landlord cannot impose administration charges or charge you for preparing a lease or inventory.

If you have been charged for anything other than rent or a deposit you have the right to a refund. Letting agents routinely charge administration fees and credit check fees.

The SRC believes that these are unlawful, but they are very widespread, and a legal challenge is not guaranteed to be successful.

If you would like further information on challenging administration fees, please speak to the SRC Advice Centre.

Never part with money without a receipt, and don't be fobbed off with inadequate answers.

If you aren't sure, take your time to consider. It may not be easy to change your agreement once you have signed.

A reputable landlord should not mind you

checking everything out before committing yourself.

## **EVICITION**

Generally, landlords cannot evict tenants without going to court and getting an order for repossession.

It is usually a criminal offence for a landlord to try to remove his tenants by changing locks, cutting off fuel supplies or using threatening behaviour.

If you think you are about to be evicted, speak to the SRC Advice Centre (ground floor of the John McIntyre Building).

In an emergency, phone the police.

## **MORE INFORMATION**

For more information about private accommodation safety and tips and tricks on how to survive live outside of halls, please visit the accommodation section of the SRC Advice Centre website at: [www.glasgowstudent.net/advice/accommodation](http://www.glasgowstudent.net/advice/accommodation).



## GETTING AROUND

WHILE MANY PLACES IN GLASGOW ARE WALKABLE, IT'S WORTH LEARNING THE BEST WAYS TO GET AROUND, ESPECIALLY LATE AT NIGHT.

On the whole public transport in and around Glasgow is really good. The subway provides a fast and efficient service around the city centre and there are bus routes that cover most thoroughfares.

In addition services like the low-level trains provide cheap routes to get a little further afield. Many students end up never leaving the West End and the city centre, but it's worth seeing what the rest of Glasgow has to offer.

### **BUSES**

Glasgow bus drivers only accept exact change so if you're out for the night it's worth holding on to some cash for the journey home. Most buses will drop you in town, either on Union Street (almost all of them), George Square (11, 51) or Buchanan Bus Station (the ones which say "Buchanan Bus Station" on the front, oddly enough).

Bus stops will show the numbers of the buses

stopping there, and quite often electric signs telling you when the next few buses are due – this is particularly important in town where buses do not stop at every stop.

Just stick out your hand and the driver will pull over to let you on. If you're not sure where the bus is going then just ask.

### **NIGHT BUS**

On Friday and Saturday nights there's a good bus service through the night in Glasgow and as long as you know where you're going, and the route that the bus takes, you'll be fine. Bus drivers are unlikely to give you much information so find out for yourself from Traveline Scotland (0871 200 2233). Assaults, muggings and pick-pocketing do take place on the buses, but these are rare, especially on the buses out to the West End (numbers 66, 9 and 62). Still, be careful. If anyone is bothering you, sit at the front near the driver. Get off and on at well lit, busier bus stops

if you can. For the latest night bus ticket prices, visit [www.firstgroup.com](http://www.firstgroup.com). Remember though that there is no change given to passengers, so always keep some shrapnel in your pocket for the trip back.

## **FREE SRC MINIBUS SERVICE**

The SRC runs a free bus service taking students from halls to campus on weekday mornings and evenings. Check [www.glasgowstudent.net/services](http://www.glasgowstudent.net/services) for up-to-date timetables and locations.

## **SUBWAY**

The Glasgow Subway system opened in 1896, making it the third oldest in the world behind London and Budapest. It has never expanded past its one circular line, although a new line is currently being planned. It's quite far from halls, but it serves the West End and city centre well. The nearest stations to Uni are Hillhead on Byres Road and Kelvinbridge on Great Western Road. Buchanan Street and St. Enoch drop you in the centre of town. Trains run 4-8 minutes, Mon-Sat 0630-2330, Sun 1000-1750.

For the latest ticket prices and more information about the Glasgow Subway, please visit: [www.spt.co.uk/subway](http://www.spt.co.uk/subway).

## **COACHES**

Buchanan Bus Station serves not only as the hub of Glasgow bus routes but also provides coach services throughout the country and into Europe.

## **FLYING**

Glasgow is served by two airports, Glasgow and Prestwick, offering a range of flight destinations and operators. Both airports have good bus links from Buchanan Street; Prestwick is also served by a rail link from Central Station.

## **TRAINS**

Glasgow's got two large train stations in the city centre: Queen Street, which has trains to Edinburgh and the north and east of Scotland, and Central, which will take you pretty much everywhere else. The city is also well served by a light railway system, which has a large number of stations within the city and beyond.

## **TAXIS**

Taxi ranks are dotted all over the city centre and the West End, and you can hail a black cab if they have their orange lights on. You rarely end up paying much more than eight quid wherever you are in Glasgow.

The black cabs are vetted by the City Council and completely safe, but slightly more expensive. There are also private taxi companies and minicab firms, which are cheaper but can't be hailed and must be called out. It's worth getting a couple of numbers, but if not, many pubs and clubs will be able to give you the number of a reputable firm.

## **DRIVING**

Owning a car in Glasgow can be tricky – there's very little free parking in the West End and the one-way systems are often baffling. It's worth asking yourself if you really need your car in the city; it might be best to leave it at home. If you do need your car, consider getting a residents' parking permit from the Council – it'll allow you to park in pay and display bays in your area for free. Give them a phone at 0141 287 4040. You've heard it all before, but obviously if you're going for a night out, leave the car at home. Glasgow's public transport is great, and driving drunk is a staggeringly stupid thing to do. Even one drink can affect your driving ability more than you think. Don't drive, and don't get into a car if you think the driver's been drinking. If you don't have

# SRC MINIBUS SERVICE

## MURANO STREET

### MURANO ST TO CAMPUS

SRC1 8.00 8.40 9.20 10.00 10.30 18.00 18.30 19.00 19.30 20.10 20.40 21.10 21.45 22.15 22.45

### CAMPUS TO MURANO STREET

SRC1 7.45 8.20 9.00 9.40 10.15 17.45 18.15 18.45 19.15 20.00 20.30 20.50 21.30 21.55 22.35

SRC3 20.10 20.55 21.40 22.25

### MURANO ST TO WOLFSON HALL

SRC3 20.25 21.10 21.55 22.40

## QUEEN MARGARET HALLS

### QUEEN MARGARET HALLS TO CAMPUS

SRC3 8.00 8.55 9.45 10.35 18.15 19.00 19.45 20.45 21.30 22.15

### CAMPUS TO QUEEN MARGARET HALLS

SRC3 7.45 8.35 9.30 10.20 18.00 18.45 19.30

SRC2 20.00 20.30 21.00 21.30 22.00 22.30

AFTER 20.00 SRC3 WILL ONLY GO TO THIS HALL ON REQUEST TO THE DRIVER IN ADVANCE (CHECK MAIN TIMETABLE FOR SRC3 TO MURANO ST)

### QUEEN MARGARET HALLS TO WOLFSON HALL

SRC2 17.50 18.30 19.10 20.05 20.35 21.05 21.35 22.05

## WOLFSON HALL

### WOLFSON HALL TO CAMPUS

SRC2 8.00 8.45 9.25 10.10 18.05 18.45 19.25 20.15 20.45 21.15 21.45 22.15 22.45

SRC3 20.40 21.25 22.10 22.50

### CAMPUS TO WOLFSON

SRC2 7.30 8.25 9.00 9.45 17.45 18.25 19.05 20.00 20.30 21.00 21.30 22.00 22.30

SRC3 20.10 20.55 21.40 22.25

## MACLAY, KELVINHAUGH ST & CAIRNCROSS HALLS

### MACLAY HALLS, KELVINHAUGH ST & CAIRNCROSS HALLS TO CAMPUS

SRC3 8.25 9.20 10.10 17.50 18.35 19.20

SRC1 20.25 21.25 22.30 23.00

### CAMPUS TO MACLAY HALLS, KELVINHAUGH ST & CAIRNCROSS HALLS

SRC3 8.15 9.10 10.00 17.45 18.30 19.15

SRC1 20.20 20.50 21.20 21.55 22.25 22.55

AFTER 20.00 SRC3 WILL ONLY GO TO THIS HALL ON REQUEST TO THE DRIVER IN ADVANCE (CHECK MAIN TIMETABLE FOR SRC3 TO MURANO ST)

\*BUSES DEPART FROM DESIGNATED BUS STOPS AT EACH HALLS OF RESIDENCE AND AT THE REAR OF THE JOHN MCINTYRE BUILDING. FOR MORE INFORMATION VISIT [WWW.GLASGOWSTUDENT.NET/SERVICES/MINIBUS](http://WWW.GLASGOWSTUDENT.NET/SERVICES/MINIBUS)



**USEFUL BUS ROUTES**

<b>BUS NUMBER</b>	66
<b>ROUTE</b>	GWR - TO TOWN
<b>TIME</b>	20-30 MINS IN EVE, 60 MINS AT NIGHT, 15 AT W'END
<b>DESTINATIONS</b>	EAST KILBRIDE/MOUNTBLOW
<b>LEAVE TOWN FROM</b>	GLASSFORD ST/GEORGE ST/TOP OF HOPE ST
<b>BUS NUMBER</b>	40
<b>ROUTE</b>	TOWN VIA MARYHILL RD, WOLFSON & MURANO ST
<b>TIME</b>	20-30 MINS IN EVE, 60 MINS AT NIGHT, 20 AT W'END
<b>DESTINATIONS</b>	EASTERHOUSE/CLYDEBANK
<b>LEAVE TOWN FROM</b>	TRONGATE/SUB CLUB/ HOPE ST
<b>BUS NUMBER</b>	44
<b>ROUTE</b>	UNIVERSITY AVENUE TO TOWN/SOUTH SIDE
<b>TIME</b>	10 MINS DURING DAY, 30 MINS IN EVE, NO NIGHT SERVICE
<b>DESTINATIONS</b>	NEWTON MEARNS/KNIGHTSWOOD
<b>LEAVE TOWN FROM</b>	BOTTOM OF HOPE STREET/BATH STREET

**For the latest information about Glasgow bus routes, timetables and fares, visit: [www.firstgroup.com](http://www.firstgroup.com)**

a choice but to take a car, designate a driver. Contrary to popular belief, it is possible to have a good night out sober.

**WALKING HOME**

Sometimes when the taxi queue is huge or you're feeling a bit skint, walking can seem like a good idea.

Unless you do something stupid, this is fine. Glasgow is no more dangerous than any other big city – but still, be wary.

Avoid walking around at night on your own: arrange to meet friends before you leave the club or party. Kelvingrove Park is notorious for attacks: never walk through it at night.

If you think someone's following you go into a 24 hour shop and phone for a taxi.

Make sure that you keep to well lit areas and main roads, and walk in the centre of the pavement; have your keys ready before you get to your

door; avoid carrying around more cash than you need; carry your wallet or purse in a front rather than a back pocket. It's worth considering carrying a personal alarm just in case.

**TRAVEL DISCOUNTS**

Travel companies offer a number of discount schemes for people who tend to travel a lot. SPT offer deals like the Discovery ticket (£3.50 for one day's unlimited Subway travel) and Zone Cards (which can provide access to all SPT services for varying areas and periods); check [www.spt.co.uk/tickets](http://www.spt.co.uk/tickets)

First Bus also offer a range of short and long term bus tickets at [www.firstgroup.com](http://www.firstgroup.com).

Railcards are a good way to save money if you travel a long way from Glasgow a lot – all students (including mature students) can apply for one, saving you a third off all rail journeys.

Check [www.railcard.co.uk](http://www.railcard.co.uk) for more information about railcards and pricing information.



# MONEY

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## GRANTS & LOANS

READY TO ENTER THE WILD WORLD OF INCOME-ASSESSED LOANS, TRAVEL EXPENSES AND BANK CHARGES? READ ON, (AND TRY TO CONTAIN YOUR EXCITEMENT).

There's no doubt about it: university is an expensive business. Along with books, rent, bills, and maybe also tuition fees, the simple fact that you've likely never had to manage your own money before means that you're probably going to start out spending a lot of money that you don't need to.

Living cheaply is an art, and the only way to perfect it is through practice. Don't worry about it too much: everyone learns how eventually.

Luckily, there are a number of systems in place to make sure that you've at least got enough to get by while you're studying.

### **STUDENT LOANS**

A student loan is a cheap way for students to borrow money. It's like a bank loan in one way, in that you get money now and repay it in bits over a number of years. But it's better than a bank loan in that you won't have to repay any

money until your income reaches a certain level, and you won't be charged a commercial interest rate, meaning that you won't have to pay any more than you borrowed in the first place, in real terms.

### APPLYING FOR IT

Most undergraduate students are eligible for a student loan. The money you get will be borrowed from the Student Loans Company (SLC), but you have to apply through your local funding body: it won't be sent automatically. In Scotland, that means the SAAS (see side of next page for contact details).

If you're from England Wales or Northern Ireland, that means your application would be dealt with by Student Finance England, Student Finance Wales or Student Finance NI. Students from elsewhere in the EU are not entitled to a UK student loan.

Once you've applied you will be assessed to see

how much you are entitled to. The size of your loan varies due to a means test based on your parents' income or, if you're living with your partner, their income; your course, and any other income you receive.

Depending on this assessment, the size of your loan can be up to £5,067 a year. For Scottish undergraduate students studying in Scotland, this will be paid monthly. Other students will continue to receive this in three instalments throughout the academic year.

Students supported by SAAS must fill their applications out online, except in exceptional circumstances. Students supported by other funding bodies can apply online or can fill out a form.

## PAYING IT BACK

You don't have to make any repayments until your course is finished, you have found a job, and you are earning a certain amount (at the moment the threshold for repayments is a gross annual income of £15,000).

If you work as an employee, repayments will be automatically deducted, like tax, from your pay. If you are self-employed, you'll have to sort this out when you file your tax returns with the Inland Revenue.

You should receive a statement every year letting you know how much you have paid back and how your loan currently stands.

Your loan is linked to inflation, which means that although it gets bigger as a number, it doesn't get any bigger in real terms: you will only ever pay back what you borrowed.

## SUPPORT AVAILABLE

There are a range of funds that may be eligible

to you, depending on your circumstances. See side of next page for sources of information and contact details.

## SAAS DISCRETIONARY FUNDS

Only students from the UK are eligible to apply for these awards, and you must meet certain criteria. To qualify, you must live in your own home or in some form of rented accommodation or have childcare costs, including travel costs incurred by taking children to childcare; or have additional costs arising out of a disability which are not met by the grant-awarding agency; or be a mature student, that is, over 25 at the start of the current academic year.

Students on part-time undergraduate programmes can also apply for limited support towards course and travel costs.

You must have already claimed your full student loan entitlement, if you are entitled to one, and your parents must already make the full contribution that might be expected.

You can apply throughout the academic year by picking up a form from Student Services in the Fraser Building, the SRC Advice Centre, the Vet School, the Dental School or the Student Advisory Service at Crichton Campus.

## UNIVERSITY OF GLASGOW HARDSHIP FUND

All students at the University, except those studying at an associated institution, such as the Art School, or students on a foreign exchange year, are eligible to apply for these awards.

The hardship fund is something of a last resort: it's intended to give small loans or grants to provide short-term support for students who are in danger of having to drop out of university because of financial circumstances beyond their



**WHY NOT  
ADD SOME  
CLASS**

**HELP OUT  
SCHOOL KIDS  
WITH THEIR  
LESSONS**

**volunteer**  
[www.glasgowstudent.net](http://www.glasgowstudent.net)



control. You will be expected to show that you have taken up all other sources of finance available, such as student loans, bank overdraft etc.

Applications are accepted throughout the year, and forms can be obtained from Student Services in the Fraser Building and the SRC Advice Centre.

If you receive a hardship loan, you will be unable to register for your next year at university without having paid back at least 80% of it. If you receive a grant from the fund you won't have to pay it back.

## SCHOLARSHIPS, BURSARIES AND TRUSTS

[www.gla.ac.uk/scholarships](http://www.gla.ac.uk/scholarships)

There are literally hundreds of these available for students to try their luck with. Each one normally has a list of very specific and occasionally peculiar requirements which you must meet to qualify, but it's worth a try.

Information on some of the awards available can be obtained from the Scholarships section of the University's Recruitment and International Office.

The Registry also has software available called Funderfinder, which is designed to help students find this kind of funding.

## BENEFITS

[www.glasgowstudent.net/advice](http://www.glasgowstudent.net/advice)

Lone parents, students with disabilities, student couples with children, and partners of full-time students may be eligible for some benefits. To find out more, contact the SRC Advice Centre.

## TRAVEL EXPENSES

If you're from Scotland and you're outside of easy

walking distance to University, you may be able to claim back some of the costs of your travel from SAAS. You can apply online at [www.saas.gov.uk](http://www.saas.gov.uk) from December.

## MORE INFORMATION

### SRC ADVICE CENTRE

GROUND FLOOR

JOHN MCINTYRE BUILDING

0141 339 8541

[www.glasgowstudent.net](http://www.glasgowstudent.net)

10.30AM-4PM MON

10AM-4PM TUE-THU

10AM-3PM FRI

11AM-3PM HOLIDAYS

### STUDENT FINANCIAL AID

THE FRASER BUILDING

UNIVERSITY OF GLASGOW

65 HILLHEAD STREET

G12 8QQ

9AM-5PM MON-FRI

9.30AM-5PM WED

### STUDENT AWARDS AGENCY FOR SCOTLAND (SAAS)

GYLEVIEW HOUSE

3 REDHEUGHS RIGG

EDINBURGH

EH12 9HH

0845 1111711

[www.saas.gov.uk](http://www.saas.gov.uk)

### STUDENT LOANS COMPANY (SLC)

100 BOTHWELL STREET

GLASGOW

G2 7JD

0800 40 50 10

[www.slc.co.uk](http://www.slc.co.uk)

### DIRECTGOV

[www.direct.gov.uk](http://www.direct.gov.uk)



## SPENDING MONEY

### MAJOR EXPENSES

As well as the small fortune you will have to pay in rent, bills and any uni fees there are also a number of other expenses to think about.

If you own a TV you'll need to get a licence for it, which costs £145.50

You'll also quickly realise that things like mobile phones will cost you from £10 a month and food is a big expense – learning to cook will make your life a bit cheaper but you'll still find there isn't much left for partying.

### BUDGET TIPS

#### WORK OUT A BUDGET

SRC Advice Centre staff recommend that you work out a weekly or monthly budget, taking into account all your income and all your outgoings (bills etc.).

They can help you with this. You can then find ways to maximise your income and reduce your outgoings.

### STUDENT DISCOUNTS

Make the most of student discounts everywhere you can. If somewhere doesn't seem to offer a student discount, ask anyway because you never know.

Some places only advertise an NUS discount (Glasgow isn't part of the NUS), but it's always worth showing your student card and trying your luck anyway.

### ESSENTIAL ITEMS

Buying your entire booklist will be expensive, so ask your tutors which are the absolute essentials.

### LIBRARY/SRC BOOKSHOP/ NOTICEBOARDS

Use the library or if you have to buy books, try the SRC second hand bookshop.

Many people will advertise books that they've finished with for sale around campus. Check noticeboards in the unions and outside your lecture theatres in your department.





## SHARE TO REDUCE COSTS

If you know someone on the same course as you, you could consider sharing books and reducing the cost.

## WITHDRAWING MONEY

Only withdraw the actual amount of money you need from the bank.

## PAYING BILLS

Pay your bills by monthly budget plans such as with direct debit. This will help you to budget for the year and there are often discounts given for paying this way.

## SHOPPING FOR FOOD

Make your own meals. Always make a list when going food shopping and never shop on an empty stomach.

## SHARE COSTS OF ESSENTIALS

If you live with others, try going shopping

together and sharing the cost of the basics such as bread, milk, toilet roll, cleaning products, etc, as it works out cheaper than buying for one.

## STAY AWAY FROM STORE CARDS

Beware of store cards – these are credit cards, usually with a high APR.

## INTEREST FREE?

Beware interest free credit that is time limited.

## USING A DEBIT CARD

Keep track of debit card transactions – it's easy to spend more than you mean to.

## SEEK HELP

Get help with debt! SRC Advice Centre staff can help you with negotiating with creditors.

## **MORE INFORMATION**

For more information about managing your finances, visit the SRC Advice Centre website at [www.glasgowstudent.net/advice](http://www.glasgowstudent.net/advice)



## BANKING

Although you'll probably have a bank account already, you should definitely think about getting a student bank account.

Alongside the sign-up bonuses like railcards and free cash (which can be genuinely useful), they're prepared to give you great big interest-free overdrafts – sometimes as much as £3000.

It's not free money (you'll normally need to pay it off within three or four years of graduating), but as long as you stay within the agreed limit, they won't charge you for borrowing money. And banks aren't normally that generous.

Banks are keen to get students as customers for two reasons: students are likely to go on to be young professionals with decent salaries who need mortgages, and they are likely to stick with the bank they start with.

Students will also soon be picking up thousands of pounds in student loans which they will want to deposit somewhere (this is often a condition of a student account).

Look at all the deals on offer and choose

carefully; it may be the last time in a while that a bank needs you more than you need it. Don't just go for the best gimmick offers of a popcorn maker or an iPod.

### CHOOSING A BANK ACCOUNT

The following questions should help you get the best deal available to suit your financial situation and specific needs.

#### OVERDRAFT

- How big is the interest free overdraft?
- Can I extend it?
- How easy is it to extend?
- What happens if I accidentally go over my agreed overdraft limit?

It may sound like a lot of money but it disappears quickly and it's good to have a safety net if things go wrong.

#### GRADUATE SERVICES

How long will my overdraft remain interest free after I graduate?

What kind of services do they offer for recent graduates?

## CREDIT CARDS

- Do they offer a student credit card?
- What's the credit limit?
- What's the rate of interest?

It can be a good idea to take a credit card out even if you don't use it (cut it up if you don't trust yourself not to use it) as this will improve your credit rating, which makes it easier to get mortgages and loans after you graduate.

Remember: taking out a cash advance through a credit card is one of the most expensive ways to borrow money – repayment rates are around +20% APR.

## CONDITIONS

- What is expected of me to remain eligible for the account? (Minimum payments etc.)
- When does the overdraft get renewed?
- Is there anything that I am obliged to do? Sometimes banks hide lucrative clauses in the small print. Lucrative for them, that is.

## SAVINGS

If you have savings or you are in the position where you can start saving, then it's worth thinking about opening a high interest account as well as your student account.

Make sure you get an account with an appropriate level of accessibility (really hard to make withdrawals from if you think you'd fritter it away or easy enough if you think you'll need it regularly).

If you have a lump sum it's worth looking into investing it, but be extremely careful and take lots of advice from as many different sources as

possible – there's an awful lot of ways to invest your money, and some will be better for you than others.

## UNFAIR BANK CHARGES

There has been a lot of attention paid in recent years to the legality of the charges banks make on you. For example, you exceed your overdraft limit by even a few pounds, some banks will send a letter charging £35 plus a £28 monthly unauthorised overdraft fee, and they may charge interest on unauthorised overdrafts.

While the law regarding this is complicated, very often these kinds of charges can be regarded as unlawful. If you feel that charges the bank has made against you are unfair, it might be worth kicking up a fuss – you could get your money back.

While banks say charges cover their costs, it is estimated that UK banks make £3bn each year from charges, making their position very dodgy. The courts could also find that charges are 'unfair' under the Consumer Contract Regulations 1999/2003.

The Office of Fair Trading (OFT) ruled in April 2006 that such fees should not exceed £12, and some banks are now complying with this ruling. Sadly, the OFT dropped its investigation into bank charges after it lost a test case in the UK Supreme Court in late 2009.

However, although the case was lost on a technical point, the Court made it clear that the fairness of the charges was still open to question, so it should still be possible to challenge unfair charges on your account.

## MORE INFORMATION

For more information, visit:  
[www.glasgowstudent.net/advice/bankcharges](http://www.glasgowstudent.net/advice/bankcharges).



## JOBS

GETTING A DULL JOB TO PAY THE BILLS IS A FACT OF LIFE NOWADAYS. IT DOESN'T NEED TO BE THAT BAD, THOUGH.

Chances are you'll need a job at least some of the time you're at university. Whether it's a few hours a week all year round or an intensive marathon during the holidays, it's essential to know where to get a decent job, what sort of jobs to apply for, and what rights you have.

### WHERE SHOULD I LOOK?

#### SRC JOBSHOP

[www.glasgowstudent.net/services/jobshop](http://www.glasgowstudent.net/services/jobshop)

The SRC runs a classified section on their website which lists job opportunities in the city. There's also a list of vacancies suitable for students on the first floor of the John McIntyre Building.

#### THE JOB CENTRE

[www.jobcentreplus.gov.uk](http://www.jobcentreplus.gov.uk)

The Employment Service provides Job Centres where vacancies can be advertised and applied for. There is one in Partick near the junction of Byres Road and Dumbarton Road, and another

one in the city centre on Bath Street. The Partick centre specialises in helping students, and runs special student nights.

### TEMPING AGENCIES

These can be ideal for students, as they are often looking for short-term work. If you visit a temping agency, you can tell them your skills and what sort of work you need, and they will put you on their database and call you if anything comes up.

### THE DIRECT APPROACH

Many shops, bars and restaurants advertise for staff with signs in their windows. Touring the city and asking around may well turn something up.

Printing off a pile of CVs is essential, possibly even a couple of different ones for applying for different types of jobs, and it's even worth keeping a copy on a USB drive so you can print it off quickly when you see something interesting.

## LOOKING ON CAMPUS

The SRC, Unions and the University all employ students in a variety of different capacities. For more information about the latest jobs available to students, visit [www.glasgowstudent.net/services/jobshop](http://www.glasgowstudent.net/services/jobshop).

### WHAT KIND OF WORK?

What do you want out of a job? For most students money is the main motivation but perhaps you can find something that will not only pay the bills but you will also enjoy. You might even find something that relates to what you're interested in.

Think about whether you want your job to be exciting and stressful (e.g. most catering and waiting jobs) or dull but easy (e.g. call centres, shelf-stacking, factory, cleaning and most retail work).

Be honest with yourself – if you're under pressure to meet your academic targets do you really want a stressful job as well?

## SUMMER JOBS

These can be trickier to get than you'd think. A lot of employers don't want to take you on if you're only going to be there for a couple of months.

Temporary summer vacancies are usually hotly contested between every student in Glasgow, all with the same idea: to work as much as possible at the beginning of the summer and then go travelling at the end.

It's best to try to find a job before summer starts, but this is during exam time and not always feasible. Some jobs might offer you hours during the summer if you continue working at least part time during term time.

## WORKING ABROAD

You might want to combine work and travel by working abroad over the summer, to not only gain experience but also to see a bit of the world. If you have an EU passport, then you are entitled to work anywhere within the EU.

If you want to work somewhere else, there are special visas available just for students and there are a number of companies that will assist you in getting one. This can be pricey but will take out most of the hassle and they may even find a job for you.

Working in a summer camp is another popular option, and many companies offer the chance to work in a camp in the USA and Russia too.

Don't forget to get hold of an ISIC (International Student Identification Card) before you go so you can benefit from student discounts all over the whole world.

### YOUR EMPLOYMENT RIGHTS

[www.glasgowstudent.net/advice/employment](http://www.glasgowstudent.net/advice/employment)

If you are working part-time and are a student, employers may try to take advantage of you.

Remember that even though this job may not be part of a long-term career plan, you still have certain basic rights. These are outlined below, but you can check [www.glasgowstudent.net/advice/employment](http://www.glasgowstudent.net/advice/employment) or the SRC's "Wage Slave or Winner?" leaflet, available in the John McIntyre Building, for more detailed information.

## PAPERWORK

You have the right to a written statement of the details of your employment within two months of starting. You must also receive an itemised pay slip detailing your salary and all deductions on or before every pay date.

You probably won't have to pay much tax, but the government may still want to see it.

Make sure you know what you're liable for and what you need to do to get any exemptions you're entitled to.

If you have overpaid tax, you can claim it back at the end of the tax year.

## MINIMUM WAGE

If you're over 16, then you can't legally be paid less than the national minimum wage.

From October 2010, the minimum wage is £3.64 for people aged 16-17, £4.92 per hour for people 18-21 and £5.93 per hour for people 22 or older.

## HOLIDAYS

You have the right to paid holidays, totalling 5.6 weeks per year (so that's 28 days for someone working 5 days a week, although this includes public holidays).

Part-time workers are entitled to the same amount of holiday, calculated pro rata.

## TRADE UNIONS

Joining a trade union can be a great way to protect yourself from problems you might encounter at work.

You might not think it's worth joining a union if you've only got a part time job, but you can still have accidents at work or a boss who's happy to take advantage of you.

Being a member of a union means that they can protect you against problems like these.

Many offer reduced membership rates for students, as well.

## DISMISSAL

Seek advice from the SRC Advice Centre as soon as you can if you think you have been unfairly dismissed, or any of your employment rights are breached.

## CAREERS SERVICE

[www.gla.ac.uk/careers](http://www.gla.ac.uk/careers)

While student media and volunteering can give you skills that will look great to an employer, it can still be difficult to know how to sell yourself to employers or to know what you want to do once you graduate. There are a few key points to remember when thinking about your future career:

## MAKE THE MOST OF YOUR TIME

The Careers Service is able to advise you on what to do while you're at University to improve your employment prospects in later life.

## WORKSHOPS & TRAINING

The Careers Service run workshops on learning to assess your skills, writing CVs and covering letters, preparing for interviews, on-line applications, psychometric tests, and assessment centres.

## RESOURCE LIBRARY

The large resource library in the Fraser Building provides a fantastic source of inspiration to help you choose your future career and see what options are available to you.

## SPEAK TO A CAREERS ADVISER

if you'd rather talk to someone, you can also arrange a meeting with a careers adviser. You can use this service for up to a year after you've graduated.



# University of Glasgow | Careers Service

Welcome to your first year at University. The Careers Service here is open to all our students – it's never too early to start using us. Use the year planner below for ideas and we look forward to meeting you in the Careers Service at the Fraser Building.

[www.gla.ac.uk/careers](http://www.gla.ac.uk/careers)

[www.youtube.com/user/universityofglasgow](http://www.youtube.com/user/universityofglasgow)

## SEPTEMBER

The Careers Service is for ALL students. We'll meet you in induction.

## OCTOBER

Incredible Internships 1: Plan ahead for second & third year, familiarise yourself with the opportunities out there by coming to the Internship Fair.

## NOVEMBER

Now you're a bit skint use our website and click on "Jobs & Events" to get a part-time job.

## DECEMBER

Write a Killer CV. Use the careers website for advice to get started then get a Careers Adviser to give feedback on it.

## JANUARY

Do something interesting in Summer 2011: work overseas. Use our website and Information Resource Centre to find opportunities.

## FEBRUARY

Incredible Internships 2: Plan ahead by familiarising yourself with the opportunities out there. Look at Club 21, University of Glasgow's dedicated Internship Programme. [www.glasgow.ac.uk/careers/club21](http://www.glasgow.ac.uk/careers/club21)

## MARCH

Know Yourself! "Prospects Planner" asks questions about your attitudes to different aspects of work then suggests jobs that would suit you. Go to [www.prospects.ac.uk](http://www.prospects.ac.uk) - Jobs & Work - What jobs would suit me?

## APRIL

Think carefully when making choices for second year and how it might impact on your career choices. Talk it over with a Careers Adviser.

## MAY

Graduate Fair at the SECC, run by the Careers Service. Find out about Graduate opportunities now so you can plan for your own Graduate Career.

## JUNE

Don't undervalue your Summer Job. All work experience is developing your employability skills, talk to the Careers Service to find out how to sell it in your CV.

## JULY

Wondering what to do with your degree? Using [prospects.ac.uk](http://prospects.ac.uk) go to: Careers Advice – Options with Your Subject – Your Degree in... to get some inspiration.

## AUGUST

Don't wait till final year. Use your Careers Service NOW!





# HEALTH & WELLBEING

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## MEDICAL HEALTH

We're not about to go all Gillian McKeith on you or anything, but taking just a little care of your body will pay dividends in the long run.

### DOCTOR

It's really important that you register with a doctor in Glasgow, and there are loads of options in the West End.

#### BARCLAY MEDICAL CENTRE

On campus, the Barclay Medical Centre is available Monday-Friday 9am-5.30pm, and can be found on the first floor of the Fraser Building. You can make an appointment by phoning 0141 531 8822.

#### OTHER SURGERIES

You may wish to pick a GP which is closer to where you live.

All practitioners in the area surrounding the University are familiar with the particular medical needs of students.

Other surgeries in the West End include:

**BUCKINGHAM TERRACE SURGERY**  
31 BUCKINGHAM TERRACE  
GLASGOW  
G12 8ED  
0141 211 6210

**NORTHCOTE SURGERY**  
2 VICTORIA CIRCUS  
GLASGOW  
G12 9LD  
0141 339 3211

**WOODSIDE HEALTH CENTRE**  
BARR STREET  
G20 7LR  
0141 531 9200

The start of the year tends to be when most people come down with some kind of illness, as students introduce new and exciting strains of illnesses from all over the country to people who haven't built up immunities yet.

The so called Freshers' flu is usually no more than a bad cold but there have been outbreaks

of mumps and even meningitis in the past, so it's important to look out for the danger signs if you are ill.

It's not very likely that you're going to come down with meningitis in your first week at university, but both illnesses can be immunised against, so speak to your GP if you are particularly concerned.

Having a doctor is good, but never having to use one is even better. Many new students have never had to regularly cook for themselves, and don't realise how important a balanced diet is for fending off illness.

Your body will be much more able to fight infections if it has a decent supply of the right vitamins and minerals, so try and make sure that you eat lots of fruit and vegetables, particularly during winter. Even drinking a glass of fruit juice a day will help.

## **DENTIST**

You'll need to register at one of these, too. If you follow your dentist's advice about brushing and get yourself checked out regularly, you will probably never have to have any major work done on your teeth.

However, if you do need treatment you might find yourself on a waiting list so it's worth registering now.

The good news is that as a student you can get treated for free or at a heavy discount. If you're under 19 it's automatically free with an NHS dentist.

If you're over 19 you'll have to fill in an HC1 form (available from the SRC in the John McIntyre Building or from Post Offices).

The problem is that these days a lot of dentists

don't take on new NHS patients, so you might have to go private.

This is why it's best to look for a dentist as early as possible, before you actually need any treatment. For a full list of dentists in the area, check out <http://www.nhsggc.org.uk/>.

For short-term help and emergencies, the Glasgow Dental School runs a clinic on Monday afternoons especially for students at the University of Glasgow. It's free but you will have to make an appointment before turning up.

## **GIVING UP SMOKING**

Everyone knows the dangers of smoking: they're written on the side of every cigarette pack. Starting university can be one of the easiest times in your life to quit.

One of the many difficult things about giving up smoking is that it's a social habit. Going out with mates that you normally smoke with is tough, although the public smoking ban helps.

But when you start out at uni, you get a new social circle – one you're not used to smoking with.

Giving up is always hard but at least if you do it at this point you won't have everyone making a big deal out of it. Give it a thought. Speak to your GP for more advice on quitting.

## **EMERGENCY**

The nearest Accident and Emergency unit is at the Western Infirmary (Dumbarton Road).

It's a good idea to carry an emergency contact card with details of who to contact if you are involved in a serious incident. You can pick up an emergency contact card from the the SRC's Advice Centre.



## SEXUAL HEALTH

### STIS

Yes, they even found a way to make sex not fun. In recent years there's been a sharp rise in the number of people diagnosed with sexually transmitted infections (STIs), particularly women in their late teens and men in their early twenties – that is, people exactly like you.

Most can be easily prevented if you use condoms. So, know how to use a condom properly, always carry condoms with you but make sure they are not out of date or damaged, and never use a condom more than once. I mean, ew.

Free condoms are available from the SRC, the Sandyford Initiative (see overleaf) and the QM's C Card scheme. You can get details about all STIs from [www.sandyford.org](http://www.sandyford.org) or [www.brook.org.uk](http://www.brook.org.uk)

Here are a few of the most important STIs to know about:

### CHLAMYDIA

Chlamydia is the most common bacterial

sexually transmitted infection in the UK and is on the increase. Women aged 16-24 and men aged 20-34 are at the greatest risk.

### SYMPTOMS

Up to 70% of women and up to 50% of men infected with chlamydia have no symptoms. Because of this, a substantial number of infections remain undiagnosed.

Where there are symptoms, women may have discharge, pain when passing urine, heavy periods or bleeding between periods, lower abdominal pain or abdominal pain during vaginal sex. Men may notice discharge from the penis and/or burning when passing urine.

### TREATMENT

Chlamydia is easily treated with antibiotics. However, if left untreated it can cause pelvic inflammatory disease (PID), which can lead to infertility.

New methods of testing for chlamydia are now available which will allow easier and more

widespread screening of the infection.

## **GENITAL WARTS**

Genital warts, caused by some strains of the human papilloma virus (or wart virus), are the most common sexually transmitted infection seen in Genito-Urinary Medicine (GUM) clinics. The highest rate of infection is among women aged 20-24 and men aged 25-34.

### **SYMPTOMS**

Warts can take a year or more to develop after infection with the wart virus. Warts are not always visible, especially if they occur inside the vagina – particularly on the cervix – or in the anus. If warts are not present, the virus cannot be tested for.

### **TREATMENT**

Warts can be treated by applying special ointments or paints, by freezing or surgical removal under local anaesthetic.

## **GENITAL HERPES**

Herpes is caused by a virus called Herpes Simplex. There are two types of the virus and most people have come into contact with one or the other at some point in their lives. The first type causes cold sores around the mouth that can be passed on by oral sex. The second is generally transferred by genital to genital contact.

### **SYMPTOMS**

Most people who pick up genital herpes have either very mild or no symptoms. When symptoms do occur they take the form of itching or tingling of the skin followed by redness and small blisters. Passing urine may be painful and flu like symptoms can also occur. People usually

find recurrences are milder, with quicker healing of blisters.

### **TREATMENT**

A drug may be prescribed to relieve symptoms and reduce the length of the illness. But the most important thing to remember is to avoid having sex during a recurrence. It can inflame symptoms and lead to your partner becoming infected.

## **HEPATITIS**

Hepatitis is an inflammation of the liver and while it is slightly rarer than the other STIs discussed, it's still a danger to anyone having unprotected sex.

### **SYMPTOMS**

Symptoms appear up to six months after contact with the infection. If problems occur they usually include mild fever, tiredness, loss of appetite, abdominal discomfort and yellowing of the skin and eyes.

### **TREATMENT**

After a few weeks most recover completely. Nevertheless vaccination is still possible and will avoid you becoming a carrier of the disease – showing no symptoms but still able to pass it on.

## **HIV & AIDS**

Acquired Immune Deficiency Syndrome (Aids) is a collection of specific illnesses and conditions that occur because the Human Immunodeficiency Virus (HIV) has damaged the body's immune system.

There are an estimated 49,500 people living with HIV in the UK, and around a third of

cases go undiagnosed. It's deadly, and while the symptoms can be treated, there is no cure.

HIV can be transmitted in the following ways:

- through unprotected vaginal or anal intercourse;
- through the sharing of needles, or other injecting equipment;
- from an infected mother to her baby, during pregnancy, birth or through breast feeding;
- by infected blood, (though since 1985, all donated blood in the UK has been screened, so this is not a major transmission route here)

HIV infection is concentrated in young adults between 15-39. In recent years the number of new cases acquired through heterosexual sex has outnumbered those acquired through homosexual sex, contrary to popular belief.

## SYMPTOMS

People with HIV may have no symptoms for 10 years or more. HIV almost always leads to Aids, which can lead to tumours, deadly lung infections and a litany of other diseases.

## TREATMENT

HIV is preventable and treatable, but not curable. Current treatment consists of a combination of three or more antiviral drugs. This combination treatment has enabled people with HIV to maintain good health.

However, 25% of new HIV cases are found to be resistant to one or more of the antiviral drugs and the long term outcome for people treated with combination therapies is still unclear.

If you are worried about these or any other STIs, it's well worth making an appointment at the Sandyford Initiative (contact details on opposite

page) for a full sexual health check-up. These are free, confidential and they are happy to see you even if you are experiencing no symptoms.

## CONTRACEPTION

Condoms are the only form of contraception that protects against STIs but there are other options to prevent unplanned pregnancies. For example, lots of people use the contraceptive pill in addition to condoms. Women can have a contraceptive implant which releases progesterone directly in to the blood stream. It's best to discuss it with your GP, and find what is best for you.

## CONDOMS

We all know about them, but here's a couple of bits of information you may not know and may find useful.

Condoms can deteriorate if not stored properly as they are affected by heat and light. It's best not to use a condom that has been stored in your back pocket, wallet, or the glove compartment of your car.

Also, if a condom feels sticky or very dry you shouldn't use it as the packaging may have been damaged. Condoms should be disposed of by being wrapped in tissue or toilet paper and thrown in the bin. Condoms should not be flushed down the toilet as they cause blockages in the sewage system, and pollution.

Manufacturers say that 12% of the 15% condom failure rate is due to not using a condom correctly so it's probably worth learning how to put one on.

## MORNING AFTER

If you haven't used contraception or the condom has split, the emergency contraceptive pill can

be taken up to 72 hours after sex. The sooner it is taken the more effective it is. This is available free from your GP and from the Sandyford Initiative (see opposite page for details). You can get it over the counter in some pharmacies for around £22.

Ask for it by its name – Levonelle – for a much smoother process and a less embarrassing trip to the pharmacy. An emergency IUD (coil) can be fitted up to 5 days after unprotected sex. If in doubt or wishing further advice contact your GP or family planning clinic.

## **PREGNANCY**

The most obvious early sign of pregnancy is a late period. But a late period doesn't always mean you're pregnant. Stress, illness and changes in diet can also cause the menstrual cycle to be upset. If you think you could be pregnant, it is important that you find out for sure as soon as possible. Don't wait to miss another period. If you are pregnant, you may need to make a big decision as to whether to go ahead with the pregnancy or not. And the more time you have to make such a decision, the better.

You can go to your GP, or the Sandyford Clinic, for a free pregnancy test. Your visit will be kept completely confidential, and you will get a result in just a few minutes. If you can't get to the doctor, you can buy a home pregnancy test at your local chemist or supermarket. These home kits are the same type as your doctor would use, and cost about £10.

The University now has a Student Maternity, Maternity Support and Adoption Policy that applies to pregnant students and their partners.

The policy covers issues such as time off from your studies, health and safety, how to manage missed work, and your return to studies after the birth of your child.

## **ABORTION**

Legally in England, Wales and Scotland, you can have an abortion up to the 24th week of your pregnancy, with the agreement of two doctors. However, it is a much simpler procedure if the abortion happens within the first 12-14 weeks of pregnancy. Getting an abortion on the NHS after this time may be difficult.

The important thing is that you see someone such as the Family Planning Association as soon as possible. Having an abortion is a serious decision – make sure you get as much information and support as possible.

## **THE SANDYFORD INITIATIVE**

2-6 SANDYFORD PLACE  
SAUCHIEHALL STREET  
(NEAR KELVINGROVE PARK)  
GLASGOW  
www.sandyford.org  
0141 211 8600

8.30AM-7.45PM MON-THU  
8.30AM-4.30PM FRI  
9AM-11AM SAT

The Sandyford initiative provides services for sexual health, contraception and women's health in Glasgow as well as counselling and a range of specialist services:

- Sexual infection testing and treatment including HIV testing,
- Counselling, advice and information, including support for victims of sexual assault
- Contraception (and emergency contraception)
- Pregnancy testing and counselling
- Pre and post abortion counselling

Services are free of charge and conducted with complete privacy.



## ALCOHOL

### **SIMPLE PRECAUTIONS**

Drinking lots – sometimes too much – is undeniably part of the student lifestyle for most people, and that's unlikely to change any time soon.

But keeping an eye on how often and how much you drink will greatly increase your chances of having a good night out rather than a drunken mess. Try to bear these tips in mind while you're out.

Eat something before you go out. Food helps to slow the absorption of alcohol and gives you energy so you can handle the pace.

Make sure that if you're going out with your mates they look out for you and that you look out for them in return.

Don't dehydrate. If the plan is to stay out late, get a pint of water or a soft drink every couple of rounds. Drink plenty of water before you go to sleep (it will take the edge off the hangover).

If you have a low tolerance rate, then think

about starting to drink later in the evening – it sounds obvious but it's far, far cheaper.

Pace yourself. If you don't want to look like a wimp, the oldest trick in the book is to drink bottles rather than pints and shots.

Set aside some money so that you can get home safely at the end of the night. Is another drink really worth as much as your safety?

If your plans change, make sure you know how to get home with a friend.

Avoid leaving drinks unattended and be wary of drinks bought by folk that you've just met.

### **DRINK SPIKING**

There is currently a lot of media attention surrounding the danger of rapists using alcohol "date rape" drugs, such as Rohypnol and GHB, as well as alcohol, to neutralise resistance.

Police evidence surrounding the use of "date rape" drugs is extremely limited. Forensic evidence of many drugs are often difficult to



obtain, as traces of drugs may not remain in the body for long periods of time. Furthermore, the most common drug used is alcohol – slipping a few extra shots into a drink, for example – which is obviously untraceable.

In addition, rape victims where date rape drugs were used are even less likely to report the crime than other rape victims, so the statistics are very low.

Victims often feel responsible because they feel they just drank too much, and they can't remember what actually happened.

Whether instances of drugs being dropped into unsuspecting people's drinks are as widespread as some newspapers suggest, or the reports are vastly over-sensationalised, it is worthwhile being aware of the issue, and how you can protect yourself.

The makers of the drug Rohypnol have taken certain steps of their own to prevent its misuse in this way.

Previously, it was a colourless, odourless drug which dissolved into drinks rapidly. Now, it has been coloured blue, it will fizz on contact with liquid, and it will float at the top of a drink for about twenty minutes after having been placed in the liquid.

The best thing you can do is keep an eye on your drink and your mates' drinks and be a bit careful about accepting drinks from people you've just met.

If you think your drink has been spiked, or you start to feel unwell, tell someone right away (a friend or a member of staff).

## **BLURRED JUDGEMENT**

For most people, drinking doesn't cause that

many problems. A few nasty hangovers, a few embarrassing moments and some slightly ill-advised sexual encounters, but basically no harm done.

However, remember that alcohol is a sedative, which means that it slows down many of the functions of your body, including your brain. This means that you feel more relaxed and your inhibitions disappear, as does your judgement.

This means you're more likely to take stupid risks – having unsafe sex, taking a dodgy short cut home, allowing yourself to be taken to a stranger's flat in a part of Glasgow you don't know.

Look out for yourself doing it – but also look out for your friends if they're doing things you wouldn't expect them to do. They'll probably thank you for it in the morning.

## **ADDICTION**

The stereotypical alcoholic is a washed-up businessman with a bottle of whisky in his drawer, but it's possible for absolutely anyone to have a drinking problem, and the drinking culture at universities means that it's easy for a problem to start, and that it's just as easy for dangerous drinking habits to go unnoticed.

If you feel your habits are getting out of hand, there are loads of people who can help.

If speaking to your GP hasn't worked or isn't an option, the following organisations may be helpful.

### **ALCOHOLICS ANONYMOUS**

[www.alcoholics-anonymous.org.uk](http://www.alcoholics-anonymous.org.uk)  
0845 769 7555

### **ALCOHOL COUNSELLING SERVICE**

0141 558 3230



## DRUGS

### **SOME THINGS TO REMEMBER**

As well as alcohol, there are a multitude of illegal substances that change hands each and every day in Glasgow. Each of these fiddles with your brain's function to produce effects ranging from the sublime through the ridiculous to the terrible. Before going any further, it's worth underlining the fact that all the drugs listed below are illegal. This means two really important things:

#### **YOU CAN'T TRUST YOUR SUPPLIER**

Buying drugs isn't like buying something from a shop. You have no guarantee that what you pay for is what you get. This might just mean that you get sold rubbish which does nothing for you. More worryingly, though, it means that your drugs could be cut with whatever your dealer's supplier had sitting about the house, from baking soda to rat poison.

#### **THE UNIVERSITY, AND THE POLICE, DON'T LIKE YOU**

If you get caught with drugs in halls or by any University official, then the University's policy

says two things. First, they will report you to the police. Second, you will face University disciplinary action, which, especially if you get caught with a class A banned substance, could well end in expulsion.

When the police get hold of you, the result will again depend on what you're carrying, as well as how much you're caught with. However, at the very least you will get your drugs confiscated and face a fine. That could mean a criminal record, which has implications for your University career and your employment prospects. And not good implications, either. It also seriously affects any travel plans you might have. Many governments, especially that of the USA, won't let you set foot in their country if you have a drugs-related offence on your record.

### **DRUGS YOU MAY ENCOUNTER**

#### **CANNABIS**

Comes in a variety of forms (oil, leaves, resin) and an even wider variety of strengths. It's usually smoked with tobacco but can also be ingested in food. Effects include a feeling of well-being,

relaxation, and a heightened appreciation of daytime television, but can also cause nausea and paranoia. Cannabis got upgraded from a class C to a class B drug in 2009. Some people seem to be able to smoke dope regularly without any major change to their lifestyle. Most people can't. Before you know it you'll be watching Teletubbies and failing your degree. You've been warned.

## COCAINE

This class A drug gives users strong feelings of wellbeing and exhilaration. These effects are fairly short-lived, peaking about 15-30 minutes after using it. It is highly addictive, and snorting coke regularly can seriously damage the membrane of the nose and can lead to heart problems as well as making users restless, anxious and aggressive.

## SPEED

Increases your heart rate and makes you feel more alert, confident, and cheerful. It can also make you feel paranoid, aggressive, panicky and anxious. It will make you grind your teeth, suppresses your appetite and disrupt your sleep. It lasts about three hours and leaves you feeling awful for the next couple of days.

## ECSTASY (MDMA)

Ecstasy comes in powder or in pill form, and comes in a wide variety of shapes, colours, and – importantly – strengths. There are cases of people having allergic reactions to MDMA, but these are very rare – most of the dangers associated with the drug relate to how it is used, and what it is cut with. Aside from the usual stuff that suppliers might cut with any drug (baking soda, detergent, paracetamol etc.), ecstasy is nearly always cut with speed when found in pill form. Ecstasy is a class A drug.

## KETAMINE

A horse tranquilliser increasingly being cut with ecstasy or being sold separately as a party drug. Effects can range from rapture to paranoia to boredom. Users often experience hallucinations and at high doses it can leave the user comatose and induce vomiting or convulsions. Ketamine is a class C drug.

## HALLUCINOGENS

Hallucinogens include LSD (acid) and magic mushrooms. The effects vary depending on your mood and the surroundings, and are hard to predict. There's some evidence that LSD can worsen or trigger mental health problems.

## IF YOU'RE TAKING E...

Make sure someone knows what you've taken. In the event that something goes wrong it's really important that someone's able to inform medical staff that get involved.

Don't dehydrate. Sip a pint of water every hour, but don't drink much more than this: too much water is as dangerous as too little.

Drink fruit juice or eat crisps or nuts to give your body back salt and other minerals. Use the chill-out areas regularly and take breaks from dancing. If anyone collapses after taking it in a club tell the staff, or if you're at home, call an ambulance. Lay them in the recovery position and don't force them to drink anything. When the ambulance arrives tell them what you think your friend has taken.

## FOR THE LATEST DRUGS ADVICE VISIT:

[WWW.SDF.ORG.UK](http://WWW.SDF.ORG.UK)

[WWW.TALKTOFRANK.COM](http://WWW.TALKTOFRANK.COM)

[WWW.KNOWTHESCORE.INFO](http://WWW.KNOWTHESCORE.INFO)



tommy ga-ken wan

## MENTAL HEALTH

Being at university can be a stressful experience. As well as pressure from your course, finance, friends, employment, relationships, and family can all weigh you down. This may begin to impact more seriously on your mental wellbeing as well as affecting your academic progress. The first thing to remember, though, is that you are not alone. In this section, you will find some of the most common problems encountered by students, some advice on how to cope, and pointers towards some of the solutions available on campus.

### STRESS

#### SIGNS OF STRESS

Whatever the source, the result of prolonged stress is that you are left feeling like you can't take control of your own life in the way you would choose and simple tasks become difficult to cope with without getting tense and uptight. People often experience some or all of the following symptoms:

Physical health problems such as headaches, indigestion or a sore back.

Usual sleep patterns become disturbed: difficulty get to sleep, disturbed sleep, or the need for much more sleep than usual.

Changes in appetite: loss of interest in food or overeating.

Diminished sex drive.

Difficulty relaxing without feeling guilty.

Difficulty making decisions.

Emotional changes: extreme distress at slight interruptions or frustrations.

Use of alcohol, drugs and tobacco more than usual.

#### WHAT CAN I DO?

There are ways to relieve stress and ease the pressure. They tend to be different for everyone but the following steps are a good starting point:

Try to identify what things are making you stressed and what you can do about them.

Some things you won't be able to change – or not immediately – but some things you might be able to.

Try to eat a sensible diet and go to bed at a regular time.

Many people find physical activities help (e.g. swimming or yoga).

Talking it over with someone you trust can help you work through your feelings.

If you're not the sort of person who finds it easy to talk about your feelings, try taking up a sport or hobby with other people. It can provide a good form of relaxation and distraction.

Try to pace yourself and tackle one thing at a time.

Most importantly, give yourself time to do things that you enjoy doing.

## **EATING DISORDERS**

When we are under stress, our appetite and the way we view food are often affected. You may lose interest in eating, you may eat more than usual, or you might start craving certain types of food.

This usually passes when the difficulties are resolved, and isn't usually dangerous if your eating habits get back to normal quickly.

However, for some people food can become an overwhelming concern which comes to dominate their lives. This preoccupation with food is often symptomatic of all sorts of confused and painful feelings.

Both men and women are affected by eating disorders. If you think you might have an eating disorder, speak to a doctor immediately.

## **ANOREXIA NERVOSA**

This is most common among young women on the verge of adulthood, although men are increasingly affected as are people in other age groups. It is not simply an excessive form of slimming: it is usually a response to major change, expectations and uncertainty (hence why it is so common in students).

Making sense of what is going on, and making choices about ourselves is not easy. Yet another area where we can assert control is in what we eat. People with anorexia often get a sense of satisfaction from pushing their bodies to the limit, surviving on less and less nourishment, and the way they see themselves becomes distorted. While everyone else tells them they're painfully – even dangerously – thin, the slightest gain in weight can throw sufferers into a panic, making them feel bloated and fat.

## **BINGEING AND BULIMIA NERVOSA**

Some people respond to feelings of stress, emptiness or insecurity by eating huge amounts of food beyond the point of satisfying hunger (compulsive eating). This is generally done in private. People suffering from Bulimia then rid themselves of it by vomiting or with laxatives, out of guilt and disgust.

## **WORRIED ABOUT A FRIEND?**

As a friend or relative you can help. Your concern for their health may make you want to urge them to seek help and to change their eating habits. However, be aware that endless confrontations are exhausting and will leave your friend with an even lower opinion of themselves and possibly a greater determination to resist your efforts to help. Your role may be to encourage your friend to talk more freely about what it is that distresses them to the extent that they react in this way. Try

to be open and honest about your own feelings without getting angry. Encouraging them to take up a new interest and doing things together can help shift the focus away from food.

If your friend acknowledges that they need help, you can assist them practically by finding out about support available – from the University and in the local area.

Most of all, remember to look after your own needs too. Worrying about a friend is stressful and can leave you feeling powerless and exhausted. You're allowed time out.

For more info about eating disorders go to: [www.anad.org](http://www.anad.org).

## SELF HARM

Some people respond to difficulties and distress in their lives by deliberately inflicting physical pain on themselves.

Most people who self harm can make a clear distinction between suicidal acts and other motives for self-harming behaviour.

Some of the ways people may harm themselves include cutting or scratching the skin, particularly the arms, burning themselves, biting or punching themselves or hitting their body against something. Some people may also swallow or insert objects into themselves or pull out their hair or eyelashes.

People harm themselves for many different reasons. Self-harm can be a sign of low self-esteem, powerlessness, loss of control or fear of loss of control. It doesn't "just happen" but is a part of a recurring cycle of responses to triggers which occur throughout someone's life.

These may be feelings of guilt and the feeling that they need to be punished, or it can act as a

release and a way to manage moods or feelings. If you know someone who self-harms, it is important to talk to them about it immediately and encourage them to seek help.

For more information about self harm visit [www.nshn.co.uk](http://www.nshn.co.uk)

## WHO CAN HELP?

### UNIVERSITY COUNSELLING SERVICE

[www.gla.ac.uk/counselling](http://www.gla.ac.uk/counselling)

Counselling differs from other sorts of help. It's not advice or a means by which the helper provides solutions. It is a process where one person helps another by purposeful conversation in a supportive and understanding atmosphere.

Counsellors can help with a wide range of difficulties. Common problems that students experience include:

- Homesickness, loneliness, anxiety, depression;
- Problems in relationships;
- Family problems and troubling past experiences;
- Bereavements and losses;
- Life changes such as pregnancy and illness;
- Sexual and cultural identity;
- Suicidal feelings;
- Crisis such as assault;
- Academic difficulties.

## CONTACT YOUR GP

For those suffering from addictions or chronic eating problems, it would probably be best in the first instance to consult either your own GP or one of the doctors in the Barclay Medical Centre.

For more information on the service, visit: [www.gla.ac.uk/counselling](http://www.gla.ac.uk/counselling) or contact Barclay Medical Centre at [www.barclaymedicalcentre.org](http://www.barclaymedicalcentre.org).



### LOOK AFTER YOURSELF

STAYING HAPPY IS JUST AS IMPORTANT AS STAYING HEALTHY. IT'S IMPORTANT TO MAKE SURE YOU'RE ON TOP OF THINGS.

## SRC ADVICE CENTRE

GROUND FLOOR  
JOHN MCINTYRE BUILDING  
UNIVERSITY AVENUE  
G12 8QQ  
[www.glasgowstudent.net/advice](http://www.glasgowstudent.net/advice)  
[advice@src.gla.ac.uk](mailto:advice@src.gla.ac.uk)

With many of the causes of stress and anxiety at university stemming from financial, personal and academic issues, it is good to know that the SRC Advice Centre is available to set your mind at rest about anything from council tax and problems with your landlord to missing an exam or failing a course.

The trained advisers are available for quick drop-in advice or longer consultations by appointment.

They have access to the most up-to-date information on many student welfare issues including funding, benefits and housing issues.

They can also provide advice and representation on academic issues such as appeals, plagiarism and disciplinary hearings. If there is anything

that the advisers can't help you with directly then they will be able to point you in the direction of someone who can.

## NIGHTLINE

[asknightline@src.gla.ac.uk](mailto:asknightline@src.gla.ac.uk)  
0141 353 1050 (7pm-7am, term time)

There are times when being at university can be a stressful business. Whether you've forgotten where your exam is or you want to sound off because you're fed up or worried about exams or university life it's good to talk to someone about it.

Nightline is a confidential and non-judgmental listening, information and email service run by trained students for students and is here to listen and help you source all the information you need.

You can call the SRC's Nightline to ask about anything from a bus timetable to phone numbers for taxis and clinics.

Nightline also has details of University and local support services and other specialist helplines.



david lamb

## THE CHAPLAINCY

### CONTACT

#### UNIVERSITY CHAPLAIN

REV STUART D. MACQUARRIE  
WEST QUADRANGLE  
UNIVERSITY OF GLASGOW  
GLASGOW  
G12 8QQ  
0141 330 5419

chaplaincy@gla.ac.uk  
[www.gla.ac.uk/chaplaincy/](http://www.gla.ac.uk/chaplaincy/)

#### CATHOLIC CHAPLAIN

FR JOHN KEENAN  
TURNBULL HALL  
13-15 SOUTHPARK TERRACE  
GLASGOW  
G12 8LG  
0141 339 4315

rcchaplaincy@gla.ac.uk

[www.gla.ac.uk/services/catholicchaplaincy/](http://www.gla.ac.uk/services/catholicchaplaincy/)  
<http://mcu.gla.ac.uk/chapel-live.html>

Glasgow University is well served with two Chaplaincy centres which are friendly, welcoming places open to all students and staff regardless of faith (or none) or religious denomination.

The University Chaplaincy is next to the Chapel, in the West Quadrangle. Turnbull Hall Catholic Chaplaincy is at 15 Southpark Terrace. It has places to study or to sit and have a coffee, with a selection of daily newspapers. Turnbull Hall even has computers with access to the University's network.

#### INTERFAITH

The University has an Interfaith Room which has books and worship materials for the Buddhist, B'Hai, Christian, Hindu, Muslim, Jewish, Sikh faith communities and the Humanist community.

This room can be booked by faith community student societies such as Glasgow University Muslim Students Association, the Hindu Students Society, Jewish Society, Sikh Students Society, Buddhist Students Society and so on.

There are shoe storage and washing facilities





for ritual ablutions. The Interfaith Room is located next to the dining room in The Square. Chaplaincy agreements are now in place for several Christian denominations, Buddhist, Hindu, Humanist, Jewish, Muslim, and Sikh communities. Details of services and meetings for faith communities are listed on the notice boards at the entrance to the Interfaith Room.

## CHRISTIAN WORSHIP

### UNIVERSITY MEMORIAL CHAPEL

The Chapel is inter-denominational and is open daily to everyone for prayer and meditation. Throughout the week there are various services in the University Chapel, which can be viewed online.

For more information about all services, please visit: [www.gla.ac.uk/chaplaincy](http://www.gla.ac.uk/chaplaincy)

## SERVICES

### SUNDAY MORNING SERVICE 11.00AM

### THE 10 MINUTE SERVICE

8.45-8.55AM MON-FRI  
Led by chaplains, students and staff.

### ECUMENICAL EUCHARIST (ANGLICAN) SERVICE

1.15 PM THU

### FREE CHURCH OF SCOTLAND SERVICE

1.05PM FRI

Other chapel services and events are held as advertised.

### TURNBULL HALL (15 SOUTH PARK TERRACE)

### SUNDAY MASSES

VIGIL (6.15PM SAT), 11.30AM & 6.15PM

### HOLY DAYS

12.05PM, 1.05PM & 5.05PM

### WEEKDAY MASSES

1.05PM DAILY

Additional mass at 12.05pm during Lent.



## THE POLICE

It's unlikely you're going to get involved with the police any more seriously than a noise complaint, or if they catch you drinking in the park. But it's still well worth knowing your rights in case anything does happen.

### POWER TO STOP & QUESTION

A police officer may stop and question you if s/he believes you have committed or witnessed an offence.

You must give your name and address when asked but you do not have to give any other information. It's an offence to give a false name and address.

If the police suspect you of committing an offence they may ask you for an explanation of your behaviour.

You have the right to refuse to give an explanation. If the police want to ask you more questions and they suspect you of having committed a crime they can:

- ask you to attend voluntarily at the police station to help with enquiries;

- detain you for questioning for up to 6 hours;
- arrest you for allegedly committing an offence.
- If the police suspect you of being a witness to a crime they can invite you to attend the police station to help with enquiries.

You don't have to and can't be detained at the police station, but in most cases it can't hurt to co-operate with the police.

If you have been questioned by the police, either as a suspect or a witness, the police should make clear before you are released or leave the police station what further action, if any, will be taken, for example, whether you have been charged and if this will be reported to the Procurator Fiscal or whether you have been eliminated from the enquiry.

### STOPPING AND SEARCHING

The police can stop and search you without having a search warrant if it is in connection with the prevention of terrorism, or if they suspect you of being in possession of:

- drugs;
- an offensive weapon;
- stolen property;
- alcohol if you are at certain major football or rugby matches or on public transport travelling to such an event;
- evidence in relation to an offence under the Protection of Wild Mammals (Scotland) Act 2002;
- fireworks, which you intend to use in an anti-social manner;
- cash or the cash equivalent of £1000 or more which is the result of criminal activity.

Before they stop and search you they must have reasonable grounds for suspecting that they will find these things.

In these situations, an officer does not have to be in uniform but if they are in plain clothes they must identify themselves and provide documentary evidence of identity if asked to do so.

Obviously if a person claims to be police you should ask them for identification immediately and not give them any information until they do so.

In the above situations, the police should not require you to take off any clothing other than an outer coat or gloves and they can't carry out an intimate search, for example, an internal body search, without having a warrant to do so. Before carrying out the search, the police officer must give their grounds for the search.

If you have not been arrested, the search should be carried out in a place as private as possible by an officer of the same sex as you, and should be outwith the view of members of the opposite sex.

The police do not have the power to take

any fingerprints, palm prints or body samples, such as a blood sample, unless you have been arrested and detained.

Once you have given the police your name and address it is up to them to decide whether they want to ask more questions. If they don't then you should be allowed to go.

## **STOPPING AND SEARCHING VEHICLES**

Police officers in uniform have the power to stop a motor vehicle on a road and ask the driver to produce documents including:

- a driving licence;
- an insurance certificate;
- a test certificate.

A police officer in uniform can require you to take a breath test if you have been driving, attempting to drive or have been in charge of a motor vehicle and they suspect you of having alcohol in your body. It is an offence to fail to take the test in these circumstances.

## **POWER TO SEIZE POSSESSIONS**

Once they have carried out a search, the police have the power to seize and retain anything that they consider to be relevant to the offence.

The police can seize cash of £1,000 or more if they suspect that it could be the result of the proceeds of crime.

In Glasgow, where drinking alcohol in public is prohibited, the police also have the power to confiscate alcohol from people who are drinking it in a public place.

They can also confiscate alcohol from people aged 18 or over if it is suspected that the alcohol has been consumed or is intended for



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**Tuesday** 7.40-9.00pm Beginners Hatha Class - block



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0141 339 8541

consumption by people under 18. They can also confiscate fireworks that they think are going to be used for anti-social purposes.

## **POWER TO MOVE YOU ON**

The police have the power to move you on if they believe that you are obstructing the lawful passage of any other person in any public places or if you (either individually or as part of a group) are conducting yourself in a riotous or disorderly manner anywhere, to the alarm, annoyance or disturbance of the public.

If you have been asked to move on, you're entitled to ask for a reason and should expect to receive one but if you refuse to move you are likely to be charged with an offence.

## **WHAT SHOULD HAPPEN ON ARREST**

The police can arrest you if they have a valid arrest warrant. A warrant will state the grounds for arrest. They also have a power to arrest you without a warrant if you are:

- in the act of committing a crime;
- accused by an apparently credible witness of being seen committing a crime;
- seen running away from the scene of a crime pursued by others;
- threatening danger to the public;
- causing an offence to public decency.

A police officer also has the power to arrest you without a warrant under a range of statutes, for example, the Misuse of Drugs Act 1971 and the Prevention of Terrorism Act 2000.

If you are arrested by the police you should be told what you are being arrested for and which statute applies at the time of the arrest; if this is not possible in the circumstances, a reason should be given as soon as is practical.

However, an arrest is not necessarily unlawful because no reason was given at the time of your arrest. You have the right to have a solicitor and one other person (e.g. a parent) informed of your arrest.

## **WHEN WILL THE POLICE CHARGE YOU?**

The police will charge someone if they feel that they have enough evidence to prove they have committed an offence. The charge is a statement which states:

- what crime the person is charged with;
- when the crime was committed;
- where the crime was committed.

If you are charged with an offence, the police must caution you that you do not need to say anything in answer to the charge but that you have the opportunity to reply.

Any reply that you make will be noted and may be used as evidence in the future.

If the offence isn't serious and the police have no reason to doubt that you're normally a law abiding person, you may be charged but not detained any further.

Later you may receive a citation from the Procurator Fiscal to appear in court and, for some offences, may be offered the opportunity to plead guilty by letter. In other, more serious cases, the police may decide to hold you in custody, in a police cell, after arresting and charging you with an offence. At this point, you really should seek legal advice as soon as you are able to.

## **MORE INFORMATION**

For more information contact the SRC Advice Centre by emailing: [advice@src.gla.ac.uk](mailto:advice@src.gla.ac.uk)



## ETHICAL LIVING

As global warming starts to become more and more evident, and our natural resources are depleting, we have to think about the way that we act and whether it is a responsible way to treat the planet.

We're not expecting you to start living in trees and wearing tie-dye but there are some easy ways which will at least start to minimise your impact on the environment.

### **REDUCE, RE-USE OR RECYCLE?**

Recycling need not be a burden, and can really help reduce your footprint on the planet.

As well as taking bottles and paper to some of the recycling bins dotted around the city (the car parks on Gibson Street and the corner of Byres Road and University Avenue are handiest for uni), there are other things you can do.

### **BUY BARRS' GLASS BOTTLES**

this way you get a cheap bottle of pop that gets even cheaper when you return the bottle and the shop keeper gives you 30p. Genius.

### **DONATE TO AND SHOP IN CHARITY SHOPS:**

They say that one man's junk is another man's treasure, and the rise and rise of charity shops is proof that while you don't like a top anymore, someone else will.

### **FREecycle.org**

Log on to this international website and get other people's stuff for free. It's like a modern day multi-coloured swap shop.

### **BAGS**

Every time you go to a shop, think about whether you really need the bag you are offered, could you put your purchases in another bag. Make sure to save bags from one shopping trip for the next.

### **AN ECOLOGICAL HOME**

Whether you're in halls, rented accommodation or have your own property, there are some simple measures you can take which will help you to save both energy and money. Aside from the warm fuzzy glow that saving energy gives you inside, it also works out much cheaper for

you in terms of bills. So, even if you couldn't care less about climate change, it is definitely still worth giving these a try:

- Don't leave lights and switches turned on when not needed, and turn TVs or monitors off completely – don't just put them on standby. Up to 25% of household power is used for items on standby.
- Place reflective foil behind radiators to conserve heat.
- Keep thermostats at the lowest reasonable temperature or try just turning them down by 1 degree for a few months.
- Use economy programs on washing machines and similar appliances, and try to have full loads whenever you use them.
- Close your curtains to trap heat inside.
- Use energy saving light bulbs – they last much longer and keep your flat's electricity bills down.
- Only boil as much water as you need at a time – it uses less electricity, plus, it's cheaper, quicker, and reboiled water tastes pretty nasty.
- Don't buy over-packaged goods – what's the point in individually shrink wrapped carrots anyway?

Home-owners (either you or your landlord) can also consider bigger changes to make your property more environmentally friendly. Here's a few suggestions:

- installing double glazing;
- Insulating loft and outer walls;
- Upgrading your boiler to an energy-efficient model.

Whether you just swap regular bulbs for energy-saving ones, small changes do contribute to the sustainability of environmental security.

As more people make small changes in their homes, significant changes happen.

## **TRAVEL**

It's really worth thinking about how much of an effect your travelling is having on the planet. It is becoming more and more common for students to drive, but while for some it's a necessity, it may not be for you.

If you live in or around the West End then walking or cycling is often a more sensible option, with most things being only a five minute walk away.

For travel further afield, then you would be hard pressed for better public transport with bus, Subway and over-ground trains operating in the area. Using public transport greatly reduces the amount of CO2 per passenger. Check [www.spt.co.uk](http://www.spt.co.uk) for local travel advice and [www.traveline.org.uk](http://www.traveline.org.uk) for national information.

## **GET MORE INVOLVED**

There are lots of ways to lead a more ecologically sound life while at uni. This may mean getting involved in a university club like People and Planet or The Dirty Weekendrs, or it may just mean recycling your cans/bottles and buying food grown locally.

## **FAIRTRADE**

[www.fairtrade.org.uk](http://www.fairtrade.org.uk)

Glasgow University is one of a growing number of Fair trade Universities around the country. This means that the University and all the student bodies have signed an agreement stating that, where possible, fairly traded options will be made available. It is now possible to buy fairtrade options for everything from chocolate and coffee to t-shirts and board games. Keep an eye out for increasing numbers of lines in supermarkets, especially Co-op and Tesco, or go to more ethically minded shops like Roots and Fruits or the One World Shop on Byres Road.





# GOING OUT

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## CLOTHES SHOPPING

Glasgow has long held a reputation for great shopping, and it's well deserved. The 'Golden Z' of Sauchiehall Street, Buchanan Street and Argyle Street contains pretty much every single clothing shop that you could require.

### HIGH STREET STORES

If you get off the tube at Buchanan Street station, shut your eyes and throw a brick, you're more than likely to break the window of a huge branch of any high street store you could name – Miss Selfridge, Burton's, Primark, The GAP, Top Shop (twice), Debenham's, Schuh, TK Maxx, Zara, and many, many more all reside on one of those three streets.

The modern and unfathomably colossal Buchanan Galleries and St Enoch shopping centres, hold all the shops that the Golden Z misses out on, including huge branches of H&M, John Lewis and Next.

### DESIGNER CLOTHES

If you're looking for something a little more classy, get daddy to lend you his gold card and

head to the Merchant City (east from Buchanan Street) for some of the most exclusive shopping in the UK, including Agent Provocateur, Cruise and Ralph Lauren.

### INDEPENDENT CLOTHES SHOPS

If high street brands aren't your thing, there's plenty more options available to you, with many excellent independent clothes shops in the West End and city centre.

### KINGS PARADE

Kings Parade is a good place to start – this road and the area surrounding it just south of Trongate is very much Glasgow's arty quarter. Hidden amongst the artists' studios, leftfield shops and hairdressers, and round the corner from the 13th Note (see Live music [P156]),

### MR BEN

Mr Ben is a haven for all things retro and a bit cuckoo. If you're looking for a military jacket, a wedding dress or fifteen pairs of men's



flannelcloth swimming trunks, you should probably start looking here. It's not always cheap, but there's usually something nice to be found.

## KOZI

Also on Kings Parade you'll find Kozi, a hopelessly outdated but equally charming hippy-rave shop complete with glow in the dark bracelets and vests with flashing lights. Oh, and awful mid-90s trance on loop while you browse.

## OOH ERR..

Complete the shopping experience with a visit to the fetish shop at the end of Kings Parade where you can pick up a corset or a nice pair of crotchless knickers..

## WEST END/RUTHVEN LANE

The West End is also pretty good for independent clothing stores.

## STARRY STARRY NIGHT

Just off Byres Road on Ruthven Lane you'll find

the wonderful Starry Starry Night, Glasgow's best vintage clothing shop. Here you can pick up a Marilyn Monroe dress for as little as £30 as well as men's overcoats and some delightfully over the top costume jewellery.

## VINTAGE GURU

Vintage Guru on Byres Road also sells a great selection of inexpensive vintage items. All priced pretty competitively to Ruthven Lane rivals, it's a great place to suss out a unique piece of clothing to wear to your next W'endy flat party.

## CHARITY SHOPS

The West End is also brilliant for charity shops of all kinds, from clothing to furniture. Byres Road is full of the things.

## OXFAM STYLE

Oxfam Style on Byres Road collect the best clothes from the Oxfam shops in the area, and sell them at a bit of a premium (that is, for a charity shop). It's still dirt cheap, and worth checking out.



## SUPERMARKETS

If you've just left home for the first time, chances are you've never had to do much of the shopping in your house. The first thing to remember is not to go crazy; you may have a lot of disposable money but that doesn't necessarily mean that you need three different varieties of balsamic vinegar.

Be sensible about what you buy and shop around for the best or cheapest products, especially for those you buy regularly. Even if you are living in catered halls you will find that buying your own food is essential. Buying lunch out every day is expensive in Glasgow and usually not particularly healthy. If you're making all your own meals then it's worth finding the cheap places and hidden gems of the West End for supplies.

### SUPERMARKETS

In recent years, competition between supermarkets has increased, especially in the West End.

Byres Road now features nearly every type of supermarket available so shop around as there are some great bargains to be had as a result.

#### **WAITROSE** BYRES ROAD

[www.waitrose.co.uk](http://www.waitrose.co.uk)

The king of supermarkets for those with more expensive tastes arrived on Byres Road last year. Decked out in the latest lighting and technology, the store is great if you want to shop for particular items you can't get elsewhere, or simply want to veg out on pretentious food/drink for the evening. Its essentials range caters for the student budget and there are often bargains to be found post 7/8pm when food is reduced.

#### **TESCO METRO** BYRES ROAD

[www.tesco.com](http://www.tesco.com)

Shortly after the arrival of Waitrose, Tesco took over the old Woolworths store on Byres Road. The store hasn't got the same range and variety of food on offer at larger supermarkets, but it's pretty handy if you need to grab some bread, milk and a paper on the way home from lectures. Try to avoid going at peak times (5-7pm) as the queues can get pretty long. Oh, and don't get too frustrated with the self-service checkouts...

**MORRISONS**  
DUMBARTON ROAD  
[www.morrisons.co.uk](http://www.morrisons.co.uk)

Down next to Partick train station is Morrisons. It's slightly nicer than Tesco and they also offer a freephone taxi service. If you live in the Hillhead/Partick, or Yorkhill/Finnieston areas, this is the best place to go. It's large, decently priced and the range can't be argued with, especially when it comes to their meat and baked goods counters.

**SAINSBURY'S**  
CROW ROAD  
[www.sainsburys.co.uk](http://www.sainsburys.co.uk)

You'll also find a Sainsbury's around the corner, which is a slightly more pricey option, but they do have some good food.

**M&S SIMPLY FOOD**  
GREAT GEORGE STREET  
[www.marksandspencer.co.uk](http://www.marksandspencer.co.uk)

Marks and Spencer was one of the first of the pretentious supermarkets to land in the West End. It's usually useless for low-budget eating and caters mostly for yuppies on the go, so it's horrendously pricey. Like Waitrose, they put their reduced stock out at about 8pm, so check around then for bargains.

**ICELAND/FARMFOODS**  
BYRES ROAD  
[www.iceland.co.uk](http://www.iceland.co.uk)  
[www.farmfoods.co.uk](http://www.farmfoods.co.uk)

Iceland, next to Hillhead subway, and Farmfoods at the bottom of Byres Road both cater more for the student budget. They're most useful for buying bread, milk, and toilet roll, but they do have some great offers. They put together ridiculously good value bundles, so buying a packet of fish fingers usually entitles you to a

week's worth of free food – from ice cream to oven chips – that you don't need but will pick up anyway.

**TESCO**  
MARYHILL ROAD  
[www.tesco.com](http://www.tesco.com)

If you're in Murano St. or Wolfson Halls, you'll probably soon discover Maryhill Tesco.

Currently closed for redevelopment at the time of writing, it's got the usual huge selection of food, and is a marvel for student fodder, especially if you take advantage of the famed stripy Tesco Value range.

Many students discover their 10p noodles and eat little else for four years – it's tempting at the time, but really it's just a very cheap way to get scurvy. They offer a freephone taxi service; useful if you've got 15 bags of shopping to carry home.

**LIDL**  
MARYHILL ROAD  
[www.lidl.co.uk](http://www.lidl.co.uk)

Don't be put off by the obscure European brands: some of them are great, some of them are hit and miss.

They're particularly good for fruit juices, tinned food, cheese and fresh meat, as well as a comprehensive range of frozen foods, household products and worryingly cheap alcohol. Their fruit and veg section is infamously rubbish, though – probably best to give it a miss.

For many essentials, though, the supermarkets are undercut and completely outclassed by some of the excellent independent shops in the West End.

Have fun exploring them, and you'll reap the reward with cheaper and more interesting food.



## FRUIT & VEG

In the West End you should never need to buy your greens from the supermarkets. While they may seem convenient and cheap, they just can't compare to the abundant local greengrocers in terms of range and quality.

### **DE MARCO'S** BYRES ROAD

De Marco's at the bottom of Byres Road (opposite Farmfoods) offers a basic selection of local fruit, vegetables, fresh herbs, some staples and some more exotic offerings. The fruit is particularly well priced.

### **ANDERSON'S** BYRES ROAD

Anderson's half way up Byres Road, next to Hillhead subway, is more up-market, with a wider selection of fruit and veg, lots of exciting dry goods and flowers spilling out onto the street. Best of all, they'll give you a student discount, so you've got no excuse not to go there.

### **ROOTS & FRUITS** BYRES ROAD / GT WESTERN RD

Probably the best place to buy fruit and veg,

though, is Roots & Fruits. They have a branch on Byres Road (next to Waitrose) and a second shop on Great Western Road. They stock a huge selection of organic produce, whole foods and healthy snacks as well as decently priced basics. It's a great place to go if you're vegan as well. They offer a student discount, too.

### **GRASSROOTS** WOODLANDS RD

Grassroots at the bottom of Woodlands Road offers a similar range of products with the advantage of having an extensive natural body care section.

### **SOLLY'S** GREAT WESTERN ROAD

Also worth discovering is Solly's on Great Western Road. This African and Caribbean grocers sells an incredible range of fruit and vegetables, many of which are impossible to find anywhere else.

### **OTHER GROCERS**

Look at Hakim Bros. on Woodlands Road and any of the grocers on Dumbarton Road for super cheap fruit and veg, though the range tends to be a bit limited.



## DELICATESSENS/ FISH/MEAT/PULSES

### **DELICATESSENS**

#### **PECKHAMS/KEMBER & JONES/ HEART BUCHANAN** BYRES ROAD

The West End hosts some truly divine delis.

On Byres Road, Peckhams (which also has stores on Clarence Drive and Hyndland Road), Kember and Jones and Heart Buchanan fight it out for supremacy.

If you're going to be tempted by yuppie-priced quality food, make sure you try these out.

Heart Buchanan probably has the most character but all three sell excellent meats, cheeses and cakes as well as an array of tempting but expensive snacks.

#### **DELIZIQUE** HYNDLAND STREET

Better than all these though is Delizique (corner of White Street and Hyndland Street).

It's virtually undiscovered by most of the usual West End deli crowd, with a fruit and veg

selection which outshines any of the others and staff who don't mind taking a bit of time to advise you on your purchase.

### **MEAT/FISH/PULSES**

While greengrocers in the West End thrive, butchers are unfortunately almost non-existent.

However, you can save a fortune on chicken and lamb by going to the specialist Asian and continental shops in the Woodlands and Dumbarton Road areas and buying Halal meat.

The best of these shops is the KRK on Woodlands Road where you can also buy all your spices, rice, lentils and pulses at wholesale prices.

### **FISH MONGERS**

#### **ALAN BEVERIDGE** BYRES ROAD

For fish, the only place to go is the Alan Beveridge Fishmongers at 188 Byres Road (beside Hillhead Underground), where you can buy fresh catches at affordable prices.



## OFF-LICENCES & 24HR SHOPS

### OFF-LICENCES

The law states that you can't buy booze after 10pm, but there are some places in the West End with a late licence. Most of the supermarkets on Byres Road sell alcohol until 10pm each night. There are also dedicated off-licences in the West End if you're looking for more variety.

### THE CAVE

The Cave on Great Western Road has all kinds of drinks from around the world, including a great selection of beers, and if they don't have what you want they can try to source it.

### ODDBINS

With branches in Hyndland and Byres Road, Oddbins stocks a large variety of beers, wines and spirits.

### QMU

Members of the QMU can buy off-sales during normal shop hours as well as until 12am on Tuesdays, 3am on Fridays and 2am on Saturdays.

### OFF-SALES IN PUBS

Several pubs will also offer off-sales from behind the bar, but usually the only way to find out is to ask.

Your best bet is to send the best-looking member of your group and get them to bat their eyelashes.

### 24 HOUR SHOPS

Strangely enough, the West End is rather underserved when it comes to 24 hour shops – you might have to walk a few blocks if you get a desperate need for some Doritos in the middle of the night. Here's a couple:

#### CO-OP

470 GREAT WESTERN ROAD, G12

#### NISA

258 GREAT WESTERN ROAD, G4  
310 DUMBARTON ROAD, G11

#### SHOP 24/7

404 BYRES ROAD, G12





## POST OFFICES

687 GREAT WESTERN ROAD  
 384 DUMBARTON ROAD  
 76 ST VINCENT STREET TERRACE  
 136 MARYHILL ROAD

## PHARMACY

For a late night pharmacy, try Munro's, (693 Great Western Road) which is open til 9pm every day. The St Enoch Centre branch of Boots The Chemist provides a whole range of services including the morning after pill. Call 0141 248 7387 for details.

## HOUSEHOLD

IKEA is the obvious student choice for cheap household goods. It's only 10 minutes drive from the West End if you have a car, or if not, the number 747 bus runs every hour from Partick Bus Station to Braehead Shopping Centre via IKEA. Alternatively, the number 55 bus from Buchanan Bus Station stops outside IKEA and runs every half hour. IKEA deliver large items, but at a price.

Staying local, there are many cheap home stores on Dumbarton Road and Great Western Road selling almost everything you need. Au Naturele on Woodlands Road is another great student choice, with cheap and trendy household goods – consider it an IKEA alternative, if you can't be bothered driving out there, or you don't need a futon with a funny name.

While chain stores are a dependable source of cheap furniture, there is a chance you'll find yourself with much of the same furniture as many of your friends. If you're after something a little more individual then why not check out the abundance of charity and second hand shops in the west end. The Salvation Army and British Heart Foundation shops on Dumbarton Road both specialise in furniture and will even deliver for a small fee. You'll also be doing some good with your money.

## KEY CUTTING

It's a good idea to get a spare set of keys cut. There are key cutters on Byres Road, Great Western Road and Dumbarton Road Expect to pay £2-3 for a Yale key.



## CDS/DVDS/RECORDS

### **FOPP** BYRES RD/UNION ST

[www.foppreturns.com](http://www.foppreturns.com)

While Glasgow has its fair share of the near-obligatory HMVs, for a long time now there is only one name that needs concern the average record shopper: Fopp.

If you're looking to fill any holes in your Bob Dylan collection, you'll probably be able to pick them up here for three quid, and new releases generally come in at a tenner or less.

The DVD collection has expanded to take up around half the shop, and houses similar bargains – expect to pick up TV series for £10 and films for as little as three quid.

Fopp sent students across Britain into a panic in 2008/9 by suddenly closing all their stores but HMV have bought the brand and intend to continue running the stores separately to their other ventures.

Both of the chain's Glasgow shops (on Byres Road and Union Street) reopened shortly after closing and so far it's been business as usual,

despite their new evil corporate overlords. While Fopp's collection of CDs is dirt cheap and expansive, if you're a true music nerd you might start to find the shop a bit lacking in depth.

But don't worry! We've got you covered.

Whether you're into classic rock, minimal techno or the Baltimore noise scene, there'll probably be a specialist shop ideal for you.

### **MONORAIL** KINGS PARADE

[www.monorailmusic.com](http://www.monorailmusic.com)

If your knowledge of alternative music extends beyond what brand of eyeliner Brandon Flowers is using today, Monorail will be your second home.

It is built into the determinedly independent drinking hole/grocery/lending library/venue Mono, and it shares its friendly, slightly eccentric atmosphere.

They range from the very best in trendy Canadian bands to great electronica, metal, leftfield hip-hop and noise, obscure folk records



from the 60s, Japanese imports, and things from genres that you never even knew existed.

The only slight caveat is the price – you will be lucky to find anything that costs less than twelve quid, unless you look hard in the great second hand section.

### **MIXED UP RECORDS** OTAGO LANE

[www.mixeduprecords.com](http://www.mixeduprecords.com)

The best stocked second hand shop in the city. Well sorted and displayed records with underpriced gems all over the shop.

### **OXFAM MUSIC** BYRES ROAD & VICTORIA ROAD

[www.oxfam.org.uk/shops/content/music.html](http://www.oxfam.org.uk/shops/content/music.html)

Glasgow has two of Oxfam's flagship music outlets. The store on Byres Road is packed full of CDs, DVDs, Records and one-off items for sale (e.g. speakers/guitars/hi-fis/keyboards).

Makes crate digging easy by well organised

[WWW.GLASGOWSTUDENT.NET](http://WWW.GLASGOWSTUDENT.NET)

stock and marking quality, but you will pay for that privilege.

### **RUBADUB** HOWARD STREET

[www.rubadub.co.uk](http://www.rubadub.co.uk)

The record shop of choice for most of Glasgow's top DJs, Rubadub is the place for underground electronica.

It is the sound of Glasgow's club scene, with heaps of rare and cutting-edge US and European house and techno from the world's most innovative labels.

They also do a strong selection of UK hip-hop and grime. The staff are all DJs themselves and seriously know their stuff.

Don't expect to come away with anything for less than seven quid though.



## BOOKS ETC.

In the town centre there is the usual selection of massive bookshops (Waterstones etc.), but around the West End there's a much more interesting selection of first and second hand bookshops.

### **SRC SECOND HAND BOOKSHOP**

JOHN MCINTYRE BUILDING  
UNIVERSITY AVE

[www.glasgowstudent.net/services/bookshop](http://www.glasgowstudent.net/services/bookshop)

Textbooks on University course reading lists usually cost about £30 each in John Smiths or Waterstones. The SRC offers students the option of both selling old course texts and buying second hand ones. Books are around half the price you'd normally pay and you might find your copy already has some good notes in if you're lucky.

### **OXFAM BOOKS**

BYRES ROAD  
[www.oxfam.org.uk/shop/second-hand-books](http://www.oxfam.org.uk/shop/second-hand-books)

Not happy with their Music and Style specialist shops, Oxfam also opened a second hand book

shop in the West End. It's always good for classics (English Literature students take note) but you can often get prescribed books for other subjects, as many lecturers donate their unwanted books here.

### **JOHN SMITHS**

LEVEL 1 FRASER BUILDING

[www.johnsmith.co.uk/shop/](http://www.johnsmith.co.uk/shop/)

If you can't find your academic texts anywhere else, John Smiths will definitely have it. They stock almost every course text and can order in pretty much anything. Check out the second hand stores and high street shops if you can't find something in here, though.

### **BARRETTS**

BYRES ROAD  
<http://www.afjbarrett.com/>

This seemingly normal West End newsagents houses an amazing selection of magazines and newspapers. Their stock includes MAD Magazine, Fishing Weekly, Scratch, Architects' Journal, Spanish Cosmo, and more. They also have loads of things to write on and with.



**VOLTAIRE & ROUSSEAU**  
**THISTLE BOOKS**  
 OFF OTAGO STREET

**CALEDONIA BOOKS**  
 GREAT WESTERN ROAD  
[www.caledoniabooks.co.uk](http://www.caledoniabooks.co.uk)

These three second hand bookshops, which are all within two minutes' walk of each other, may well contain every book ever published, in huge, ceiling-scraping piles. Their esoteric and extensive range is something that must be experienced first hand.

**OTHER SHOPS**

**FELIX AND OSCAR**  
 GREAT WESTERN ROAD  
[www.felixandoscar.co.uk](http://www.felixandoscar.co.uk)

It calls itself "the coolest shop on the planet" and it's probably got a fair claim to that moniker. Felix and Oscar is a treasure trove of knick-knacks, gewgaws and trinkets from tremendously stylish designers. If you're looking for a two-tier cake tray to finish off your new home, you'll probably

find a good one here.

**A1 COMICS**  
 PARNIE STREET  
[www.a1comics.com](http://www.a1comics.com)

Sells pretty much every comic you could ever want, from superhero classics to more obscure collections.

**RICHER SOUNDS**  
 JAMAICA STREET  
[www.richersounds.com](http://www.richersounds.com)

Quality hi-fi equipment on a budget. If it's time to ditch that £50 mega bass boost system for a real setup, then these are the people that you should speak to.

**TISO**  
 BUCHANAN STREET  
[www.tiso.com/uk\\_shops/](http://www.tiso.com/uk_shops/)

Outdoor goods for those strange souls who like walking up big hills in the rain for fun. Check out their 'Outdoor Experience' store on Coupar Street for an even bigger selection of equipment.

students' representative council

src

university of glasgow

# SECOND HAND BOOKSHOP

SAVE **MONEY** ON  
YOUR COURSE TEXTS

[www.glasgowstudent.net/services/bookshop](http://www.glasgowstudent.net/services/bookshop)

[bookshop@src.gla.ac.uk](mailto:bookshop@src.gla.ac.uk)

0141 339 8541



**CINeworld**  
RENFREW STREET  
[www.cineworld.co.uk](http://www.cineworld.co.uk)

This cinema – the tallest in the world, according to a sign in the lobby – hulks over Glasgow city centre and boasts 18 screens, leaving ample room for both the biggest blockbusters and short-run indie flicks. There's simply no other cinema in Glasgow that can match it for the range of films on offer – if you just head down at any time of day, it's more than likely that a film you want to see will be starting in five minutes.

Its bar is decent for grabbing a quick drink before the film, if you can stand the constant barrage of advertising in your ear. It isn't the cheapest cinema in the world, but the more dedicated film fan can purchase an 'Unlimited' card which allows you to see as many films as you like for around £13 a month. It's recommended to anyone that goes to the cinema more than once a fortnight, and is guaranteed to make your friends jealous (although, they don't tend to check the picture on the card, so if your friend's got one and you want to go for free... I'm just saying).

**GLASGOW FILM THEATRE**  
ROSE STREET  
[www.gft.org.uk](http://www.gft.org.uk)

Run as a charity and funded through donations and seat sponsorship from the likes of Ewan McGregor and Robbie Coltrane, the GFT is a well loved Glasgow institution and the antithesis of Cineworld. Its two screens show independent, arthouse and world cinema, and with 'film seasons' and festivals taking place throughout the year, it can often be a chance to see films on the big screen that were out before your time.

**GROSVENOR CINEMA**  
ASHTON LANE  
[www.socialanimal.co.uk/GlasgowWestEnd/Grosvenor\\_Cinema/](http://www.socialanimal.co.uk/GlasgowWestEnd/Grosvenor_Cinema/)

Situated on Ashton Lane, a couple of minutes walk from uni and amid overpriced pubs and posh restaurants, this is how cinemas should be – huge plush leather seats, decent screens and friendly staff. It's even fully licensed, so you can buy a pint in The Lane, and take it in with you for your film. If you want to impress your date, hire a sofa at the back of the cinema for as little as £12.



## MUSEUMS & GALLERIES

Since being named European City of Culture in 1990, culture has become one of Glasgow's big industries. The city will always have a chip on its shoulder about not being considered as 'cultured' as Edinburgh but the high profile shows and events that Glasgow consistently attracts – and the investment that comes with it – speaks for itself. Admission to Glasgow museums is free unless stated otherwise. For more information including opening times and admission charges, visit: [www.glasgowlife.org.uk](http://www.glasgowlife.org.uk)

**KELVINGROVE ART GALLERY & MUSEUM**  
 ARGYLE STREET  
[www.glasgowlife.org.uk](http://www.glasgowlife.org.uk)

It re-opened its doors in 2006 after a £27.9 million renovation, and this massive museum in Kelvingrove Park is now more impressive than ever. A huge and bafflingly varied collection includes work by Dali, Matisse and Rembrandt, along with an enormous collection of armour, dozens of fossils, a stuffed elephant that answers to the name of Sir Roger, and much, much more. The museum has taken the time during the refurbishment to add to its collection, with new

exhibits including a completely restored Spitfire and a giraffe (name unknown).

**THE BURRELL COLLECTION**  
 POLLOK COUNTRY PARK  
[www.glasgowlife.org.uk](http://www.glasgowlife.org.uk)

This idiosyncratic collection of artifacts ranging from Chinese porcelain to paintings by Cezanne is perhaps Glasgow's most famous attraction, donated to the city by the collector and wealthy industrialist Sir William Burrell in 1944. The impressive building that houses the collection – designed by Barry Gasson in 1971 – is worth the visit alone. Get the train from Glasgow Central to Pollokshaws West. It's right next door.

**GALLERY OF MODERN ART**  
 ROYAL EXCHANGE SQUARE  
[www.glasgowlife.org.uk](http://www.glasgowlife.org.uk)

Glasgow's newest museum was widely derided by the Glasgow art scene when it first opened, but it's growing in reputation, and holds a lot of good pieces from artists both established and new. There are temporary and permanent exhibitions reflecting a decent range of work



from Scottish and international artists, and there's also a nice little public library in the basement.

### **GLASGOW SCIENCE CENTRE PACIFIC QUAY**

[www.glasgowsciencecentre.org](http://www.glasgowsciencecentre.org)

Make like an over-excited little child and play with the dozens of interactive exhibits available in this modern museum. It's one of the more expensive museums in Glasgow (as in, it's not free), but you can while away hours learning about everything from the human body to the planet Earth. It's walkable from the West End, across Bell's Bridge from the SECC, just off Argyle Street.

### **CENTRE FOR CONTEMPORARY ARTS (CCA) SAUCHIEHALL STREET**

[www.cca-glasgow.com](http://www.cca-glasgow.com)

The Centre for Contemporary Arts is a constantly evolving space designed to host every kind of arts event going. There's dance, film, classes, club nights, and all kinds of obscure 'niche' weirdness. Every so often something truly special happens here. Keep an eye on what's going on so that you're there when it does.

### **HUNTERIAN MUSEUM & GALLERY GLASGOW UNIVERSITY**

[www.hunterian.gla.ac.uk](http://www.hunterian.gla.ac.uk)

You don't even have to leave campus for a bit of culture. The Museum in the main building – celebrating its 200th birthday this year – has everything from dinosaur eggs to coins and exhibitions about Lord Kelvin and Glasgow's history in medicine. The Art Gallery (next to the Library) has permanent collections of the Scottish Colourists (Samuel Peploe, JD Ferguson etc). Recent highlights included a Whistler

retrospective and an avant-garde graphics exhibition. The museum section benefits from a recent renovation.

### **ST MUNGO MUSEUM OF RELIGIOUS LIFE AND ART CASTLE STREET**

[www.glasgowlife.org.uk](http://www.glasgowlife.org.uk)

This lovely little museum, situated just next to Glasgow Cathedral, aims to "promote understanding and respect between people of different faiths and none". It holds many pieces of art from most of the world's major religions, and several fascinating exhibitions. It can be a little tricky to get to, on the other side of the city centre, but it's well worth checking out.

### **TRAMWAY ALBERT DRIVE**

[www.tramway.org](http://www.tramway.org)

One of Scotland's most internationally acclaimed art spaces. Once the city's main tram terminus, today the site hosts stunning performance and visual art from the cream of international and homegrown talent, along with the occasional gig. It's worth checking the website regularly to see if there's anything that takes your fancy. While you're there check out the Hidden Gardens (hidden, er, round back). About two minutes on the train from Glasgow Central to Pollokshields East.

### **RIVERSIDE MUSEUM OPENING SPRING 2011**

[www.glasgowlife.org.uk](http://www.glasgowlife.org.uk)

The Museum of Transport is relocating to a spectacular new building next to Glasgow Harbour. Designed by world-renowned architect, Zaha Hadid, the building will house vintage subway trains, trams, trains and cars, as well as 3 full-size reproductions of Glasgow streets. Check the website listed above for more information.



## THEATRE

Glasgow has had a thriving theatre scene for decades, and it offers something for everyone, no matter what your taste runs to.

If you're looking to see Paul McKenna hypnotise people into making fools out of themselves, roll on up. If you're more of an Antigone kind of a person, you're in luck. It's all here.

If you want to feel worthy, and do your bit supporting the arts, try to visit some of the more obscure venues as well. 'Bard in the Botanic' brings you Shakespeare amongst the flowers in the Botanical Gardens, and Glasgow's own acclaimed Apollo Players are worth a visit too. If you're lucky – or vigilant – you might also stumble across a bit of street theatre.

### **ORAN MOR**

BYRES RD / GREAT WESTERN RD

[www.oran-mor.co.uk](http://www.oran-mor.co.uk)

With the self-given mission to bring theatre back to the masses, Oran Mor introduced its hugely popular 'Play, Pie and Pint' afternoons a couple of years ago. With big name guests such as Robbie

Coltrane, and the cream of Scottish writing talent on board, though, you might have to sell your granny for a ticket these days. Also, take a look at the walls: Alasdair Gray's drawn all over them. Neo-pagan theme, apparently. Very nice.

### **THE ARCHES** ARGYLE STREET

[www.thearches.co.uk](http://www.thearches.co.uk)

This unusual space occasionally reveals itself to be more than just a clubber's haven. The enormous man-made cave is an ideal venue for some of the more challenging theatre in Glasgow. Showcasing new writing talent is a priority here, but you can also occasionally catch stuff like the Tennessee Williams play that you never even knew existed.

### **CITIZENS** GORBALS STREET

[www.citz.co.uk](http://www.citz.co.uk)

The Citizens theatre is just that: expect mainstream crowd pullers and accessible art-house with a lefty edge. It's also a very child-



friendly theatre, providing shows for and by kids, while rarely dumbing down or patronising. Tickets for students usually come in at half the normal cost, but if you live close by you can purchase a Gorbals card, which knocks the price down to three quid.

### **COTTIERS** HYNDLAND STREET

[www.thecottier.com](http://www.thecottier.com)

This converted parish church in leafy Hyndland (about 10 minutes walk from uni) is worth a visit for the building alone – when they're not putting on varied exciting plays and performances, it's used regularly as a set by TV production companies. It's also a good bar with a beer garden for when the sun comes out.

### **GILMOREHILL G12** UNIVERSITY AVENUE

[www.gilmorehillg12.co.uk](http://www.gilmorehillg12.co.uk)

This university-run theatre, just down the road from the main building, houses some of the most dynamic theatre in Glasgow. While the quality naturally varies, tickets are always cheap

and it's a great opportunity to see some exciting new talent. Home to student produced films and student theatre company STAG (see Clubs and societies [P57-62]).

### **KINGS THEATRE** BATH STREET

[www.ambassadortickets.com/King's-Theatre](http://www.ambassadortickets.com/King's-Theatre)

The Kings Theatre is as much a part of Glasgow as the Barras Ballroom: It's as cheesy as Graham Norton, and that's what makes it charming. Go for the panto, stay for the banter.

### **THEATRE ROYAL** HOPE STREET

[www.ambassadortickets.com/Theatre-Royal-Glasgow](http://www.ambassadortickets.com/Theatre-Royal-Glasgow)

If you want some high culture to go with your red wine and smelly cheese, the Theatre Royal is the place to get it. Home to the Scottish Opera, and with regular visits from the Scottish Ballet, the Royal Shakespeare Company and the Royal National Theatre, you'll be sure you're getting the real deal at cheap prices.



## Catering to a higher degree all over campus

- Students
- Staff
- Visitors
- Fairtrade, vegan and vegetarian status

### Hospitality Services' outlets - Food for thought right here on campus

You only have to fall out of the library or a lecture to be in a Hospitality Services' café. Open at 8am (until 7.30pm Monday to Thursday), 'Food to go' in the Fraser Building has Fairtrade coffee, breakfast rolls and the daily newspapers. With 400 seats and wi fi level 3 of the Fraser Building is a great location for a break. 'Food for thought' has hot lunch options from 11am-3pm.

One A The Square's Café Bar offers barista service coffees and the Brasserie has hot lunch options from 11.30am-2.30pm. There's wi fi here too and comfy couches for quiet contemplation of your lecture notes or Facebook.

The Food Farm at the Vet School keeps our country cousins fuelled up with home made soup and home baking.

STAC (St Andrew's Café- Faculty of Education), Links Café (between the West Medical and Davidson Buildings), the John McIntyre Café and Atrium Café (Wolfson Medical School Building) have sandwiches, fruit pots and a vegan soup option daily. If you simply can't stay away from the campus at the weekend, 'Food in focus' (level 3, University Library) is open and the vending machines are accessible until the wee small hours. Students benefit from preferential prices on some refreshments. Please show your registration card at time of purchase. Hospitality Services- catering to a higher degree all over campus.

[www.glasgow.ac.uk/hospitality](http://www.glasgow.ac.uk/hospitality)

The University of Glasgow, charity number SC004401

# Food





## FESTIVALS

### **GLASGOW FILM FESTIVAL**

[www.glasgowfilmfestival.org.uk](http://www.glasgowfilmfestival.org.uk)

Your chance to see over 100 different films over 10 days, from future cult classics to incisive documentaries.

### **CELTIC CONNECTIONS**

[www.celticconnections.com](http://www.celticconnections.com)

19 days of traditional music from Scotland and around the world, with concerts, ceilidhs, and workshops.

### **HALT BAR HIJACK**

[www.myspace.com/haltbarhijack](http://www.myspace.com/haltbarhijack)

Three days of booze, heavy rock and experimental music in the venerable West End hangout.

### **WEST END FESTIVAL**

[www.westendfestival.co.uk](http://www.westendfestival.co.uk)

This huge and expansive festival goes on for weeks and covers everything from music to plays to a great big Mardi Gras parade. Check the website for more info about events near you.

### **INTERNATIONAL COMEDY FESTIVAL**

[www.glasgowcomedyfestival.com](http://www.glasgowcomedyfestival.com)

This festival hosts everything from stand-up, to comedy theatre, to classic Marx Brothers films, featuring some of the funniest men and women on this planet.

### **OTHER FESTIVALS**

There are loads more festivals taking place throughout the year. We've listed a few of them below. Check online for more details.

### **GLASGOW MELA**

[www2.seeglasgow.com/glasgowmela](http://www2.seeglasgow.com/glasgowmela)

### **GLASGOW JAZZ FESTIVAL**

[www.jazzfest.co.uk](http://www.jazzfest.co.uk)

### **MERCHANT CITY FESTIVAL**

[www.merchantcityfestival.com](http://www.merchantcityfestival.com)

### **GLASGAY!**

[www.glasgay.co.uk](http://www.glasgay.co.uk)

### **GLASGOW ART FAIR**

[www.glasgowartfair.com](http://www.glasgowartfair.com)

### **AYE WRITE! BOOK FESTIVAL**

[www.ayewrite.com](http://www.ayewrite.com)



## BARS & RESTAURANTS

Eating out in Glasgow is nearly always a great experience. There's very few bad restaurants around, and all kinds of venues experiment with new ideas, like Stravaigin's ostrich burgers or the Bothy mixing traditional and contemporary Scottish flavours. Most places below are towards the cheaper end of the budget, but there's one or two for impressing your date.

### **CHOW** BYRES ROAD

[www.chowrestaurant.co.uk](http://www.chowrestaurant.co.uk)

Upmarket little Chinese that's relaxed enough to be intimate but stylish enough to impress. Chow offers an excellent menu and main courses are under £10. It's small, though, so bear it in mind for romantic dates rather than huge parties. There's also some incredibly cheap lunch deals on offer.

### **ICHIBAN** DUMBARTON RD / QUEENS ST

[www.ichiban.co.uk](http://www.ichiban.co.uk)

Ichiban is a chic Japanese noodle bar, stylish yet great value. If you're feeling a bit worse for

wear or just incredibly hungry then one of their noodle soups will sort you right out: they're large enough to swim laps in and absolutely delicious. You can settle in for the evening with a Japanese lager or a plum wine and soda water. They also do a great line in sushi and bento boxes.

### **MOTHER INDIA** WESTMINSTER TRCE/ SAUCHIEHALL ST

[www.motherindiaglasgow.co.uk](http://www.motherindiaglasgow.co.uk)

Glasgow is recognised as the curry capital of the UK and this restaurant is one of the reasons why. It's not the cheapest but it's probably the best – which is why you have to book at least a day in advance if you want to get a table. Fusing traditional Indian cooking with local ingredients (like spiced smoky haddock), Mother India is not your average curry house.

### **THE WEE CURRY SHOP** ASHTON LANE

[www.weecurryshopglasgow.co.uk](http://www.weecurryshopglasgow.co.uk)

Owned by the same people as Mother India but about half the price, this tiny restaurant is all



about simplicity. No fancy stuff here: just simple home-made grub the way it was supposed to be made. Look out for the 2 course lunch menu. At £5.80, it would be a bargain wherever it was, but on Ashton lane it's unheard of. You might have to book in advance, though.

### **THE BOTHY** RUTHVEN LANE

[www.socialanimal.co.uk/GlasgowWestEnd/Bothy\\_Glasgow/](http://www.socialanimal.co.uk/GlasgowWestEnd/Bothy_Glasgow/)

The faux-Scots menu makes it look like they're trying too hard, but the food is great: hearty Scottish meals in generous portions, spiced up with some contemporary flavours, such as Irn-Bru. Really.

### **ASHOKA** ASHTON LANE

[www.ashokarestaurants.com](http://www.ashokarestaurants.com)

Part of the near-monopolistic Harlequin chain, the Ashoka restaurants are something of a Glasgow institution. At the weekend its Ashton Lane branch is always crammed, hot and noisy, but it's worth it for their fantastic curries.

### **UBIQUITOUS CHIP** ASHTON LANE

[www.ubiquitouschip.co.uk](http://www.ubiquitouschip.co.uk)

For a long time considered Glasgow's finest restaurant and still definitely up there with the best, the Chip is one for a special occasion. The emphasis is on good Scottish food and you certainly pay for the privilege. There's a surprisingly laid back atmosphere amongst the foliage and murals by Scottish author Alasdair Gray.

### **STRAVAIGIN** GIBSON STREET

[www.stravaigin.com](http://www.stravaigin.com)

Closed for refurbishment at the time of writing, Stravaigin is a popular choice for students and professionals alike. The restaurant offers the choice of two dining options. The bar menu is the more affordable, serving up the best fish and chips in the West End and imaginatively flavoured home-made ice cream. Downstairs is pricey and concentrates on fish, seafood and a great wine list.



## CAFES & COFFEE SHOPS

The West End is full of darling bohemian types, sophisticated students, and people that would like to think that they're darling bohemian types or sophisticated students, so it's packed full of cafes and coffee shops to suit every taste and budget. From cheap and cheerful greasy spoons to super-sophisticated coffee joints where you can drop a fiver on a sandwich if you really want to. Here are some of the best that the city has to offer.

### **TRIBECA** DUMBARTON ROAD

[www.tribecacafe.co.uk](http://www.tribecacafe.co.uk)

This New York-themed cafe rivals Il Cappuccino for its sandwiches: great ingredients prepared to perfection between huge slabs of bread. Tribeca also serves the biggest breakfasts you'll see outside of Marlon Brando's trailer

### **TINDERBOX** BYRES RD

[www.list.co.uk/place/100749-tinderbox/](http://www.list.co.uk/place/100749-tinderbox/)

With its Vespa in the window and chrome furnishings, you get the feeling Tinderbox is trying

a little bit too hard. Still, it's always rammed, with people even sitting outside right next to one of Glasgow's busiest junctions, enjoying car fumes with their caramel latte. The reason? They serve really great coffee. Ideal for coffee aficionados and first dates.

### **IL CAPPUCCINO** GREAT WESTERN RD

[www.list.co.uk/place/103459-il-cappuccino/](http://www.list.co.uk/place/103459-il-cappuccino/)

Probably the West End's best sandwich shop. Friendly staff prepare a vast range of sarnies full of great ingredients, sometimes in unusual combinations (ever tried roast beef on a croissant?).

Homemade cakes and great coffee fill out the perfect lunch. It also functions as a delicatessen, selling all kinds of tasty ingredients.

### **OFFSHORE** GIBSON ST

[www.myspace.com/offshorecoffee](http://www.myspace.com/offshorecoffee)

Bright, airy and open till 11pm, Offshore is a central point for the West End's Latterati culture.





The beautiful and charming staff, great coffee, sofas you can disappear into for hours and free WiFi access all make this a popular hang out. Arrive early to make sure your favourite sofa isn't taken by an idiot with a mullet and a Powerbook.

### **UNIVERSITY CAFE** BYRES RD

[www.list.co.uk/place/100550-university-cafe/](http://www.list.co.uk/place/100550-university-cafe/)

A historic art deco greasy spoon just down the road from University that somehow hasn't been gentrified. Their full Scottish breakfast, pie at lunchtime and Knickerbocker Glory made with homemade ice cream are all worth trying. This place is the real thing.

### **TCHAI OVNA** OTAGO LANE

<http://tchairovna.com/>

You'll probably find the best cup of tea in Glasgow in this well-hidden hippy teahouse. Situated on Otago Lane, just off Gibson Street, the teahouse serves over 80 varieties of tea, and their signature Yogi Chai is as good a place as any to start. The Tchai Ovna effect is well

documented: you drop in for a quick cup of tea and before you know it it's four hours later, you've collected enough pots and mugs to start your own china shop and you've lost all feeling in your legs.

### **BAY TREE CAFE** GREAT WESTERN RD

<http://baytreecafe.com>

At first glance Bay Tree has the look and feel of a tea room but it is, in fact, an excellent vegetarian cafe. The friendly staff serve up Middle Eastern, Mediterranean and Eastern European food that ranges from tiny snacks to full meals.

### **BEANSCENE** CRESSWELL LANE/ ARGYLE ST/ WOODLANDS RD

[www.beanscene.co.uk](http://www.beanscene.co.uk)

Wherever you go in Glasgow you seem to find these places – they're like a Scottish Starbucks.

Like the big green giant, they're not the cheapest, and they're not the best, but they're quite often the closest.



## PUBS & BARS

As a new student, one of your first priorities (and rightly so) will be to find your favourite drinking hole. Luckily, Glasgow has more than enough pubs to suit every taste and budget, and any decent search will be extended and most enjoyable.

The brave might be tempted to try the sub-crawl – stopping at every stop on the Subway and drinking in the nearest pub each time – but it's certainly not for the faint-hearted and probably isn't recommended by any good doctor.

### **ASHTON LANE**

#### **VODKA WODKA**

[www.vodkawodka.co.uk/](http://www.vodkawodka.co.uk/)

As the name suggests, Vodka Wodka concentrates on Russia's most famous export. With a vast array of flavoured and specialist vodkas behind the bar (and an imaginative cocktail list on top of it) there's something to everyone's taste in here.

Of course you'll only be able to order them if you're lucky enough to get inside: this is one of Glasgow's smallest bars, so don't expect to

wander through the door at 10pm on a Saturday night without queuing first. There's normally more students in Vodka Wodka than in most style bars so you're bound to bump cocktail jugs with someone you know.

### **BREL**

[www.brelbarrestaurant.com/](http://www.brelbarrestaurant.com/)

There's no better place to spend a summer's afternoon than on the grassy slope behind Brel. Unless, that is, you have any concept of money: half-pint bottles of beer can run to as much as three quid. It's worth it, though, to see the jealous looks of students trudging past on their way to their business studies lecture.

### **UBIQUITOUS CHIP**

[www.ubiquitouschip.co.uk](http://www.ubiquitouschip.co.uk)

Unlike Ashton Lane's other pubs the Chip has somehow avoided becoming pretentious and remains one of the West End's best pubs.

As you'd expect for a pub attached to a restaurant the wine list is extensive (and expensive) but the small selection of draft beer and cider

is excellent and a bit more interesting than your standard Glasgow fare. Friendly staff and regulars (including a number of dogs) create an atmosphere that defies the well-judged absence of music. With an open fire in winter and an airy balcony in summer, this is a great place to disappear to for an hour or two.

## **DUMBARTON ROAD**

### **THREE JUDGES**

[www.threejudges.co.uk](http://www.threejudges.co.uk)

Voted one of Scotland's finest pubs on numerous occasions, the Three Judges boasts one of the best arrays of guest ales in the city.

The staff will let you try before you buy and the regulars always have plenty of advice for you too (though not always to do with the beer). At the weekend the in-house jazz band gets going early.

## **BYRES ROAD**

### **TENNENTS**

[www.freewebs.com/tennantsbar/](http://www.freewebs.com/tennantsbar/)

This staunchly traditional pub provides welcome respite from the unstoppable deluge of trendy bars marching its way across the West End. While it initially seems rather hostile to students, it's anything but – most of the staff there are students or ex-students, and swap work with the staff downstairs in the Basement. The food is cheap and modestly cheerful, and it has some good guest ales.

## **THE BASEMENT**

[www.freewebs.com/tennantsbar/](http://www.freewebs.com/tennantsbar/)

Underground in both senses of the word the Basement is a haven for West End clubbers, musos and general scenesters. At the weekend you'll need to arrive pretty early if you want

a seat but then sitting down isn't really what the Basement is about. Everyone seems to know everyone else here and the cramped environment means you'll quickly get to know those you don't. But this is by no means a style bar: club posters jostle for position on the walls, pints rest on barrels and a fantastic blend of hip hop, soul, funk and jazz pounds out of the soundsystem. Get extra cool points by knowing more people than your friends do.

## **WOODLANDS ROAD**

### **UISGE BEATHA**

[www.uisgebeathabar.co.uk](http://www.uisgebeathabar.co.uk)

It's a Scottish-themed pub in Scotland, there's tartan hanging off every available surface and stag heads attached to the wall – it sounds like every American tourist's dream, and any serious drinker's nightmare. However, it carries off the gloriously dingy feel that any good pub aspires to, and that is sadly missing from most West End establishments. It's full of students every night, and many clubs and societies hold their meetings there. They also have live folk music on Tuesdays and Sundays.

## **THE ARLINGTON**

A tiny and surprisingly cheerful little pub just down the road from Charing Cross. It has no pretensions towards any kind of style, content instead to supply traditional entertainment in the form of good beer, sport on the telly and a group of ancient, bearded men with folk instruments in the corner who seem to communicate through a series of clicks and whistles.

## **GREAT WESTERN ROAD**

### **LIQUID SHIP**

[www.liquidship.co.uk](http://www.liquidship.co.uk)

It's run by the same people who run the



Stravaigin, but the Liquid Ship is remarkably relaxed and student-friendly, despite its progeny. It's the perfect place for a cool summer pint, with an airy, laid-back atmosphere and newspapers to read.

The bar snacks tend to run more towards marinated olives than pork scratchings, for those of a more sophisticated palate than the rest of us philistines.

## **CAPTAIN'S REST**

[www.myspace.com/captainsrest](http://www.myspace.com/captainsrest)

After a recent renovation, this cheap West End dive has reinvented itself as a slightly more expensive indie-leaning pub, complete with a tiny venue downstairs. It hosts a variety of different gigs throughout the week. Check their website for more information and gig listings.

## **SAUCHIEHALL ST**

### **NICE 'N' SLEAZY**

[www.nicensleazy.com/](http://www.nicensleazy.com/)

The place where hipsters and art-school dahlings

go to be beautiful. Somehow, though, this doesn't stop it from being a friendly little dive, handy enough for a quick pint before a gig and cheap enough for an extended drinking session.

It does tend to get busy (we're talking no standing room busy) sometimes, but it has a lovely chilled atmosphere on quieter days.

It has good food, too: the Sleazy Burger may sound like something you'd want to avoid, but it's surprisingly tasty.

## **BRUNSWICK CELLARS**

[www.myspace.com/thecellarsglasgow](http://www.myspace.com/thecellarsglasgow)

This blink-and-you'll-miss-it gem of a bar sits (guess what!) underground on Glasgow's main drinking street.

It also somehow manages to get ignored by the majority of Glasgow's boozing population.

It is indie orientated without being overbearing or pretentious, and it's dirt cheap – we're talking Union prices. It has a good pub quiz, and a fish tank.



## LIVE MUSIC

Exploring Glasgow's extensive music scene is one of the greatest pleasures to be had while living in the city: its reputation for being a hotbed of talent remains well-deserved to this day.

While Glasgow is probably best-known for its guitar bands, like Franz Ferdinand, Mogwai, and The Jesus and Mary Chain, you'll find acts of every stripe in its fervent underground, including electronic acts like Errors and Slam, as well as a rapidly growing hip-hop and grime scene.

Glasgow is also a popular destination for touring bands. If your favourite band is playing in the UK, chances are they'll touch down here at some point. Thanks to this, there's a well-developed network of live venues of all sizes in the city.

### **VENUES**

The biggest venue in Glasgow is undoubtedly the Scottish Exhibition and Conference Centre, on the banks of the Clyde.

It can seat an insane amount of people, and hosts the largest gigs in the city, like the Rolling

Stones, Girls Aloud and U2. If you're a pop fan, you'll almost certainly end up here once or twice.

Glasgow has all kinds of medium-sized venues, from the churchlike Carling Academy and the modern ABC to the strange and delightful Barrowlands.

They tend to attract some of the larger touring bands in the country, such as Bloc Party and Biffy Clyro.

The Arches and the CCA, being the Arches and the CCA, tend to put on larger bands of a more highbrow, beard-stroking nature. If you're into heavier stuff, the Cathouse on Union Street occasionally transforms from a dodgy rock club to a slightly less dodgy venue.

If you're a music fan, you'll probably find yourself in all of these caverns at one point or another, but you really owe it to yourself to check out some of the smaller venues on offer in the area: it's the best way to check out some local talent, or catch rising stars before they become rich and boring. The best-known are probably King Tut's, on St Vincent Street, and Nice 'n'



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[houseoffraser.co.uk](http://houseoffraser.co.uk)



Sleazy, on Sauchiehall Street. Both are tiny – 200 capacity or so – and steeped with history, providing the springboard to launch both local and international bands to fame.

Most days of the week they'll put on acts ranging from pop-punk to avant-noise, and most bands they put on are at least interesting enough to check out. The vegan pub/shop/lending library Mono, on King Street, puts on some fantastic gigs in a unique atmosphere – it's hard to beat watching a band while reclining in a wicker chair drinking homemade cider.

Across the street, the Thirteenth Note puts on tiny gigs in its basement, concentrating mostly on the extremes of any given genre, be it metal, rock or electronic. The Halt Bar on Woodlands Road is also earning a reputation for live music, most notably with its fantastic annual 3-day local music festival, The Halt Bar Hijack.

## HOW TO FIND OUT

There's an awful lot of gigs going on in Glasgow, and it's almost impossible to keep track. Unfortunately, there's no one reliable source of

information on upcoming gigs, so your best bet is to really keep your eyes open.

Everywhere in Glasgow, from venues to pubs to chip shops, is covered in posters advertising concerts, so keep a look out and make a note of anything that interests you.

The most reliable places are the windows of the Thirteenth Note, although it's a little out of the way, and the stairwell in Nice 'n' Sleazy.

Also remember to pick up venues' individual gig guides: Nice 'n' Sleazy and King Tut's, among others, offer printed pocket-sized guides to what's going on in the next month.

The window of Tickets Scotland on Argyle Street also offers an extensive list (along with a handy place to buy).

Some magazines have better listings than others. The List, published fortnightly, is pretty comprehensive, although it'll cost you, and the charmingly earnest Skinny, for all its faults, runs a fairly good listing page and it's often worth picking up just for that.



## CLUBS

With a club scene to rival London's, Glasgow is the place to be for almost every kind of music imaginable, from mnml techno to old-school metal via aqua crunk and northern soul.

Clubs like the ABC, The Garage and Campus unashamedly play to a student crowd with nights of chart, cheese, and indie pretty much every night, and you'll be undoubtedly bombarded with flyers for these the second you leave your front door, but if you want to try something a bit different, here's a selection of Glasgow's more specialist nights.

### **PRESSURE** **THE ARCHES**

[www.thearches.co.uk](http://www.thearches.co.uk)

Glasgow boys Slam make things go bang. So do their mates: people like Jeff Mills, Green Velvet and Luarent Garnier make their yearly pilgrimage to this monthly mega-club. But the Slam empire extends beyond stadium techno.

Slam are the people behind Glasgow's most important electronic record label, Soma, the label that launched Daft Punk onto the world

and now puts out electronica from the likes of Alex Smoke, Vector Lovers, Mr Copy and Silicon Soul, alongside Slam's own productions.

At Pressure, Slam attempt to balance musical credibility with populist big-name line-ups. It tends to be a bit expensive, but when it works, nothing in Glasgow can touch it.

### **SUBCULTURE** **SUB CLUB**

[www.myspace.com/yoursubculture](http://www.myspace.com/yoursubculture)

Underground in every sense of the word, the Sub Club is the home of house music in Scotland, and it's loved by everyone – Derrick Carter, Carl Craig, and Omar S have all spoken about how much they love the place.

Subculture is fiercely underground and musical credibility is all. Led by Harri and Dominic, they have never taken their ears off the musical pulse, and rank amongst many folks' favourite DJs. The pair have previously joined forces with a group of talented young house DJs, Junior, Telford and Esa who, along with guests like Raresh and Move D, have kept Subculture in a league of its own.





## **NUMBERS** SUB CLUB

Another forward thinking night that now finds its home at the Subby, Numbers has been going for 7 years and its been one hell of a ride. Playing a giddy mixture electronics, acid house, electro, crunk, Baltimore, dancehall, disco, funk, grime, house, hip-hop, dubstep, R&B, rave and techno, their style takes as much inspiration from London and Bristol as Detroit or Chicago, and it's damn fine to shake your ass to.

## **SUBCITY EVENTS** VARIOUS NIGHTS/LOCATIONS

[www.subcity.org/events](http://www.subcity.org/events)

Whilst it's easy to accuse us of bias, Subcity Radio have undoubtedly earned their place amongst the best club nights in the city with over a decade of hosting banging events. In 09/10 parties ranged from secret gatherings in a small flat in Merchant city to 1400 ravers celebrating the station's 15th year anniversary with a blow-out birthday at the Arches. Unique parties with ticket prices reflective of their student roots have ensured Subcity parties are never ones to miss.

## **BALLER'S SOCIAL CLUB** VARIOUS NIGHTS/LOCATIONS

[www.myspace.com/ballerssocialclub](http://www.myspace.com/ballerssocialclub)

Glasgow is currently enjoying some attention at the vanguard of electronic music production, with names like Hudson Mohawke and Rusty igniting forward thinking dancefloors across Europe. At the centre of this is the Lucky Me crew. Keep an eye out for their irregular parties under the guise of the Baller's Social Club. These guys are doing something really unique and amazingly fun. It's aqua crunk, yo.

## **SUNDAY CIRCUS** VARIOUS NIGHTS/LOCATIONS

[www.myspace.com/sundaycircus](http://www.myspace.com/sundaycircus)

For the extremely dedicated, Sunday Circus provides the highlight of Glasgow's daytime clubbing.

Hosted by some of the city's best underground DJs playing deep minimal house, the atmosphere is unlike anything else and come rain or shine the devoted Circus crowd can be found going a crazy at various venues throughout the city.



## LGBT

Glasgow's gay scene may lack the size and reputation of other cities like London and Brighton, but its raw energy and friendliness shines through, with queer contributors to writing, design, music, DJing and club nights.

The upmarket Merchant City, just east of the city centre, is the biggest gay area in Glasgow, but you can find stuff going on all over the place if you know where to look.

### **POLO LOUNGE NIGHTLY**

[www.socialanimal.co.uk/GlasgowCityCentre/Polo\\_Lounge/](http://www.socialanimal.co.uk/GlasgowCityCentre/Polo_Lounge/)

When you ask any gay Glaswegian to think of one word to describe the scene, that word will probably be "Polo".

Polo proves to be popular night after night, with its varied music and well-stocked bar.

Although the décor is slightly dodgy and the toilets are bogging to say the least, Polo is always busy and usually a good night out. Beware of the strict door policy, and the vast population

of scene queens. Choose a Friday for cheesy pop classics, Saturday for dance mixes and pick Wednesday for Taste, a cheap and cheerful mid-week binge.

### **DELMONICAS VIRGINIA STREET**

[www.socialanimal.co.uk/GlasgowCityCentre/Delmonicas/](http://www.socialanimal.co.uk/GlasgowCityCentre/Delmonicas/)

After a recent makeover, Delmonicas is one of Glasgow's nicer gay bars, offering everything from karaoke to quiz nights and more.

With regular themed nights, cheap passes to the Polo Lounge and drinks deals to boot, this makes a good pit stop before putting on your dancing shoes.

### **QUEERBASH**

One of the newer additions to the alternative gay scene, Queerbash is still in its early stages. Gradually gaining a deserved following, Queerbash provides good music and a welcome change for the gays of Glasgow: vehemently anti-bling and pro glitch-pop surf-disco.

**REVOLVER**

JOHN STREET

[www.revolverglasgow.com](http://www.revolverglasgow.com)

Great name, great bar. Glasgow's gay scene can sometimes be as exciting as watching lawn bowling, but this gay-owned and operated bar has always tried to be a bit more grown-up. With a predominantly male crowd, ladies are welcome but often they are few and far between.

**MODA**

VIRGINIA STREET

[www.socialanimal.co.uk/GlasgowCityCentre/Moda/](http://www.socialanimal.co.uk/GlasgowCityCentre/Moda/)

Moda has become firmly established in the gay scene for the best in contemporary cocktail chic.

Shed your Wellingtons and ditch the filthy flasher mac: if you're at Moda, you're there to work it, and work it you should. However, attempts to be more pretentious than the bar staff will always fail.

**GLASGAY!**[www.glasgay.co.uk](http://www.glasgay.co.uk)

Glasgow's annual gay arts festival takes place from October till November, and this year features four play premieres; a season of edgy women; a film festival; and comedy, ceilidh and club nights.

**FHQ**

JOHN STREET

[www.socialanimal.co.uk/GlasgowCityCentre/FHQ/](http://www.socialanimal.co.uk/GlasgowCityCentre/FHQ/)

With the recent addition of FHQ, Scotland's first and only female gay bar/club, Glasgow has finally caught up the UK's other major cities. There is a lot to be said about the questionable Pink and Avril Lavigne themed décor – every gay girl's idol apparently – but with different events

and themed nights throughout the week they are clearly trying. A little.

**LOCK UP YOUR DAUGHTERS**[www.lockupyourdaughtersmagazine.co.uk](http://www.lockupyourdaughtersmagazine.co.uk)

"Lock Up Your Daughters is a response to the boredom and braindead stagnation that plagues modern gay culture. It's a cut'n'paste makeshift zine for queer grrlies (and their friends).

Strap in and remember that not every decision you make has to be judged within an outdated and rigid political framework.

Wanting to have some fun does not make you a traitor." 'Nuff said. Great writing and art for straights and gays alike.

**SUCK MY LEFT ONE**[www.subcity.org](http://www.subcity.org)

A weekly radio show on Subcity Radio. The show airs live every week and you can listen again online at [www.subcity.org](http://www.subcity.org).

They play everything from 90s girl grunge, punk and hardcore to 70s girl-punk, to post-millennial, post-queer, feminist-electro-disco-trash. If you're into that.

**MORE INFORMATION**

For more information about the latest Glasgow University LGBT news, events and club nights, including how to get involved with the GULGBT Students' Association, visit: [www.gulgbt.co.uk](http://www.gulgbt.co.uk).

Alternatively, you can also check out the GULGBT Students' Association Facebook page online at: [www.tinyurl.com/lgbtglasgow](http://www.tinyurl.com/lgbtglasgow)



## EVERYTHING ELSE

Of course, if this guide was ten times longer it still couldn't begin to cover everything that happens in Glasgow on any one day.

Here are a few ideas that you can try when you think that you've seen everything that you can see and eaten everywhere that you could eat.

### **BOTANIC GARDENS** QUEEN MARGARET DRIVE

[www.glasgow.gov.uk/en/Residents/Parks\\_Outdoors](http://www.glasgow.gov.uk/en/Residents/Parks_Outdoors)

Approaching its 200th anniversary, this beautiful garden contains some wonderful examples of plants from across the globe, both outside and in a series of glasshouses.

Everything feels old, august and friendly, like your grandma's back garden times a million. A lovely place to spend a summer's afternoon.

### **CITY SIGHTSEEING** GEORGE SQUARE

[www.citysightseeingglasgow.co.uk](http://www.citysightseeingglasgow.co.uk)

Sightseeing tours have a bit of a bad reputation,

but Glasgow's is actually very interesting, covering most of the major sights in the city, with all kinds of information about its past and present.

Tours set off every 15 minutes from George Square, and cost £7 for students (£6 online).

It's worth it to find out a little bit about the place you're going to live in for the next four years.

### **GLASGOW CATHEDRAL** CATHEDRAL SQUARE

[www.glasgowcathedral.org.uk](http://www.glasgowcathedral.org.uk)

Founded in 1197 in the presence of King David, this is the oldest Scottish medieval church still standing. It's also lovely.

### **GLASGOW NECROPOLIS** ADJACENT TO GLASGOW CATHEDRAL

[www.glasgowcathedral.org.uk](http://www.glasgowcathedral.org.uk)

The Necropolis is a memorial to the Victorian merchant patriarchs of the city, and contains the remains of every eminent Glaswegian of its day,



including monuments designed by Alexander Thompson and Charles Rennie Mackintosh.

Tours are available, thankfully free of out-of-work actors leaping out from behind gravestones and going "Woooooo".

### **MITCHELL LIBRARY** NORTH STREET

[www.mitchelllibrary.org](http://www.mitchelllibrary.org)

It's big, it's old and it's full of books: it's a library! Housed in a beautiful neo-classical building, it prides itself on being one of the biggest public libraries in Europe, holding 1.3 million items.

It also holds the city archives: useful for if you want to know what happened in the April 7, 1977 meeting of Glasgow City Council.

### **LOCH LOMOND**

[www.lochlomond-trossachs.org](http://www.lochlomond-trossachs.org)

The next sunny day, take a train there and bring a picnic. If you go to Luss, on the shore, stop by the gift shop and pick up some shortbread, or possibly a suit of armour.

[WWW.GLASGOWSTUDENT.NET](http://WWW.GLASGOWSTUDENT.NET)

### **PARTICK THISTLE** FIRHILL ROAD

[www.ptfc.co.uk](http://www.ptfc.co.uk)

Go watch your local football team play; you can avoid the unnecessary excitement of watching Rangers or Celtic, who might stand a chance of winning, and it's the best way to dodge bar fights.

### **MORE INFORMATION**

For more information about things to see and do in Glasgow, visit: [www.seeglasgow.com](http://www.seeglasgow.com) or [www.glasgowlife.org.uk](http://www.glasgowlife.org.uk)



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SGEAMA CÒMHNAIDH NAN OILEANACH IS A BRAND NEW RESIDENCY SCHEME OFFERING GAELIC SPEAKING STUDENTS THE OPPORTUNITY TO LIVE TOGETHER ON-CAMPUS IN A GAELIC ENVIRONMENT FOR THE ACADEMIC YEAR 2011 – 2012.

#### **ABOUT THE SCHEME**

THE SCHEME IS OPEN TO ANY GLASGOW UNIVERSITY STUDENT REGARDLESS OF THEIR DISCIPLINE, AS LONG AS THEY HAVE A HIGH DEGREE OF FLUENCY IN GAELIC. STUDENTS WHO SUCCESSFULLY GAIN A PLACE ON THE SCHEME WILL BE EXPECTED TO:

- > SPEAK GAELIC ON A DAILY BASIS AMONGST THEIR HOUSE MATES
- > REGULARLY ATTEND THE GAELIC EVENTS TAKING PLACE ON CAMPUS
- > ORGANISE AT LEAST ONE GAELIC RELATED EVENT OF THEIR OWN

IN RETURN, STUDENTS WILL RECEIVE A REDUCTION IN THEIR ANNUAL RENT COSTS PROVIDED BY THE UNIVERSITY-WIDE INITIATIVE: GAELIC @ THE UNIVERSITY OF GLASGOW.

#### **MORE INFORMATION**

FIONA DUNN  
GAELIC LANGUAGE OFFICER  
fiona.dunn@glasgow.ac.uk  
www.glasgow.ac.uk/gaelic





## PEOPLE

Meeting people is one of the best things about university life. You'll make some friends for life, and probably make a few enemies too – but that's all part of the fun. There are a few people, however, that it's definitely worth being aware of. They make a lot of the decisions that affect your life as a student at Glasgow, so getting to know a bit more about them can be useful.

Over the next few pages you'll be introduced to the Principal and the Rector of the University, as well as the SRC Executive.

The SRC Executive are the only ones of these you're actually likely to meet. They'll be happy to see you and discuss any ideas or problems you have. It's these guys who put pressure on the University to change the way it operates, so if you don't like what you see then they can try and sort out a solution for you.

They're paid to work at the SRC full time for a year but they're still technically students so don't worry about just dropping by for a chat. The executive offices are on the first floor of the John McIntyre Building and you should feel free to pop in and see them. They're all really nice.

### **MORE INFORMATION**

#### **WHO'S WHO AT GLASGOW**

[www.gla.ac.uk/about/facts/whoswho/](http://www.gla.ac.uk/about/facts/whoswho/)

#### **THE RECTOR**

[www.glasgowstudent.net/about/recotr](http://www.glasgowstudent.net/about/recotr)

#### **SRC EXECUTIVE**

[www.glasgowstudent.net/about/council/sabbs/](http://www.glasgowstudent.net/about/council/sabbs/)

#### **SRC COUNCIL**

[www.glasgowstudent.net/about/council/](http://www.glasgowstudent.net/about/council/)

#### **SRC FACULTY CONVENORS**

[www.glasgowstudent.net/about/council/convenors/](http://www.glasgowstudent.net/about/council/convenors/)

#### **SRC GENERAL REPRESENTATIVES**

[www.glasgowstudent.net/about/council/generalrepresentatives/](http://www.glasgowstudent.net/about/council/generalrepresentatives/)

#### **SRC WELFARE & EQUAL OPPORTUNITIES OFFICERS**

[www.glasgowstudent.net/about/council/welfareequalopps/](http://www.glasgowstudent.net/about/council/welfareequalopps/)



## THE RECTOR CHARLES KENNEDY MP

### WHAT IS A RECTOR?

The office of Rector is the highest level of student representation at the University of Glasgow.

### WHAT DOES THE ROLE OF RECTOR INVOLVE?

It's the Rector's job to make sure that students are listened to and that their interests are looked after. The position has been held in the past by, amongst others, Benjamin Disraeli, Winnie Mandela, William Gladstone, Richard Wilson and Greg Hemphill.

### WHO IS CHARLES KENNEDY?

In 2008, students elected Liberal Democrat MP Charles Kennedy to be their rector for the next three years. Charles is a graduate of the University of Glasgow, where he rose to the position of President of the GUU.

He is most famous for being the leader of the Liberal Democrats for seven years during one of their most successful periods. While he resigned from leadership in 2006, he remains MP for Ross,

Skye and Lochaber and a prominent political figure. Charles has pledged to act as the campus' MP, taking students' concerns both to Court and to Westminster, and holding forums to meet students and listen to their concerns.

### HOW CAN THE RECTOR HELP STUDENTS?

The Rector can take student matters to University Court, the highest decision-making body in the institution. In the past they have fought for a better deal for students on accommodation, funding and exams.

### 2010/11 RECTORIAL ELECTION

In the coming year, students will be given the opportunity to nominate candidates for the position of Rector in the 2010/11 Rectorial Election.

### MORE INFORMATION

For more information about the Rector, including how to take part in the upcoming election, visit: [www.glasgowstudent.net/about/rector](http://www.glasgowstudent.net/about/rector)



## **WHAT IS THE ROLE OF THE PRINCIPAL?**

The office of Principal dates from the early days of the University but its function has changed on a number of occasions over the centuries. The role of Principal today can be likened to that of chief executive of the University.

## **WHO APPOINTS THE PRINCIPAL?**

Although for many years the Principal was appointed by the Crown, the appointment is now made by the University Court to whom the Principal is responsible for the running of the University.

He is also responsible for the leadership and effective management of the University, its staff, and its finances.

## **WHAT DOES THE PRINCIPAL DO?**

The Principal sits on the University Court and is also President of the Senate, the supreme

academic body in the University. In modern times the Principal has also fulfilled the role of Vice Chancellor and carries out the task of conferring degrees in the Chancellor's absence.

## **WHO IS THE CURRENT PRINCIPAL OF THE UNIVERSITY OF GLASGOW?**

The Principal of the University of Glasgow is Professor Anton Muscatelli who took up office in October 2009.

Professor Muscatelli is no stranger to Gilmorehill. A Glasgow graduate with an MA in Political Economy and a PhD in Economics, he was Dean of the Faculty of Social Sciences from 2000 to 2004 and Vice-Principal from 2004 until 2007. Before returning to Glasgow he was Principal of Heriot-Watt University in Edinburgh.

## **MORE INFORMATION**

For more information about the Principal visit the Who's Who section of the University of Glasgow website at: [www.gla.ac.uk/about/facts/whoswho/](http://www.gla.ac.uk/about/facts/whoswho/)



## CONTACT

### TOMMY GORE

GLASGOW UNIVERSITY SRC  
JOHN MCINTYRE BUILDING  
GLASGOW  
G12 8QQ  
0141 339 8541  
president@src.gla.ac.uk

## SO YOU'RE THE BOSS OF THE SRC?

On paper yes, but in practice no! We all work hard as a team together to ensure that the SRC is working hard to get the very best for Glasgow students.

## WHAT MAKES THE SRC IMPORTANT FOR NEW STUDENTS AT GLASGOW UNIVERSITY?

The SRC offers so many opportunities to get involved in University life and to be supported.

Whether it's getting involved in the clubs and societies, becoming a student representative, putting something back into the community by volunteering or taking advantage of SRC services such as the JobShop, Second Hand Bookshop, free campus to halls minibuses or popping into our Advice Centre, we're always there to lend a hand.

## WHAT PLANS DO YOU HAVE FOR THE YEAR AHEAD?

We have a big year ahead with the Holyrood elections in May 2011.

I want to make sure that our Scottish politicians are listening to Glasgow students.

## HOW WILL THE ELECTIONS HELP STUDENTS?

It's a great opportunity to get the politicians in Holyrood to listen to what we want.

We can make sure that they are pressurised into making Higher Education a priority for funding at the Scottish Parliament.



## CONTACT

### TUULA ERIKSSON

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JOHN MCINTYRE BUILDING  
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G12 8QQ  
0141 339 8541  
vp-learning@src.gla.ac.uk

## WHAT DOES YOUR JOB INVOLVE?

Through the learning side of my job I'm responsible for ensuring all students are listened to by their SRC-trained student representatives and their views fed back to the University, as well as representing students on education-based committees at the University.

I also work with the Student Volunteer Support Service to ensure the best possible volunteering service is available to you. I'll also ensure that there continues to be a wide range of volunteering opportunities on offer to students.

## WHY STUDY AT GLASGOW?

Apart from being a fantastic university, Glasgow has a lot to offer when it comes to extra-curricular activities, both in terms of many volunteering schemes and a large number of clubs and societies.

You should definitely make the most of all these fantastic opportunities whilst studying for your degree!

## WHAT BATTLES WILL YOU BE FACING THIS YEAR?

I expect that the new structure of the University will be creating some confusion, but it will also give us a chance to review and develop a lot of things, e.g. the student rep system.

I also look forward to developing employability strategies, which are great to complement your degree when you're looking for a job. Alongside this, I'll also be helping to introduce student-led awards for lecturers to enable them to be recognised for all the hard work they put in to teaching and research at Glasgow University.



## SRC VP MEDIA & COMMUNICATIONS

### **CONTACT**

#### **LUKE WINTER**

GLASGOW UNIVERSITY SRC  
JOHN MCINTYRE BUILDING  
GLASGOW  
G12 8QQ  
0141 339 8541  
vp-comms@src.gla.ac.uk

### **SO IT'S YOUR JOB TO RUN THE SRC'S MEDIA?**

Well, to some extent. The SRC student media outputs are all editorially independent from the SRC.

I support and encourage the media teams to realise their goals and ensure that they have adequate funding to produce material throughout the year.

I also ensure that all programmes, broadcasts and publications comply with media law and that all media regulations are adhered to at all

times by all SRC media teams throughout the year.

### **WHAT ELSE ARE YOU MEANT TO BE DOING?**

I'm responsible for all SRC publicity – everything from press releases about the latest campaigns, to posters and flyers for the latest events and fundraising weeks. I also manage all online content and ensure that students can access SRC information at any time of the day or night, across campus and beyond.

### **WHY SHOULD STUDENTS GET INVOLVED IN THE STUDENT MEDIA?**

It's a brilliant way to learn new skills and meet new people. Many volunteers from previous years have gone on to work for some of the most prestigious publications and organisations in the UK.

For more information about student media, including how to get involved, check out: [www.glasgowstudent.net/volunteer/media](http://www.glasgowstudent.net/volunteer/media).



## **CONTACT**

### **FRASER SUTHERLAND**

GLASGOW UNIVERSITY SRC  
JOHN MCINTYRE BUILDING  
GLASGOW  
G12 8QQ  
0141 339 8541  
vp-support@src.gla.ac.uk

## **WHAT IS YOUR ROLE WITHIN THE SRC?**

I am mostly involved in looking out for the needs and issues of students that are not directly linked to their learning at the University.

This covers everything from security on campus to accommodation and finance.

An important aspect of my job as VP Student Support is helping the University to understand the issues of students and making representations to politicians both on a local level and also on a national level.

## **WHAT'S THE BEST THING ABOUT THE SRC?**

I think it's great that the University are so open to suggestions and ideas from the SRC and have a lot of respect for the work that we do.

The SRC Advice Centre is also a great asset to all of the students and can help with all problems no matter how big or small.

## **WHAT ARE YOU LOOKING FORWARD TO DOING THIS YEAR AS VP STUDENT SUPPORT?**

I am looking forward to setting up events to promote health and wellbeing during study, especially promoting good mental health.

I'm also pretty excited about liaising with the University on how the University can be made more sustainable and environmentally friendly and running RAG Week.

For more information about SRC events visit: [www.glasgowstudent.net/events](http://www.glasgowstudent.net/events).





# ETC.

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# A-Z GLOSSARY

## ADVISER OF STUDIES

Assigned to every student, an Adviser is there primarily to make sure you register properly and have a timetable sorted out with them. While you only have to meet them once or twice a year, you can contact them at any time.

They should be your first reference point if you have any academic/university-related problems. Most students are assigned an Adviser of Studies, although some faculties arrange things differently so it's best to check with your faculty office to make sure.

## ANATOMY MUSEUM

The museum is part of the Anatomy Department and includes pickled specimens and collections such as The Nervous System and Organs of the Senses.

## BEDELLUS

The office of Bedellus or Beadle dates from the foundation of the University in 1451. Historically this job has varied greatly, including the organising of bonfires on campus, but the work of the modern Bedellus includes the planning of day-to-day janitorial duties and the administration of examination venues, as well as leading the academic procession on ceremonial occasions. At commemoration day and graduations, the Bedellus places the hood over each graduate's head after they have been capped.

## CHANCELLOR

The Chancellor is the titular head of the University and is elected to the post for life by the General Council. He confers degrees upon those who are presented to him by the Senate. At the moment this post is held by Professor Sir Kenneth Calman.

## CHEWTON WAY

On many web maps if you look for directions

to or from the University, you will be given directions to Chewton Way, which no-one has ever heard of. It appears to refer to the area in front of the main gate.

## CLERK OF SENATE

The Clerk of Senate has status equivalent to that of a Vice-Principal, and his responsibility is for matters to do with the regulation of academic policy and practice and the provision of academic advice and judgement. Professor Graham Caie took up the position last year.

## CLOISTERS

The large pillared area between the quadrangles. At graduation make sure to drink some Bucks Fizz there.

## CSCE

The Common Student Computing Environment is standard computer setup used by the University to ensure that computers on campus work well together, so that files made on one computer are usable on any of them. The current CSCE includes Windows, Microsoft Office, and Internet Explorer.

## COLLEGE

The University is made up of four colleges which all cover different areas of academic study and research. These are Medical, Veterinary and Life Sciences, Science and Engineering, Arts and Social Sciences. You will be registered in one of these colleges.

## DEPARTMENT

Faculties are divided into departments who concentrate on a specific area of study.

This often defines the final degree a student receives; ie, a student who studies in English Literature within the Arts Faculty will graduate with a degree in English Literature.

**ELIR**

The Enhancement Led Institutional Review is a survey of Universities that happens every four years. The last review was completed in 2009/10.

**FIRST**

The highest class of undergraduate degree. Equivalent to an A.

**FRASER BUILDING**

The recently refurbished building at the centre of campus, providing a one-stop shop for student support services, including the Registry, a doctor's surgery, catering facilities, a book shop, and more.

**FRESHER**

A student in their first year of university.

**FRESHERS' WEEK**

The first week at university, intended to ease you into campus life with a host of events and parties. Representatives from all the student bodies are out in force, trying to get you to join.

**GENERAL COUNCIL**

The corporate body of all graduates and senior academics of each university providing the advisory part of the University governing structure as outlined in the Universities (Scotland) Act 1858

**GILMOREHILL**

Gilmorehill is the hill on which the University campus is built. It is also the name of the Theatre and Film Studies building, located across the road from Glasgow University Union (GUU)

**GILBERT SCOTT BUILDING**

The building that most people refer to as the Main Building, which is also named after its architect.

**GLASGOWSTUDENT.NET**

The SRC's official website and your portal to all sorts of exciting things.

**GLASGOW.AC.UK**

This is the URL for the University of Glasgow's website, the first point of call when it comes to your studies, providing links to a wealth of information.

**GPA**

Because courses at university all account for different amounts of work, your Grade Point Average provide a formula to see what your marks actually mean.

**GRANITE VAGINA**

The common name for the blocks of xenolithic Ballachulish granite donated by Amalgamated Quarries (Scotland) Ltd. of Stirling at the opening of the Gregory Building in April, 1977. You'll probably see drunken students getting their photo taken getting birthed through it about twenty times before you leave.

**GUSA**

The Glasgow University Sports Association organises anything sports related at the University in conjunction with the SRS.

**GUU**

The Glasgow University Union is one of the two student unions on Campus.

**HUNTERIAN ART GALLERY AND MUSEUM**

The Hunterian Art Gallery is situated next to the Library and contains many important pieces of art including works by Whistler and the Scottish colourists. The museum is in the Gilbert Scott building, up the stairs from the Cloisters.

**JOHN MCINTYRE BUILDING**

This building by the main gate in front of the Gilbert Scott Building is the home of the SRC. Facilities at the SRC include student media offices, the second hand book shop, the Advice Centre, the John McIntyre Cafe, and the Student Volunteer Support Service. For more information visit: [www.glasgowstudent.net](http://www.glasgowstudent.net)

## LECTURES

The primary mode of teaching in most courses. They generally consist of a group of students, ranging from half a dozen to over a hundred, receiving a talk or lecture that works through course content as well as other relevant information. All lectures begin at five minutes past the hour and end at five minutes to the hour.

## MACKINTOSH HOUSE

Built onto the side of the Hunterian Art Gallery, this is an exact recreation of Charles Rennie Mackintosh's house following its demolition in 1963.

## MCMILLAN (ROUND) READING ROOM

Located across the road from the Memorial Gate, this building is full of computers that you can use, as well as other useful services.

## MAIN GATE

The Main Gate is the arched gateway opposite the road to the library, not the gate opposite the Reading Room which is the Memorial Gate.

## MEMORIAL GATE

Often confused with the Main Gate, The Memorial Gate is the ornate gate opposite the McMillan Round Reading Room.

## POSTGRADUATE

A student who is studying for additional qualifications following a first degree.

## QMU

The Queen Margaret Union is one of the two student Unions at Glasgow University.

## QUADRANGLES

The main building is built around two squares of grass known as the East and West Quadrangles.

## RECTOR

The students' representative on University Court,

this position is elected once every three years. It is usually held by a high profile public figure, and is currently held by the MP Charles Kennedy who was elected in 2008.

## REGISTRATION

This might also be referred to as matriculation and is the official process of joining the University. All students register annually but in first year you must register in person in order to access the Library, sit exams, arrange a student loan and make use of University facilities. At registration your personal details are checked, payment of tuition fees are dealt with, and registration cards are issued.

## REGISTRATION CARD

Also known as a student card/matric card, this is proof of your student status. Your card will be required for identification when collecting award cheques, sitting examinations, accessing the library and sports facilities and receiving student discounts.

## REGISTRATION NUMBER

Every student has a unique seven digit registration number. This is allocated when you first register and will remain the same throughout your time at university. You will be asked to quote this number when filling in any forms from the University. It forms part of your login to computers and your e-mail address. Your e-mail address is comprised of your registration number, first letter of your surname, followed by the mail domain, e.g. 03070882j@student.gla.ac.uk

## REGISTRY

This is the service responsible for registering students, examinations, distribution of grant and loan cheques, financial aid, tuition fees and graduations. The Registry is now based in the Fraser Building at the centre of campus.

## SCHOOL

The University is made up of 25 schools and

research institutes, which are home to academic disciplines that are closely related. Each school sits within the college with which its area of academic study and research most strongly identifies with.

## **SEMESTER**

The University's teaching year is split into two semesters, running from September to January and January to June.

## **SEMINARS AND TUTORIALS**

Small group discussion sessions led by a lecturer or postgraduate student. These sessions often follow lecture topics in a format which allows more questioning and the sharing of ideas.

## **THE SQUARE**

Just to the west of the Main building, this is a square of buildings which includes several departments and other university services.

## **SRC**

The Students' Representative Council: your voice to the University and one of the best points of contact for any problem you have as a student. For more information visit the SRC website at: [www.glasgowstudent.net](http://www.glasgowstudent.net)

## **THIRD**

Confusingly, the fourth class of undergraduate degree. Equivalent to getting an D.

## **TWO ONE (2:1)**

The second highest class of undergraduate degree. Equivalent to getting a B.

## **TWO TWO (2:2)**

The third highest class of undergraduate degree. Equivalent to getting a C.

## **UNDERGRADUATE**

A student who is yet to obtain a degree.

## **UNIONS**

The University of Glasgow has two, the Glasgow

University Union and Queen Margaret Union, and they provide for the social and cultural needs of students. This is a little different from most universities, which tend to have one.

## **UNIVERSITY AVENUE**

The main university thoroughfare, running from Gibson Street to Byres Road. Occasionally referred to as Chewton Way.

## **UNIVERSITY GARDENS**

A leafy concourse to the north of University Avenue. Hosts many departmental offices as well as the former Hetherington Research Club and The QMU. The University owns the ground in the middle of the Gardens, meaning that you need a university parking pass there but not round the edge.

## **VICE-CHANCELLOR**

The Vice-Chancellor (currently the Principal) fulfills the Chancellor's role in his absence..

## **WEBSURF.GLA.AC.UK**

Online portal where you can view/change personal details and view your previous educational history, academic record, courses and examination results.

## **WILT**

The Western Infirmary Lecture Theatre is a building containing lecture theatres and seminar rooms. It's within the grounds of the Western Infirmary, to the west of campus.

## **ZOOLOGY MUSEUM**

This is a museum filled with all sorts of interesting dead animals. The Zoology Museum is located in the Graham Kerr Building. For more information visit: [www.hunterian.gla.ac.uk](http://www.hunterian.gla.ac.uk).

## **MORE INFORMATION**

For more information about the University of Glasgow and the range of services provided to students studying here, visit: [www.gla.ac.uk/students](http://www.gla.ac.uk/students)



Accommodation Services D14 – 73 Great George St	Gatehouse	Languages Building C6 – Western Infirmary	Llybank House D9	Roberson Building C2
Accounting & Finance D8 A24 – Main Building	Centre for Cognitive Neuroimaging D22 – 1 Bute Lane	Infirmary E13 – 68 Oakfield Av	Mackintosh House D13 – Hunterian Art Gallery	A12 – Main Building (enter via Hunterian Museum stair)
Adult & Continuing Education D8 A14 – St Andrew's St	Centre for Drugs Misuse Research G8 Dumbarton Road	Geographical & Earth Sciences D5 – East Quadrangle	McMillan Reading Room E1	A4 – Pearce Lodge
Aerospace Engineering D1 A1 – James Watt South Building	Centre for Public Policy for Regions E16 – 63 Gibson St	German D7 A8	Main Building D1 – Boyd Orr Building	Byd Orr Building D1
Alexander Stone Building D5 D6 – 16 University Gdns	Chapel A24 – Main Building	Glasgow University Sports Association E9 – 9 University Av	Man Gatehouse (Security) A10 – Main Building	Security Centre Services A21 – Main
AMICUS D6 16 University Gdns	Chaplaincy B4 – Joseph Black Building	Glasgow University Union B3 – 32 University Av	Management Information Services A10 – Main Building	University Gdns 8 University Gdns
Anatomy D8 A13 – 66 Oakfield Av	Children's Panel Training Group B1 – St Andrew's Building, 11 Ebon St	Graham Kerr Building B3 HATII – Faculty of ATIS	Mathematics A4 – Maths Building	Gatnouse A10 – Main Building
Anderson College D1 C2 – Gregory Building	Civil Engineering E7 – 7 George Service	HATII – Faculty of ATIS D10	Mechanical Engineering A10 – Main Building	Sir Charles Wilson Building E15 – 1 University Av
Archaeology D7 C7 – 13 Thurso St	Clinical Physics D16 – 16 University Gdns	Hetherington House D6 – 10 University Gdns	Medical Faculty Office D16 – 47 Lybank	Hetherington Building D8 – Adam Smith
Archives & University Records Centre D1 C1 – Gregory Building	Computing Science D16 – 16 University Gdns	Hispanic Studies D10 University Gdns	MRC Social & Public Health Sciences Unit D16 – 47 Lybank	Social Sciences Faculty Office D8 – Adam Smith
Arts Faculty Office D10 – 77-87 Dumbarton Road	Concert Hall A12	History (Medieval) D15 – 10 University Gdns	Music D16 – 47 Lybank	Sociology, Anthropology & Social Sciences D8 – Adam Smith
Bedellus Office A12 – Main Building	Conference & Visitor Services D20 – 3 The Square	History (Modern) D15 – 12 University Gdns	Nursery D21 – 28 Hillhead St	Southpark House E5
BHF Glasgow Cardiovascular Research Centre A12 – Main Building	Corporate Communications A20 – 1 The Square	History (Scottish) D10 University Gdns	Nursing & Health Care D21 – 28 Hillhead St	Sport & Recreation Service E6 – Stevenson Building
Research Centre C12 – University Pice	Court Office B1	History of Art D15 – 7 University Gdns	Occupational Health E10 – 57-61 Oakfield Av	Staff Development A10 – Main Building
Centre St. Germain D13 – University Pice	Development & Alumni Office A20 – 2 The Square	Hospitality Services A9 – 1a The Square	Occupational Health E10 – 57-61 Oakfield Av	St Andrew's Building A19 – Main Building
Dawes Building C13 – University Pice	Divinity (School of) A20 – 4 The Square	Human Resources A10 – Main Building	Occupational Health E10 – 57-61 Oakfield Av	St Andrew's Building A19 – Main Building
Biomedical & Life Sciences -Administration B2 – West Medical Building	East Quadrangle A5	Hunterian Halls A14 – Main Building	Occupational Health E10 – 57-61 Oakfield Av	Statistics D4 – Maths Building
- Biochemistry & Molecular Biology B7 – Bower Building	Economic & Social History D9 – Llybank House	Hunterian Museum A15 – Main Building	Occupational Health E10 – 57-61 Oakfield Av	Stevenson Building E6
- Ecology & Evolutionary Biology B3 – Graham Kerr Building	Economics D8 – Adam Smith Building	Immunology & Bacteriology C11 – McGregor Building, Western Infirmary	Occupational Health E10 – 57-61 Oakfield Av	Student Counselling & Advisory Service E6
- Graduate School B4 – Joseph Black Building	Education Faculty C13 – Glasgow Biomedical Research Centre	International & Postgraduate Studies Western Infirmary	Occupational Health E10 – 57-61 Oakfield Av	Student Disability Services E10 – 66 Oakfield Av
- Infection & Immunity B4 – Joseph Black Building	Education Faculty C13 – Glasgow Biomedical Research Centre	IT Helpdesk A14 – St Andrew's St	Occupational Health E10 – 57-61 Oakfield Av	Student Learning Services E10 – 66 Oakfield Av
- Integrated Biology B2 – West Medical Building	Education Faculty C13 – Glasgow Biomedical Research Centre	IT Training (staff & students) floor	Occupational Health E10 – 57-61 Oakfield Av	Student Learning Services E10 – 66 Oakfield Av
- Molecular & Cellular Biology C1 – Anderson College	Electronics & Electrical Engineering E7 – 7 George Service	Italian D11 – Library 4th floor Annex	Occupational Health E10 – 57-61 Oakfield Av	Students' Representative Council (SRC) E2 – Fraser Building
- Undergraduate School B7 B3 – Bower Building	Engineering Faculty Office E7 – 7 George Service	James Watt North Building A2	Occupational Health E10 – 57-61 Oakfield Av	Telephone Exchange TGWU E13 – 68 Oakfield Av
Boyd Orr Building A9 – West Quadrangle	English Language D15 – 12 University Gdns	John McInyre Building A22	Occupational Health E10 – 57-61 Oakfield Av	Theatre Film & TV Studies E9 – Glamorehill Centre
Business & Management A13 A33	English Literature D15 – 12 University Gdns	Kelvin Building A7 – Kelvin Gallery	Occupational Health E10 – 57-61 Oakfield Av	Thomson Building A3
Carrens Service E2 – Fraser Building	Estates & Buildings B6 – Botany Gate	Language Centre & EFL Unit D10 – Hetherington Building	Occupational Health E10 – 57-61 Oakfield Av	Tuition Services A10 – Main Building
Carnegie Room E10 – Main Building	Finance Office B6 – Botany Gate	Law (School of) Learning & Teaching Centre E5 – Southpark House	Occupational Health E10 – 57-61 Oakfield Av	UNISON A10 – Main Building
Catholic Chaplaincy E11 – 15 Southpark Terrace	Forensic House A8 – Main Building	Learning Works A10 – Main Building (Human Resources)	Occupational Health E10 – 57-61 Oakfield Av	Urban Studies D17 – 25 Bute Gdns
Celtic & Gaelic D16 – 15 University Gdns	Forensic Medicine & Science B4 – Joseph Black Building	Library D11 – Hillhead St	Occupational Health E10 – 57-61 Oakfield Av	Urban Studies D17 – 25 Bute Gdns
Central & East European Studies D16 – 15 University Gdns	Fraser Building E2	Library D11 – Hillhead St	Occupational Health E10 – 57-61 Oakfield Av	Urban Studies D17 – 25 Bute Gdns
Central Room Bookings B6 – Estates & Buildings Office	French Language & Literature D9 – Modern	Library D11 – Hillhead St	Occupational Health E10 – 57-61 Oakfield Av	Urban Studies D17 – 25 Bute Gdns
Central Services A21 – Main			Occupational Health E10 – 57-61 Oakfield Av	Urban Studies D17 – 25 Bute Gdns

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